16-Lancaster Farming, Saturday, November 17, 1962

• Thanksgiving Menu

(Continued from Page 15)

lightly floured SxS-inch baking pan. Bake in moderate oven (350 degrees) about 40 minutes.

juice and honey Pour over monstration kitchen to dem_ cake. Let stand until onstrate food dishes which warm cool.

ORANGE-GLAZED SWEET POTATOES

- 6 medium sized sweet potatoes
- 1/2 cup butter
- 1/4 cup water
- 1½ tablespoons orange rind
- 1/4 cup orange juice
- 1 cup firmly packed light brown sugar

Cook sweet potatoes in boiling water until tender Rinse under cold water, peel and slice Ariange in a buttered bine butter, water, grated en cord And when you un-9x13-inch baking dish. Comorange rind, orange juice and plug anappliance, grasp the brown sugar in a saucepan and plug an appliance, grasp the cook over medium heat until cord . . . this saves wear and mixture comes to a boil. Pour tear on the cord. over sweet potatoes. Bake in a Good To Know About Apples preheated 350 degree oven 25 to 30 minutes. Makes 10-12 servings,

If unflavored gelatine has been softened in cold water, more than twenty pounds of . you can dissolve_it_over_direct apples a year. heat without adding extra liquid. Keep the heat low and cut and exposed to the air. stir the gelatine constantly You also can put the softened desseit, you can dip cut apdissolve it.

(Continued from Page 15) The United States exhibit at the fair also featured demonstration booths for soy_ 'Leans, rice, honey, poultry, and nonfat dry milk. Home Combine coinstarch, olange economists used a cential decould be prepared with items

Have You Heard?

on sale at the supermarket. This and That Whatever your food budget may be, milk is the most important tood on the grocery list Money spent for milk gives greater food values than money spent for any other grated single food From 1935 to 19-39 the buying power of an hour's factory labor was five quarts of milk . . . today it is eight quaits.

Flayed cords on lamps and electric appliances are fire hazaids That's why it's essential to check them periodic_ ally Replace a worn or brok-

Apples are a first cousin to

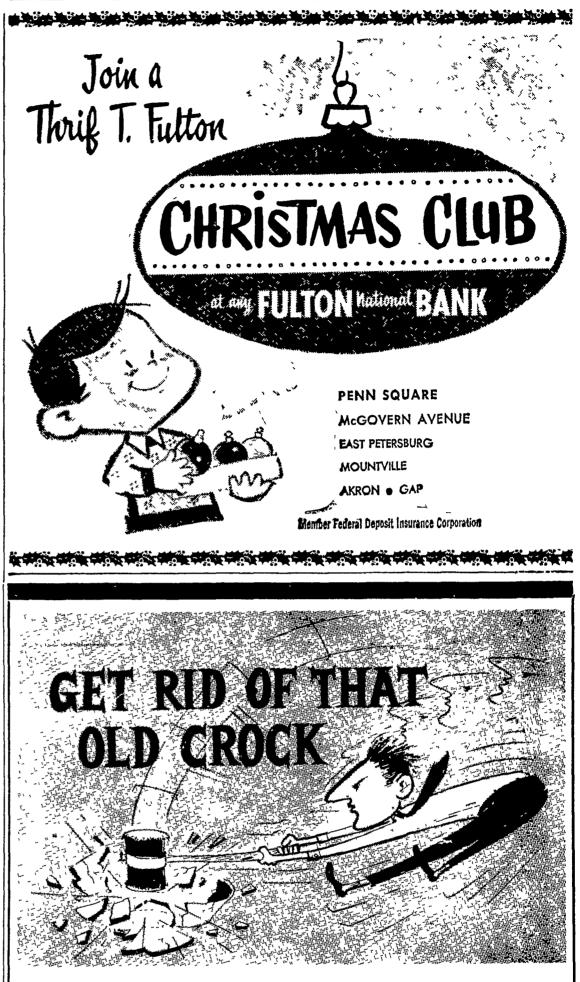
the rose Probably apples originated in Asia, near the Cas. pian Sea.

Apples are among the na. tion's most widely used fiuit ... the average American eats

Raw apples darken when Some nuts also tend to dar. ken apples. For salad and lemon, orange, grapefiuit, or

pineapple. Do this right after will prevent discoloration. chilled.

Use apples unpared to give cutting. For salads, you can Salads and desserts contain. mix apples with salad diess. ing diced or chopped raw ap. an extra touch of color to a ing and the protective coating ples are best when served well salad.

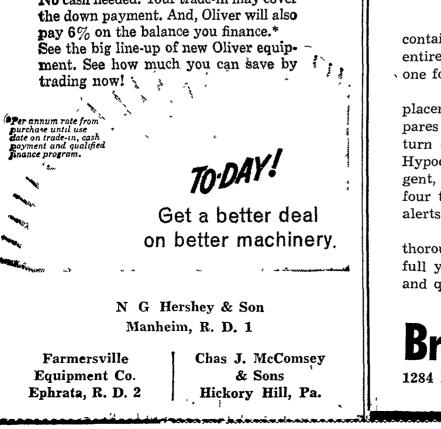


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gelatine over boiling water to ples into a fiuit juice, such as



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