From Where We Stand . . .
Milk Is Not Medicine

Milk is good. Let's leave it that way.

In a news story that came across our desk this week, the writer said, "Milk from properly treated cows can be useful in preventing and treating certain human diseases."

He explained how milk from cows injected with antigens or germs of human diseases can be used in treating certain arthritis and hay fever cases. When the substances are injected into the milk producing glands of the cows, the organisms cause a buildup of immunities to the disease in the cows' milk.

If enough of the milk is consumed by the affected person, the disease fighting organisms are picked up in the blood stream and fight off the disease, the story went on.

Now, we believe that every tool at our command should be used in the fight against disease, we just hate to see the scientists fooling around with a wholesome food like milk.

Most children, fortunately, just naturally like milk. We would like to see it continue that way.

Most children instinctively dislike medicine We would not like for a mother to have to say to a child, "Now drink your medicine," when she pours a brimming glassful of delicious, nutritious milk.

If a new medicine is developed, and it is proven effective, let's use it by all means, but let's call it medicine. Let's keep milk the good, wholesome, delicious drink it has always been.

We ought to begin telling the mothers of this country that milk is good — not just good for you.

At least that's how it looks from where we stand.

★ ★ ★ ★

Heralds Of Spring

As we look out the window this morning, the flakes are again falling. It has been a long, hard winter. One of the most often heard complaints recently is, "Won't winter ever be over?"

But in the mail came a sure sign of spring.

The annual seed catalogs again sport magnificent color pictures of fruits and vegetables big and perfect enough to gladden the heart of the most avid gardener. The pictures carry a promise of spring and summer and harvest time, much more surely than the groundhog, or robins, or crocus, or any of the other more widely acclaimed harbingers of Spring.

They set the heart of the gardener to singing and his hands itching to be in the warm, brown earth of the garden as nothing else can do. (except, possibly, the fresh-turned soil of the garden itself).

The catalogs, with their bright red tomatoes, dark red beets, verdant green and creamy white beans, golden yellow sweet corn, and rich green cucumbers, kindle a desire for warm weather and growing things that has lain dormant all through the dark, dreary days of winter.

We have to put a tight check rein on our emotions to keep from ordering a big packet of every seed described in the glowing terms the ad writers reserve for their most special items.

So, while it looks like anything but spring outside today, we know the seed catalogs can't be wrong. Spring will come.

Spring came last year, and the year before that, and the year before that . . and as long as this earth lasts, Spring will come on forever.

At least that's how it looks from where we stand.

★ ★ ★ ★

Startling Statistics — Someone has tabulated that we have put 35 million laws on the books trying to enforce the Ten Commandments.

★ ★ ★ ★

A Lot of Milk Vendors — Consumption of milk should be increased through the operation of vending machines. A Bureau of the Census study reveals a total of 5,176 vendors valued at $4 million were shipped by manufacturers in 1961.

★ ★ ★ ★

Big Insect Appetites — Insects attacking our farms and forests cause losses estimated at from $10 Billion to $15 Billion a year. It is expected that new chemicals may ultimately reduce a very large part of these losses.

★ ★ ★ ★

Fluoridated Milk Benefits — Children's dental cavities have been reduced as much as 75 percent through use of Fluoridated milk, according to a Louisiana State University study. Researchers say fluoride combines with calcium to help bond enamel to growing teeth and dairies eagerly await a Federal okay to use it. They figure demand would be particularly keen in areas where water supplies aren't fluoridated.

★ ★ ★ ★

Youth Moving Out — The Agriculture Department reports that rural young people are moving to the cities so fast that the farm population is now declining due to the shortage of potential young parents. In some rural counties the number of births occurring has recently fallen below the number of deaths.

THE BIBLE SPEAKS

International Uniform Sunday School Lessons

BY DR. KENNETH J. FOREMAN

Christian Credo

Lesson for February 24, 1963

Bible Material: Mark 8 27 through 9 1

Devotional Reading: Philippians 1:12-21.

THE word "Credo" comes from the Latin and it means "I believe." Most Christian churches repeat the "Creed" during the Sunday worship But a person might know the Creed by heart and still not really believe it Some Christians fly on the wings of others, so to speak. They expect to "go to heaven on their grandmother's ticket." They expect to get credit for what Grandmother believed. It can't be done. Some churches have no creed but the Bible. They feel that nobody understands a creed anyhow, and that creeds are the language of men not of God. As a matter of fact, all Christian creeds are based on the Bible, and it is a striking fact that they are all much alike, and often in the exact words of the Bible. If a man believes just one single thing, he has that much of a creed.

Dr. Foreman

Believing what we cannot see

Let us look at another word: Science. That comes from another Latin word, meaning "I know." What is the difference between a Credo and science? What is the difference between a Creed and knowledge? One difference is this: If I say "I know" something, and I do know it, then I can prove it to anybody who is not blind or crazy. But if I say "I believe" something, I can be just as sure about it as if I "knew" it, and it can be just as true. Only, what I believe is not public knowledge, shared by everybody. It is private and personal. It goes beyond what any fool can plainly see.

