• Have You Heard?

(Continued from Page 15) Super-fatted soaps leave dry or sensitive skin more pliable and eliminate that stretched feel- find better than average meat ue on the low side Little chan-

as helpful for skin conditions, build-ups Seasonally large sup- a year ago. such as acne Some medicated plies of beef are now coming as deodorant soaps . . . that is, helpful in preventing the spread of an infection, and may help to clear up the intection itself Other med cated soaps may contain such substances as sulphur or tar to dry up excessive oilness or flake off dead skin.

For The Farm Wife

(continued from page 15)

and 1 tablespoon shortening have been added Bake in a moderate oven (350 degrees) to: 35 to 40 minutes.

ZESTY BLUE CHEESE SAUCE AND LAMB,

Sliced cold roast lamb tablespoons butter or

- margarine
- tablespoons flour.
- teaspoon salt 1/4
- teaspoon pepper

eese

- cup milk cup crumbled blue ch-1/4
- teaspoon Worcestershire sauce

Melt butter in top of double boiler Add flour gradually and cook until mixture becomes toamy Add salt, pepper and milk and stil until thickened Blend in blue cheese and Woicestershire sauce Seive over slices of cold roast lamb.

SPICY LAMB PILAF

- cups cubed cooked lamb tablespoons chopped on-
- tablespoon shortening
- ounce can mushrooms, drained
- cups water
- 1 cup rice cup chili sauce 1/2
- clove garlic, crushed .
- 1½ teaspoons salt
- ½ teaspoon black pepper Cook onion in shortening un-

til transparent Add cooked lamb, liquid from mushrooms, water, rice, chili sauce, garlic, salt and pepper Simmer 45 to 60 minutes or until rice is tender Add mushrooms and cook an additional 5 minutes

TOUCH-OF-DILL LAMB CHOPS

- blade or round bone lamb chops, ½ inch
- tablespoon shortening condense Onnes cream of celery soup
- ¬ ½ cup water teaspoon ground dill

seed Brown lamb chops on both sides in shortening in skillet Add soup, water and dill seed Blend well and simmer 35 to 40 minutes, stirring occasionally until chops are fork-tend-

Added Work Needed

Sale or bargain garments that need major alterations before wearing may turn out to be costly, reminds Mrs Mae Barton, Penn State extension clothing specialist If a bargain means a cleaning bill or additional accessories to make it useful the garment might not be a wise buy

Buttons For Emphasis

Buttons can add emphasis to a costume when you repeat the color in piping, binding, or helt Too sharp a color contrast between buttons and garment gives a spotty effect reminds Beinice Tharp, Penn State ex-

BEST FOOD BUYS Meat Values Higher Than Average

chuck roasts, steaks, rib roasts and stewing beef.

Prices on fresh pork cuts ago The same is true for cured likewise in plentiful supply and

Area food shoppers should hams, but bacon prices continvalues this weekend as retail- ge is anticipated for broilers as Medicated soap is advertised ers take advantage of supply supplies are about the same as

Carrots, sweet potatoes and soaps are essentially the same to market, reports Tom Piper, onions are the leading values at Penn State Extension Market- the produce counter This winthey contain a bacteria-destroy- ing Agent Marketings of fed ter's carrot production, estimaing ingledient. This can be cattle are expected to be 4-6 ted at 600 million pounds, is percent above a year ago dui- 16 percent larger than last year ing late February and Maich and the second highest on rec-Best values will be found on ord The sweet potato crop was fuls list. Stocks of canned and 21 percent larger than in 1961 Onion prices are favorable to consumers, storage stocks are have been nearly steady at the above last year and, the new wholesale level and are gener- Texas crop will be arriving at ally a little lower than a year markets in March Potatoes are

Prices remain firm on top quality offerings of fresh fruit. Demand for apples remain good and prices are holding steady. Chilean truits are beginning to arrive in quantity, with nectarmes the heaviest single item First imported grapes and pears are on the way and will soon be in the market D'Anjou pears and grapefruit are available at generally unchanged prices

March will be the fourth month in a row that red tart cherries will make the plentifrozen cherries are well above average and prices are below those of a year ago Stocks of canned applesauce, apple slices, pineapple are moderately larg- the home of Mrs. George Pickthe fresh fruit in their menus co-hostesses.

Start 1963

right with

Make Donations

A donation of \$5 was voted for migrant work in Lançaster County by the members of Farm Women Society 21 at a recent meeting in the home of Mrs Earl Harnish.

Seventeen members answered roll call with "What I Want in my Dream House". Devotions were led by Mrs Harnish Mrs Sarah Jackson 'reported on a recent executive board meeting, and Mrs. Thomas Bradley conducted Valentine games Co-hostesses were Mrs. Parke Ressel and Mrs. Charles Ambler.

The next meeting will be purple plums, cling peaches and held at 1.30 pm., March 14, in er than a year ago and can be el Mrs. Morgan Foose and used by shoppers to supplement Mrs Melvin Meck will serve as

lorin Tarms

H & N LEGHORNS

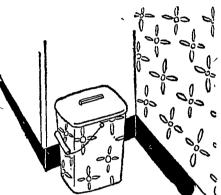
Day Old Pullet Chicks

The housewife not blessed with a garbage disposal unit in her kitchen can do something about the appearance of the necessary garbage pail or can.

The pail may be painted a color complimentary to other colors in the kitchen. If wallpaper is a kitchen feature, the pail may easily be covered with paper of the same design.

If there is space, an alternative is to build a wooden box to accommo-

date the pail. The box may



then be painted a selected color | 'erial. Box should open from top or covered with appropriate ma- to permit easy access to pail.

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