

(Continued from Page 14)  
**CHOCOLATE THAT'S TURNED WHITE**

Don't throw out chocolate just because it's turned white. This is simply a sign that some of the cocoa butter has separated out. This happens at temperatures of about 85 degrees F. The cocoa butter in the chocolate melts and comes to the surface. When the cocoa butter hardens again, the chocolate turns white. Only the appearance of the chocolate is affected by this separation. Usually, there is no loss of flavor. If the chocolate is melted for cooking purposes, it will turn brown again.

To prevent chocolate from turning white, store it in a reasonably cool place (under 75 degrees).

Here is a new recipe for a

1 egg; beaten  
 Put the mix, sugar and mashed bananas in a bowl and stir in the egg until the mixture is well moistened. Pour mixture into a greased 5 x 9-inch loaf pan. Bake in a moderate oven (350 degrees) 50 to 60 minutes. Makes one loaf.

**ROLLED OATS MIX**  
 4 cups sifted flour  
 1 1/2 cups nonfat dry milk  
 1/4 cup baking powder  
 1 tablespoon salt  
 1 1/2 cups shortening (lard)  
 4 cups rolled oats, quick cooking

Sift all ingredients together, except the rolled oats, in a large bowl. Cut in the shortening until well blended. Add the rolled oats and mix well. Place in a glass jar or tin can. Keep tightly closed in a cool place. Use the mix within a month.

Here are quick bread recipes which use this mix.

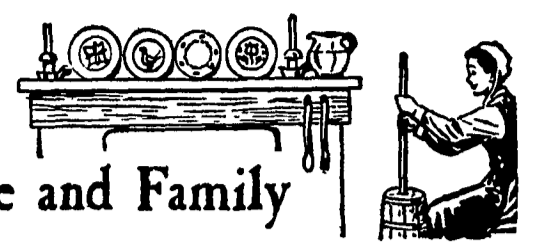
**BANANA OAT BREAD**  
 3 cups rolled oat mix  
 3/4 cup sugar  
 1 cup mashed bananas

**QUICK OATMEAL BISCUITS**  
 2 cups rolled oat mix  
 1/2 cup water, about  
 Add enough water to the dry mix to make a soft dough. Turn out on a lightly floured board and knead a few times. Pat or roll out to 1/4 inch thickness. Cut into round or square biscuits with cutter dusted with flour. Place in greased pan or baking sheet. Bake in a hot oven (425 degrees) 12 minutes. Makes about 12 medium-sized biscuits.

**OATMEAL MUFFINS**  
 2 1/4 cups rolled oats mix  
 1/4 cup raisins, if desired  
 1 egg, beaten  
 3/4 cup water  
 Place mix and raisins in a bowl, add egg and water, stir just enough to moisten. Fill greased muffin tins two-thirds full. Bake in hot oven (425 degrees) about 20 minutes.

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**For the Farm Wife and Family**



**Ladies, Have You Heard? . . .**

By: Jane Thurston, Extension Home Economist

**Young Women Should Prepare For Two Jobs**

Today's young women need to prepare for both homemaking and a career, since the chance they will combine the two is great. More homemakers than ever before are working outside the home. It's predicted the number of women entering the labor force will rise more sharply than the number of men entering the work force. Many homemakers consider employment outside the home for different reasons. Many women wish to supplement their husband's income or provide funds for special goals, such as educating the children. Almost all employed homemakers con-



THURSTON

tinue their home responsibilities. It's essential that all family members agree with the homemaker's decision to work away from home. Their coop-

eration and sharing of responsibility is needed to help maintain a satisfying family life.

A homemaker's organizational ability can help her gain satisfaction from her dual rule. She needs to decide what household tasks must be done and how to do them most effectively. She may eliminate or reduce some household jobs and delegate others to family members. In addition, part of her income may be used to buy services she would provide if she weren't employed, such as laundry or meal preparation. Each family must determine what services it will buy and what services it will do at home.

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(Continued on Page 16)

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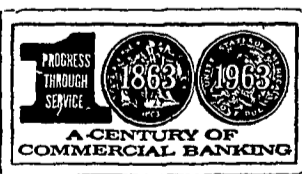


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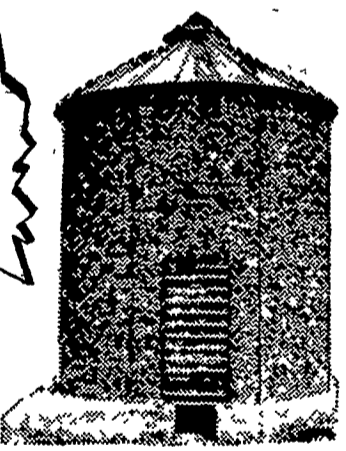
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