

For The Farm Wife
(Continued from Page 14)

til apples are tender. Soften cornstarch in 2 tablespoons water and stir into juice. Cook, stirring until juice is clear and thickened. Stir in spices and fruit rind. Fill 6 baked patty shells. Place on baking sheet and sprinkle with sugar. Bake in a preheated 350 degree oven for 15 minutes. Serve hot or warm with whipped cream. 6 servings.

LEMON MERINGUE PUFF TARTS

6 baked and cooled patty shells
 ¼ cup sugar
 Pinch salt
 1 ¼ cups water
 ¼ cup lemon juice
 5 tablespoons flour
 2 egg yolks
 2 tablespoons butter
 Grated rind of 2 lemons
 Combine sugar, flour, salt and egg yolks. Gradually stir in water and cook, stirring, until mixture thickens. Cook over simmering water for 10 minutes, stirring occasionally. Remove from heat and stir in butter, lemon juice and rind. Cool. Fill baked shells with the lemon custard. Cover with a 2-egg white meringue and bake in a 350 degree oven for 10 minutes.

APRICOT CREAM TARTS

½ pound dried apricots
 Pinch salt
 2 teaspoons cornstarch
 1 cup water
 ½ cup sugar
 ¼ cup shredded toasted almonds
 1 cup sour cream
 ¼ cup light brown sugar
 Simmer apricots, water, salt and sugar for 20 minutes. Stir into the juice the cornstarch dissolved in a little cold water and cook, stirring, until juice is clear and thickened. Cool. Sprinkle half the almonds into baked patty shells (6). Fill with apricots and cover with sour cream. Sprinkle with remaining almonds and brown sugar.

MANY-WAY FRUIT FLIP

¾ cup sugar
 Dash of salt
 2 tablespoons cornstarch
 1 cup orange juice or unsweetened pineapple juice
 2 egg yolks
 2 egg whites
 ¼ cup orange juice or unsweetened pineapple juice
 ¼ cup instant nonfat dry milk
 In a saucepan combine sugar, salt and cornstarch; gradually stir in 1 cup orange juice.

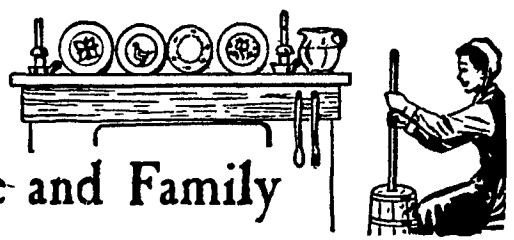
Cook, stirring constantly, until mixture thickens. Remove from heat, blend a small amount of hot mixture with egg yolks, then return to saucepan. Cook a few more minutes, stirring constantly; cool. Combine egg whites, ¼ cup orange juice and nonfat dry milk; whip until stiff peaks form; fold in cornstarch mixture. Serve over fresh-fruit combinations in patty shells.

VANILLA CREAM FILLING

Cook 1 package Vanilla Pudding mix with 1 ½ cups milk and 1 tablespoon sugar. Cool and add ½ teaspoon vanilla. Beat until smooth. Fold in 1 cup heavy cream, whipped, and chopped nuts, if desired.

RISING COSTS

If a farmer gave away his wheat, consumers would still pay 17 and a half cents for a 20-cent loaf of bread says Harold Neigh, Penn State extension consumer economics specialist. Many things happen to food from farm to supermarket. Consumers like to have foods with built-in maid service, such as brown-and-serve rolls, instant cake icings, whipped cream in a can, and many others. They pay for these services along with the food.



For the Farm Wife and Family

Ladies, Have You Heard? . . .

By: Jane Thurston, Extension Home Economist

Clothes For Handicapped Women

Physically handicapped homemakers need clothing that offers freedom of movement, comfort, convenience, and safety. To help meet this need, they can choose from specially designed housewear, including slacks. Many handicapped women like slacks particularly for housework and exercise. Slacks are comfortable, useful, and a simple way to hide leg braces. If a woman wishes to make her own slacks, a pattern with a long back and a short front rise is a good choice. This type pattern helps to reduce lap puff and knee strain and allows the woman to sit comfortably for long periods.



THURSTON

Small pleats along the side seam at knee level will allow for ease of movement. These pleats will open when the home-maker sits or walks, and will close when she stands. Elastic webbing at the waistband adds comfort and makes it easier for a woman to dress herself. If slacks have a zipper closing, there should be at least a 9-inch placket. As a safety precaution when making slacks, leave off the cuffs. Strong, flat, smooth seams with no raw edges inside are a must. Frayed seams can interfere with brace latches. Simple reinforcements on the underside of the seam will give added protection to areas where brace latches come in constant contact with seams.

SHOP FRIDAY AND TUESDAY 9:30 TO 9

OTHER DAYS 9:30 TO 5

Starts Friday, May 3!

Eight Big Days! Three Big Nights!



85th Anniversary SALE

more savings
 more values
 more selection

It's Lancaster's Greatest Savings Event!

The Sale With MORE . . . For You!

Every department at Watt & Shand is filled with wonderful bargains . . . brand-new Spring and Summer items you want for yourself, your family, your home! Huge assortments . . . tremendous values . . . save now!

Your Choice of TWO Exciting Grand Prizes!

WIN A CRUISE TO BERMUDA AND NASSAU

A thrilling eight-day cruise for two, arranged by Windward Travel Center. Travel to New York by rail, then board a luxury liner for a glorious vacation with all expenses paid.

OR . . . WIN A \$1000 SHOPPING SPREE

Alternate Prize: Instead of the cruise, you may take a paid-up charge account in the amount of \$1000.

Register for these prizes on our second floor. All adults eligible. No purchase necessary. Winners' names will be drawn May 11 at 5 P.M.

Fish Wise Choice For Many Meals
 It's doubtful that fish is a "brain food." But there's no question about the nutritional value of fish. Fish offers as many nutrients (Continued on Page 16)

SUPER Self Service SHOES
 220 W. King St.
 Lanc. Co's Largest Shoe Store
 All 1st Quality Super Low Prices

BEAUTIFY YOUR HOME WITH WALL PAPER
 Add Beauty Big Savings!
 It's easy to make your home shine like a new penny with beautiful easy-to-apply Penn wallpapers. And so inexpensive (you can save up to 1/2) when you shop by mail through our big new sample catalog. Contains actual samples of 99 smart, new styles, color harmonized to make good selection easy. Washable and sunfast. Easy to follow instructions for measuring and hanging so that just about anyone can achieve professional results. WE PAY THE POSTAGE on all shipments. Write for FREE CATALOG today.
PENN WALL PAPER MILLS
 Since 1908 Bridgeton, N. J.
 "Dept. 5"

new lower prices on PLASTIC FREEZER CONTAINERS
 Now Home freezer owners can purchase plastic freezer containers at even lower prices by buying direct through the mails. Reusable containers are soft and pliable. New space saving square shape. Flexible, non leak lids included. Pints are priced at \$9.50, quarts at \$14.50 per hundred, postpaid. Safe delivery guaranteed. Perfect items for resale to neighbors. Sample, pint 25¢. Write:
OXBORO HEALTH CO. DEPT. 575
 HIGHLAND STATION, MINNEAPOLIS 11, MINN.
 DEPT. 575