The most important truths in life are precisely those that cannot be proved, but must be believed. When a girl promises to love and to cherish a young man, how does he, how does any one know she is telling the truth? It is the most important thing in his life; but he must live by it, not prove it. We believe that God is love; but not every one knows that, though everybody knows the sky is blue. You can know that God is love not by having some one prove it to you; you have to live by faith that it is true.

The first Christian creed

The first Christian creed was probably the shortest. Jesus asked His closest friends: Who do men say that I am? Peter's answer is reported by Mark as a very short one: **You are the Christ!** With that single sentence Peter registered his belief about Jesus and his belief in Jesus. From that day to this, Christ has held the central place. There may be all kinds of churches, but one kind you will never see is one where the people won't say whether they believe in Christ or not. Any "Christian" who hasn't made up his mind about Jesus is hardly ready to be called a Christian.

Mind you, Peter did not say all the things, he did not use all the words, about Jesus that the church would one day use. But in that simple declaration, **You are the Christ,** was packed something vitally important. For one thing, Peter places Jesus in a class by Himself. No Jew in those days thought there could be more than one Christ (or Messiah—the two titles mean the same). Further, Peter meant to say that Jesus was the Number One Authority over men. To be Christ means to share the sovereignty of God Himself. How could Peter know this was true? he never tried to prove it, but he dared to live by it.

Call to all, call for all

There is a very important feature of Christian faith, at its center and heart. That is, genuine Christian faith is much more than reciting a list of what you believe. More important than belief-about is belief-in. There is a poem called "Not What but Whom I do Believe"; it speaks for Christians everywhere, it declares faith in a Person not in a Proposition.

There are millions of things one can know or believe, without being changed at all. A man who believes oatmeal is good for him is just about the same man if he changes his mind and concludes that oatmeal is bad for him. But if a man believes that God is good, if he goes on and is not changed by that belief, he doesn't really believe it. Christian belief challenges all men, calls to all; and true Christian belief calls on a man for all that is within him.

(Based on outlines copyrighted by the Division of Christian Education, National Council of the Churches of Christ in the U. S. A. Released by Community Press Service.)

Farm Calendar

(Continued from Page 1)

Feb 28 — 10 a.m. to 3 p m — Farm and Home planning session for Chester, Berks and Lancaster Counties in the Morgantown fire hall.

10 a m to 3 p m. — Slip cover meeting sponsored by the home economics extension service in the basement of the Poultry Center, 230 bypass and Roseville Road.

7 30 p m — Educational poultry meeting in the Poultry Center, 230 bypass and Roseville Road.

7 30 p m — New Holland 4-H club to organize in the New Providence Elementary school.

7 30 p m — Holstein 4-H club to meet in the Production Credit building, Roseville Road

Mar 1 — 7 p m. — New Holland FFA Parent and Son banquet at the New Holland

● Local Youth

(continued from page 1)

Bauman, 419 Penn Grant Road, West Lampeter Twp. received his award during sessions on Wednesday and Thursday of this week. He attended the meeting as a guest of the cooperative

Bauman, a 1961 graduate of Lampeter-Strasburg High School in the vocational agriculture curriculum, is currently farming a 150 acre dairy farm with his parents.

A former president of the Garden Spot chapter and the Lancaster County Association of Future Farmers of America, Bauman is the current sentinel of the state Association of FFA.

He was a member of the high school student council and a member of the National Honor Society at Lampeter-Strasburg High School

He received the Red Rose Farmer degree and the Key-

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Now Is The Time . . .

BY MAX SMITH

MAX M. SMITH

To Give Lambs Extra Care

Lambing time is one of the most important times in the sheep production year. Sheep producers should make a determined effort to raise every lamb that is born. Be on hand when the lamb is born, keep it warm, get it to nurse as soon as possible are all practices that will get the new-born off to a good start. During cold weather heat lamps should be used to keep the pen warm and dry.

To Test Held-Over Seed

Some farmers and gardners may have some seed left from the 1962 season; if the seeds have been stored in a cool, dry place, no doubt they will grow The safe procedure is to run a germination test on a small amount of the seed and count the percentage that sprouts. A flat containing moist soil or sand, or two blotters, or rolling seeds in a moist cloth will serve as methods to run the test. Don't take chances; either test old seed or buy new seed.

To Plan For Better Grass Silage

In a few months the new hay crop will be approaching harvest; some livestock men will continue to make part of their first hay crop into grass silage; this is good insurance against drouth next summer. The practice of direct-cutting into the silo continues to produce a poor, low-quality silage and should be dis-continued. Wilting for several hours after mowing and before ensiling is operators are urged to adapt their machinery to this wilting method.

To Keep Cows Well Bedded

In spite of the bedding shortage dairymen should make a special effort to keep some litter under the udders of the milking herd Bare concrete has the ability to cause numerous udder problems and should be kept covered at all times. If straw is not available, then shredded corn fodder, sawdust, shavings, or peanut shells may