Have You Heard? (Continued from Page 15)

5 age group. After age 35, with damp cloth, then dry. ost families have put down

nd the tamily buys another cream. ouse, his employer may transer him to a different locality, r he may move to find a bet-

Whatever the reason for the

Keep Up With the Cleaning

Tuck cleaning jobs into your chedule in between or along rith other household choics on'll see how the work gets one without too much effort. Thile food for Jinner is cookng, or the washer is running, ou may have enough time to acuum the living room lug clean the bathroom. You ight clean one kitchen cupnclude in your dovetailing ed for reconstitution. ogram.

Good To Know Anytime exning the bottom of an iron well to blend. mild soapsuds and a cloth to soft cloth. It starch has needs. irdened on the bottom and

ar off marin i or i rewashing, you may use very fine steel wool. Rub the spots lightly, wipe bottom of iron

oots in their community. Rea- extra special with canned red ons such families don't move tart cherries. Use the liquid often include homeowner- from a can of cherries as part hip and friendships, children of the liquid needed to prerell along in school, and the pare a cherry flavored gelatin amily breadwinner usually dessert. When the mixture is stablished in his job or busi- slightly thickened, fold in the Many people in such circumcherries, sliced bananas, and A major reason why families tiny marshmallows. When nove is related to the father's ready to serve, top the cherry ob . . . he may have prospered gelatin mold with whipped

About Nonfat Dry Milk

Nonfat dry milk is a whole-

packed in four and a half lb hardly fail to count the cost of sealed plastic bags which are soaps, detergents, paper proput inside a cardboard con- ducts, toiletries, drugs, cigarettainer Dry milk should be tes, clothes and the 1,001 othstored in a cool dry place

quart of water make a quart were purchased in a food store oard of wash the kitchen of liquid milk To reconstitute It's estimated that nonfood itool. This dovetailing of jobs the milk, pour water in a bowl emis account for about 12 per the secret to keeping up and sprinkle dry milk over it cent of the average shoppers' ith the cleaning You may Beat well to blend Lukewaim total on the cast register tape nd many other jobs you can water shortens the time need-

nonfat dry milk is to put the That's because our wages are Usually all you need for milk, cover tightly, and shake costs. Back in 1950 food costs

Reconstituted nonfat diy ash the soleplate Wash when milk needs the same careful yarns in a square inch of fae iron is cool, then dry with storage that tresh fluid milk

Thread count is the number starch doesn't come off with of lengthwise and crosswise

BEST FOOD BUYS Make your gelatin desserts Food Is Still A "Good Buy" Item Hear Lecture

problems last, year you may each dollar of the typical famabout this year's spending, 19 cents out of each dollar. natural, says Tom Piper, Penn tend to eat better. People with State Extension Marketing Ag- rising of increasing incomes ent, because we spend money have meat more often and buy for food more often than for better cuts The babies of 1950 any other purchase.

some dairy product made from bill for a runaway budget may- food must be bought. fresh milk — only the water be you ought to take a closer gar, B-vitamins, and high- you think For example, in figquality protein that make li- uring food cast do you use the Nonfat dry milk usually is costs from nontood items, It's tood shopper er nonfood items against the One cup of dry milk and one tood bill merely because they

Actually, cost of food takes less of our pay check today Another way to reconstitute than it did back in 1950 water in a glass jar, add dry increasing faster than food

> bric For longest wear, the number of threads going each direction should be about the

It budgeting was one of your took about 26 cents out of

have come to the conclusion 11y's take-home pay. This year No 3 entertained Society of that something must be done food costs will take only about Farm Women No. 2 at her Of course, when we make bill must be cut. This is only the fruits of our labor so we

are now teen-agers and tend to Before you blame the food eat more than adults so more

If the cash register tare totinve, families tace certain proand the cream are removed look at how much you really al seems to be getting bigger ed at the Osteopathic Hospital,
lems adjusting to their new The reconstituted milk has the ground for food. It's possible every year you may be buying February 14th at the General The reconstituted milk has the spend for food. It's possible every year you may be buying February 14th at the General calcium, minerals, natural su- you're a better shopper than more nonfood items at the food. Hospital sewing room. store, or the family is getting bigger and eating more It ceror do you separate tood item losing your touch as a wise Manheim.

Farm Women 2

Mrs. Henry Hess Manheim home Saturday afternoon.

Miss Jane Thurston spoke to stances decide that the food more money we like to enjoy the group on The Perfect Hos-

> The members brought cookies for Heart Haven, and a contribution of \$5 00.

> The report of the State Farm Womens Convention was given by Mrs Ronald Gordley

January 30th the ladies sew-

The next meeting will be held March 9th at the home of quid skim milk such a valuable total on the cash legister tape. tainly doesn't mean you are Mis Fied Hahn, 23 Fulton St.,



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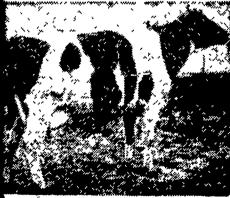
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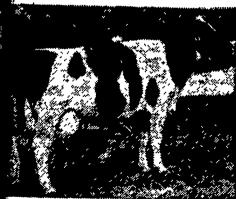
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