

**● Have You Heard?**

(Continued from Page 15)

Super-fatted soaps leave dry or sensitive skin more pliable and eliminate that stretched feeling.

Medicated soap is advertised as helpful for skin conditions, such as acne. Some medicated soaps are essentially the same as deodorant soaps... that is, they contain a bacteria-destroying ingredient. This can be helpful in preventing the spread of an infection, and may help to clear up the infection itself. Other medicated soaps may contain such substances as sulphur or tar to dry up excessive oiliness or flake off dead skin.

**● For The Farm Wife**

(continued from page 15)

and 1 tablespoon shortening have been added. Bake in a moderate oven (350 degrees) for 35 to 40 minutes.

**ZESTY BLUE CHEESE SAUCE AND LAMB**

- Sliced cold roast lamb
- 2 tablespoons butter or margarine
- 2 tablespoons flour
- 1/4 teaspoon salt
- 1/2 teaspoon pepper
- 1 cup milk
- 1/4 cup crumbled blue cheese
- 1 teaspoon Worcestershire sauce

Melt butter in top of double boiler. Add flour gradually and cook until mixture becomes foam. Add salt, pepper and milk and stir until thickened. Blend in blue cheese and Worcestershire sauce. Serve over slices of cold roast lamb.

**SPICY LAMB PILAF**

- 2 cups cubed cooked lamb
- 3 tablespoons chopped onion
- 1 tablespoon shortening
- 4 1/2 ounce can mushrooms, drained
- 2 cups water
- 1 cup rice
- 1/2 cup chili sauce
- 1 clove garlic, crushed
- 1 1/2 teaspoons salt
- 1/2 teaspoon black pepper

Cook onion in shortening until transparent. Add cooked lamb, liquid from mushrooms, water, rice, chili sauce, garlic, salt and pepper. Simmer 45 to 60 minutes or until rice is tender. Add mushrooms and cook an additional 5 minutes.

**TOUCH-OF-DILL LAMB CHOPS**

- 4 blade or round bone lamb chops, 1/2 inch thick
- 1 tablespoon shortening
- 1 1/4 ounce can condensed cream of celery soup
- 1/2 cup water
- 1 teaspoon ground dill seed

Brown lamb chops on both sides in shortening in skillet. Add soup, water and dill seed. Blend well and simmer 35 to 40 minutes, stirring occasionally until chops are fork-tender.

**Added Work Needed**

Sale on bargain garments that need major alterations before wearing may turn out to be costly, reminds Mrs. Mae Barton, Penn State extension clothing specialist. If a bargain means a cleaning bill or additional accessories to make it useful, the garment might not be a wise buy.

**Buttons For Emphasis**

Buttons can add emphasis to a costume when you repeat the color in piping, binding, or belt. Too sharp a color contrast between buttons and garment gives a spotty effect, reminds Bernice Tharp, Penn State ex-

**BEST FOOD BUYS Meat Values Higher Than Average**

Area food shoppers should find better than average meat values this weekend as retailers take advantage of supply build-ups. Seasonally large supplies of beef are now coming to market, reports Tom Piper, Penn State Extension Marketing Agent. Marketings of fed cattle are expected to be 4-6 percent above a year ago during late February and March. Best values will be found on chuck roasts, steaks, rib roasts and stewing beef.

Prices on fresh pork cuts have been nearly steady at the wholesale level and are generally a little lower than a year ago. The same is true for cured

hams, but bacon prices continue on the low side. Little change is anticipated for broilers as supplies are about the same as a year ago.

Carrots, sweet potatoes and onions are the leading values at the produce counter. This winter's carrot production, estimated at 600 million pounds, is 16 percent larger than last year and the second highest on record. The sweet potato crop was 21 percent larger than in 1961. Onion prices are favorable to consumers, storage stocks are above last year and, the new Texas crop will be arriving at markets in March. Potatoes are likewise in plentiful supply and

Prices remain firm on top quality offerings of fresh fruit. Demand for apples remain good and prices are holding steady. Chilean fruits are beginning to arrive in quantity, with nectarines the heaviest single item. First imported grapes and pears are on the way and will soon be in the market. D'Anjou pears and grapefruit are available at generally unchanged prices.

March will be the fourth month in a row that red tart cherries will make the plentiful list. Stocks of canned and frozen cherries are well above average and prices are below those of a year ago. Stocks of canned applesauce, apple slices, purple plums, cling peaches and pineapple are moderately larger than a year ago and can be used by shoppers to supplement the fresh fruit in their menus.

**Farm Women 21 Make Donations**

A donation of \$5 was voted for migrant work in Lancaster County by the members of Farm Women Society 21 at a recent meeting in the home of Mrs. Earl Harnish.

Seventeen members answered roll call with "What I Want in my Dream House". Devotions were led by Mrs. Harnish. Mrs. Sarah Jackson reported on a recent executive board meeting, and Mrs. Thomas Bradley conducted Valentine games. Co-hostesses were Mrs. Parke Ressel and Mrs. Charles Ambler.

The next meeting will be held at 1:30 p.m., March 14, in the home of Mrs. George Pickel. Mrs. Morgan Foose and Mrs. Melvin Meck will serve as co-hostesses.

**IT'S AN IDEA HOME DECORATIONS**

The housewife not blessed with a garbage disposal unit in her kitchen can do something about the appearance of the necessary garbage pail or can. The pail may be painted a color complimentary to other colors in the kitchen. If wallpaper is a kitchen feature, the pail may easily be covered with paper of the same design. If there is space, an alternative is to build a wooden box to accommodate the pail. The box may then be painted a selected color to permit easy access to pail.

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