

● For The Farm Wife

(Continued from Page 8) and completely coat sweet potato-banana mound with crushed gingersnaps. Place on baking sheet and heat 12 to 15 minutes in a 375 degree oven. Makes 8 servings

beat until stiff peaks form, fold into cooled mixture. Fold in whipped cream. Fill dessert dishes with alternate layers of fluff and sliced bananas. Garnish with sliced bananas and a sprinkle of ground mace. Chill until serving time. Makes 6 servings.

PIQUANT PARFAIT

- 1 egg yolk
- 2 tablespoons lemon juice
- ½ teaspoon grated lemon rind
- ¼ cup sugar
- ½ teaspoon ground mace
- 1 egg white
- ½ cup heavy cream, whipped
- 2 bananas

Beat egg yolk, lemon juice and rind until slightly thickened. Add 2 tablespoons of sugar and mix well. Cook over low heat until mixture thickens, 3 to 4 minutes, stirring constantly. Stir in mace and cool. Beat egg white to soft peaks. Gradually add remaining 2 tablespoons of sugar and

BANANA QUICK BREAD

- ½ cup shortening
- ½ cup sugar
- 2 eggs, slightly beaten
- 1 ¼ cups sifted all-purpose flour
- 2 ¾ teaspoons double-acting baking powder
- ½ teaspoon salt
- 1 cup mashed ripe bananas

Preheat oven to 350 degrees. Beat shortening until creamy and glossy, or 2 minutes at medium speed on electric mixer. Gradually add sugar, beating until light and fluffy after each addition. Add eggs and beat until thick and pale lemon in color.

Sift dry ingredients; add alternately with bananas, blend

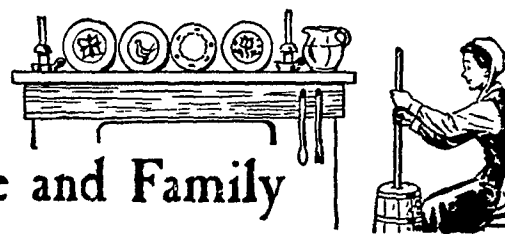
thoroughly after each addition. Grease bottom only of a loaf pan (4 ½ x 8 - ½ x 3 inches). Turn batter into pan. Bake 60 to 70 minutes or until cake tester inserted in center comes out clean and dry. Let bread partially cool in pan (20 to 30 minutes) before turning onto rack. Makes 1 loaf

BANANA OATMEAL COOKIES

- 1 ½ cups sifted all-purpose flour
- 1 cup sugar
- ½ teaspoon baking soda
- 1 teaspoon salt
- ¼ teaspoon nutmeg
- ¾ teaspoon cinnamon
- ¾ cup shortening
- 1 egg, well beaten
- 1 cup mashed ripe bananas
- 1 ¼ cups rolled oats, uncooked
- ½ cup chopped nuts

Preheat oven to 400 degrees. Sift into mixing bowl, flour, sugar, soda, salt, nutmeg and cinnamon. Cut in shortening. Add egg, bananas, rolled oats and nuts. Beat until thoroughly blended. Drop by spoonfuls, about 1 ½ inches apart, onto ungreased cookie sheet. Bake about 15 minutes, or until edges are browned. Remove from pan immediately and cool on rack. Makes about 3 ½ dozen cookies.

For the Farm Wife and Family



Ladies, Have You Heard? . . .

By: Jane Thurston, Extension Home Economist

About Dishwashers

Automatic dishwashers have either a top or a front opening. The top opening models come in two types — they are either a hinged or a drawer type. The hinged model doesn't fit into a continuous counter top and you can't use the top as a counter. The top opening drawer type fits into your counter and you can use the top.

Front opening models have doors which pull down . . . these models fit under the counter so the top is useable work space.

Dishwashers come in four cabinet types. The free-standing cabinet permits flexibility of installation. You can put it where you choose.

The second type — the under-counter dishwasher fits under continuous counter top and gives a smooth appearance, and leaves no cracks to clean. Special front panels are available to match or harmonize with your kitchen cabinets.

The stack-on model is stacked on a cabinet base, and permits ease of loading and unloading at waist level.

The fourth type is the portable free-standing cabinet on free-rolling casters. Portable dishwashers require no installation, and families living in rented houses or where plumbing is old or hard to change prefer this type. Hoses must be connected and disconnected each time the washer is used, but most of the models can become permanent installations anytime you choose.



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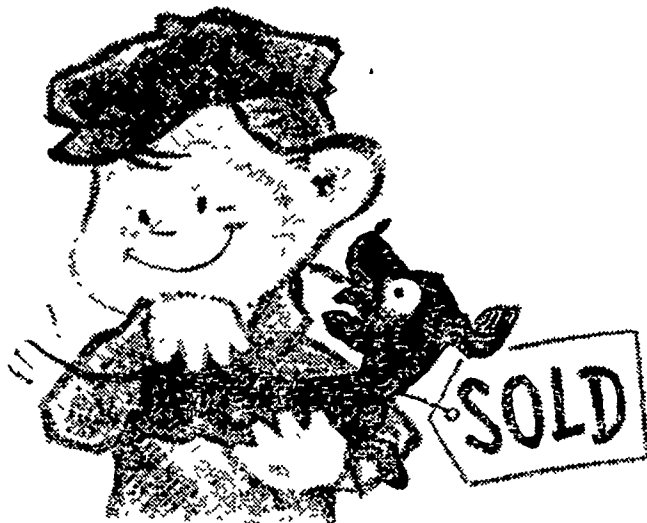
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