(Continued From Page 8)

be outdone in noodle preparation. They take noodles and spice them with an American favorite, ketchup. With green pepper, savory onions and 1/2 cheese stirred in, wide egg 2 noodles become the perfect accompaniment for a meat loaf. Add fresh fruit salad and rich chocolate cake for a satisfying dinner.

SAVORY NOODLES

3/2 cup chopped green pepper 14 cup chopped onion

- tablespoons butter or mar- 1 garine
- 1/2 cup ketchup
- 1/4 cup water
- y cup (1 8-ounce jar) cheese food
- uncooked)

Saute green pepper and on-Blend in ketchup, water and oheese; stir occasionally over low heat until cheese is melted. When thoroughly heated, commne with hot noodles. Makes 4-6 servings.

- dles
- tablespoons butter cup minced onion tablespoons flour
- teaspoon salt Dash of pepper cups milk
- cup shredded Ch.ddar 3 cheese
- can (2 ounces) mushrooms stems and pieces with li- 1 quid
- undrained
- tablespoons butter, melted 3 cup coarse bread crumbs

Meanwhile in a saucepan melt 3 cups cooked noodles (4 cups 2 tablespoons butter; add parsley and onion and saute until onion is transparent. Blend ion in butter until tender. in flour, salt and pepper; gradually add milk. Cook over stiff but not dry; fold into medium heat, stirring constantly, until mixture thickens. Remove from heat; add cheese and stir until melted. Add mushrooms, tuna and spagh-

etti. Turn into a shallow 2-CHEESE-TUNA TETRAZZINI quart casserole. Mix together package (7 ounces) noo- 2 tablespoons melted butter and breadcrumbs; sprinkle on top of casserole. Bake 15 to cup finely chopped parsley 20 minutes in a 425 degree oven. 4-5 servings.

NOODLE PUDDING

- cooked
- egg yolks cup sugar
- 1/2 pound cottage cheese pint commercial sour cream
- ½ teaspoon salt can (91/4 ounces) tuna, 1/4 cup raisins
 - teaspoon vanilla egg whites

Cook noodles 15 minutes in Cook noodles until soft. boiling salted water; drain; do

noodle mixture. Grease 9 x 13 x 2-inch baking pan; pour noodirectly from pan. 8 servings.

(Continued on Page 11)

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Ladies, Have You Heard?.

By: Jane Thurston, Extension Home Economist

Worth Knowing Anytime Chocolate milk and chocolate drink are not the same. Chocolate milk is whole milk with chocolate syrup added; chocolate drink is partly skimmed milk with cocoa power added,

A new line of table mats has been innot rinse. Combine egg yolks, troduced. Available in oblong and oval sugar; blend thoroughly. Add shapes, these pads are made of vat-dyed burcheese, sour cream, salt, rai- lap, coated with a light film of vinyl to sins, vanilla, noodles; blend make the surface stain-and-spill-resistant A well. Beat egg whites until urethane backing on the underside of the burlap serves as a padding and an anchor The pads come in 12 colors.

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dle mixture into pan; spread to now, the only domestic evenly. Bake 50-60 minutes at stretch corduroy has been a 350 degrees or until silver blend of cotton and nylon. The knife comes out clean. Serve all-cotton stretch fabric will be 36 inches wide.



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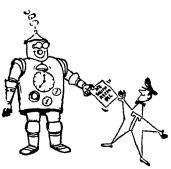
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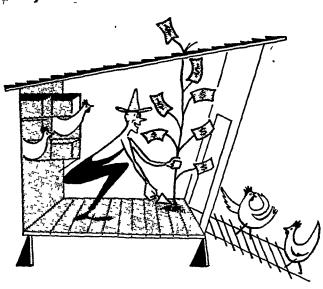
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