

**For The Farm Wife**

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swirl topping into batter (surface should have a marbled appearance). Bake 25-30 minutes or until top of cake springs back when touched lightly. Cool 10 minutes before removing from pan. Serve warm. Makes 6-8 servings.

**APPLE-NUT HOT BREAD**

**Yeast Dough:**

- 1/4 cup melted shortening
- 1/2 cup milk
- 1/2 cup sugar
- 1 teaspoon salt
- 1 package yeast, dry or compressed
- 1/4 cup lukewarm water
- 2 eggs, beaten
- 2 1/2 cups sifted flour
- 3/4 cup packed brown sugar

**Filling:**

- 2 tablespoons flour
- 1/2 teaspoon cinnamon
- 1/4 teaspoon allspice
- 3/4 cups cubed apples
- 3/4 cup chopped nuts
- 1/2 cup raisins
- 1/2 cup melted butter or margarine

Heat milk. In a mixing bowl, combine shortening, sugar, and salt with the milk. Cool to lukewarm. Dissolve yeast in lukewarm water. Add yeast to milk mixture. Stir in eggs. Add flour gradually to yeast mixture, blending well after each addition. Place sweet dough in a greased bowl and cover with a cloth. Let rise in warm place about 1 hour or until dough is double in bulk.

To prepare filling, combine together in a bowl, all ingredients except butter. Mix well. Add butter and blend well.

Turn dough over in bowl and punch down to original size. Spread 1/2 of dough over the bottom of a 9-inch round, greased cake pan. Spoon 1/2 of filling onto top of sweet dough in pan. Cover filling with second half of dough. This layer will not quite reach to edges of pan. Spread remaining filling over top of dough. Cover with a cloth. Let rise in warm place about 30 minutes or until dough is double in bulk. Bake in a moderate oven (375 degrees) for 30 to 35 minutes.

**NOTE** Place a sheet of aluminum foil on bottom of oven to catch any melted filling.

**SPECIAL MUFFINS**

- 1 cup sifted flour
- 2 1/2 teaspoons baking powder
- 1/2 teaspoon salt
- 1/4 cup sugar
- 2 cups ready-to-eat high protein cereal
- 1 egg
- 1/4 cup soft shortening
- 1/2 cup milk

Sift together flour, baking powder, salt and sugar; mix with cereal. Blend egg and shortening; stir in milk. Add dry ingredients, stirring only until combined. Fill greased muffin pans 3/4 full. Bake in moderately hot oven (400 degrees) about 25 minutes. Makes 12 muffins.

**Have You Heard?**

(Continued from Page 9)

a homemaker make better use of her dollar. Labels are a clue to package contents. A word description on a label is often more reliable than a picture of the finished product. Pictures may be misleading as to color, texture, size, and shape of product.

According to federal laws, all processed foods shipped across state lines must have useful information on the label. A true statement of quantity aids the shopper in comparing cost of equal amounts of similar foods. Labeling a food by its common or usual name helps prohibit the sale of one food under the name of another.

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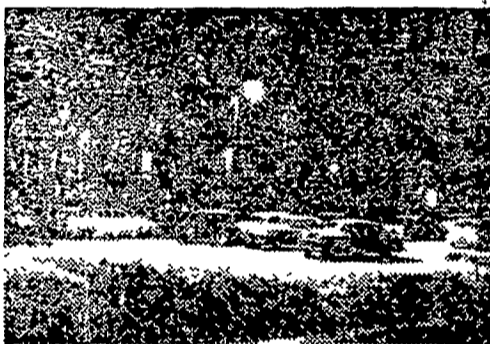
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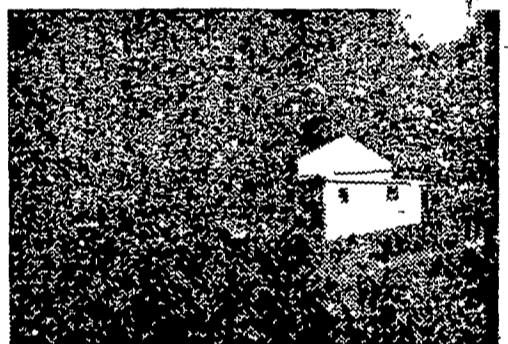
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**Mr. Farmer**

**We Urge You to make yourself eligible to vote on May 21.**

**This Wheat Referendum will effect every wheat farmer in Lancaster County if approved.**

**EVERY VOTE  
IS NEEDED**

**A large vote will indicate the farmers' interest.**

**Be eligible to vote May 21 by sending back Form MQ-24 by May 13.**

**LANCASTER COUNTY FARMERS' ASSOCIATION**

