16—Lancaster Farming, Saturday, February 16, 1963

•. For The Farm Wife

(continued from page 15) Cover and let rise in warm place until double in bulk. Divide dough into four equal portions 10lling each into a smooth ball In shaping use a rolling pin and soll each ball of dough into a rectangle about 9" x 12", ly. Place in greased bowl. Comaking sure that gas bubbles are forced out Starting at furthest end, soll dough toward you, jelly ioll fashion Each time dough in rolled completely around, seal with "heel" of hand Place shaped loat, seam side down, in greased blead pan. Brush top with shortening. Let use until light Bake in moderate oven (375) degrees) about 1 hour Makes 4 loaves.

DOUGHNUTS

- packages active dry ye- $\mathbf{2}$ ast
- 1/2 cup waim water
- ⅓ cup milk
- 1 teaspoon salt
- 1/2 cup sugar
- eggs, unbeaten 2
- cups sifted all purpose 4 1/4 flour
- 14 teaspoon mace
- cup shortening, melted 14 and cooled to lukewarm Fat for frying

Dissolve yeast in warm water Let stand Scald milk Add salt and sugar to hot milk Stir well and cool to lukewarm. Stir yeast solution and add to lukewaim milk mixture. Add

eggs and -mix thoroughly. Add halt the flour which has been sifted with the mace and beat until perfectly smooth. Add shortening, besting vigorously. Add remaining flour and stir to mix thoroughly Turn onto floured board and knead lightver and let rise in warm place until double in bulk Without punching down turn out on lightly floured board and roll to 1/2 inch thickness. Cut with floured doughnut cutter (3 inch) Place on lightly floured sheet Let stand in warm place until very light. Leave uncovered so light crust will form. Fry in deep hot fat (350 degrees) on both sides, turning only once. Drain on absorbent paper, cool and roll in sugar. Makes 2 dozen doughnuts

- SAUSAGE WITH SCRAMBLED EGGS AND CHEESE
- ounce package brown'n serve sausage
- tablespoons butter or margarine tablespoons finely chop-
- ped onion cup milk 2%
- eggs
- ire sauce
- cheddar cheese

milk, eggs, sauce, salt, and pepper. Beat 6 servings. slightly to blend ingredien's. Pour into skillet When eggs begin to set, add cheese and blend well. Continue to stir until eggs, are cooked. Serve immediately with warm sausage. CHIPPER NOODLE DINNER

Place brown'n serve sausage

- ounces medium noodles cups frozen French-cut 2
- green beans, thawed
- cream of mushroom soup 1¼ cups milk
- jar) (
- tablespoons pimiento strips (2 ounce jar, undrained)
- teaspoon dry mustard teaspoon black pepper Dash Tabasco cup shredded sharp -1/4
- Cheddar cheese (1 ounce)

Cook noodles in boiling wain skillet. Fully cooked sau- ter; 6 to 7 minutes Do not sage will brown in just 3 min- add salt. Drain, Combine noodutes Do not overcook. Remove les, green beans, mushroom from pan to hot platter or soup, milk, chipped beef, pimbrown sausage slowly while iento, dry mustard, black pep- and cinnamon candies. Cover; eggs and cheese are being per and Tabasco mixing well. steep for 5 minutes. Strain, scrambled in another skillet. Pour into greased 2-quart cas-To prepare eggs, melt butter in serole dish with cover. Sprina skillet Add onion and cook kle cheese over top and cover. until soft and clear Combine Bake in moderate oven (350 Worcestershile deglees) 1 hour. Makes 4 to

#### y CORN FRITTERS

- cup shortening cup sifted flour
- 1/2 teaspoon double acting 1
- baking powder
- teaspoon salt
- teaspoon paprika

1/4

1

 $\mathbf{2}$ 

1

2 eggs cups corn kernels 2

1/2-ounce can condensed powder, salt, and paprika Separate eggs. Beat yolks Blend his tender foot is apt to be with corn. Stir in flour mix- twisted and turned to fit the ture. Beat egg whites. Fold in- shape of the shoe. cup shredded dried to coin mixture Heat shortenchipped beef (5 ounce ing in a heavy, skillet. Drop spoonfuls into hot fat. Turn to brown. Serve hot with tranks.

#### LEMON 'N HONEY PUNCH

- cups boiling water
- teaspoon tea leaves
- tablespoon red cinna-1
- mon candy drops
- 1/2 cup fresh orange juice
- cup fresh lemon juice 1/2

'cup honev 1 1/2 cup ice water Sparkling was Leinon slices

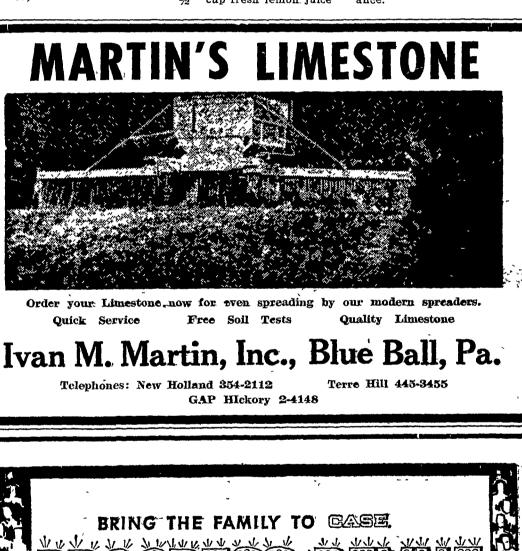
Pour boiling water over tea Add orange juice, lemon juice, honey and ice water. Blend well Divide into 8 tall ice-filled glasses; fill with sparkling water. Garnish with lemon slices,

#### No "Hand-me-downs"

Don't be tempted to hand down outgrown shoes to a younger child, cautions Bernice Tharp, Penn State extension clothing specialist No two pans of feet are exactly alike. A good leather shoe, when new, will comform to a child's foot after he wears it a week or two Once the shoe is molded Sift together flour, baking to the foot it won't change. If another child wears the shoe,

#### Ready-to-serve Foods

Homemakers like heat-inthe-bag frozen foods, report Harold Neigh, -Renn State extension specialist in consumer economics. In a survey of homemakers, more than half of them trying heat-in-the-bag foods make repeat purchases. This is proof of their acceptance.



New Breakthrough in Dairy Nutrition shows **10% More Milk** from Same Amount of Feed with New Ful-O-Pep

**NALEXANNE**KANANANA

# **Cattle-Izer**

Dairy Feed

teaspoon Worcestersh-⅓ teaspoon salt 1,5 4 teaspoon pepper ⅔ shredded cup sharp

Almost four years of testing and development at the Ful-O-Pep Research Farm show that new Catalyzer Dairy Feed increases energy production in the rumen by as much as 20% over regular Super Milking Feed-and an average of 10% more milk after just 4 weeks on feed.

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