

(continued from page 14)

**1/4 cup grated Parmesan cheese**  
 Drain asparagus. Arrange in shallow buttered baking dish. Spoon on sour cream and sprinkle with bread crumbs and cheese. Bake at 350 degrees for 15 to 20 minutes, or until asparagus is heated and crumbs are lightly browned.

The delicate and delicious way to finish off a holiday meal is to serve this tempting Dessert Cream, topped with your own special Fall Fruit Sauce.

**DESSERT CREAM**

- 1 cup cream
- 1/4 cup sugar
- 1 tablespoon (1 envelope) unflavored gelatin
- 1/2 cup milk
- 1 cup dairy sour cream
- 1 teaspoon vanilla

**FALL FRUIT SAUCE**

- 3/4 cup sugar
- 1/2 cup water
- 1 cup cranberries
- 1 cup diced apple
- Chopped walnuts

Heat together cream and sugar until hot. Sprinkle gelatin over milk to soften, stir into hot cream until dissolved. Cool slightly. Fold in sour cream and vanilla, turn into mold, which has been rinsed with cold water. Chill until firm. For Fall Fruit Sauce, Cook together sugar and water until sugar is dissolved. Add cranberries and cook about 5 minutes. Remove from heat, add apple and cool. When ready to serve, turn out mold onto dessert platter, top with some of Sauce and garnish with chopped walnuts. Place remaining Sauce in dish and serve as Topping.

NOTE: Thawed, frozen raspberries may be served instead of the Fall Fruit Sauce, if desired.

Whipping cream may also be substituted for the cream in the Dessert Cream recipe.

Loaf cakes are always a popular family dessert, and self-frosting Honey-Top Date Cake is no exception. The cake stays moist for second-day enjoyment and can easily be included in lunchboxes for a dessert treat.

**HONEY-TOP DATE CAKE**

- 3/4 cup sifted flour
- 1 teaspoon baking powder
- 1/2 teaspoon salt
- 1/2 cup chopped nutmeats
- 1/2 cup finely cut dates
- 1/2 cup soft butter or margarine
- 1/2 cup sugar
- 3 eggs, separated
- 1/2 teaspoon vanilla flavoring
- 1/2 cup whole bran cereal
- 3 tablespoons milk

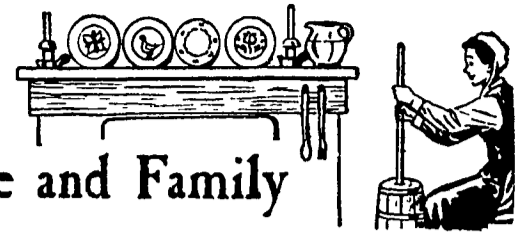
**TOPPING:**

- 1/2 teaspoon cornstarch
- 3 tablespoons orange juice
- 1 1/2 tablespoons honey

Sift together flour, baking powder and salt, combine with nutmeats and dates. Blend butter and sugar. Add egg yolks, vanilla and whole bran cereal, beat well. Add sifted dry ingredients alternately with milk, mixing well after each addition. Beat egg whites until stiff but not dry. Fold into batter. Spread in greased and

(Continued on Page 16)

**For the Farm Wife and Family**



**Ladies, Have You Heard? . . .**

By: Jane Thurston, Extension Home Economist

**Shopping Guides For Furnishings**

Take your time when shopping for furnishings, especially for your first home. Plan your furnishing needs first of all. Consider immediate needs and also future requirements. Then look for furnishings that can lead two lives.

You may wish to consider area rugs instead of carpeting or large rugs.

With your needs, budget, and shopping plan in mind, shop around to see what's available to suit your requirements. Choose furnishings especially for your purpose — not because they are fashionable or just right in a friend's home.

Furnishings that withstand maximum use with a minimum of care are easy to live with and are attractive. Items that are simple in design and free of elaborate ornamentation need the least care.

**The Munich Food Fair**

Canned chicken chow mein was a popular food item at the international food exhibition held in Munich, Germany, in late September. This item

was a good choice because the woman who buys prepared chicken chow mein instead of making it herself saves thirty-six cents in money and forty-six minutes in the kitchen. These figures are from the U. S. Department of Agriculture's Economic Research Service.

Customers at the German food fair supermarket found other American foods besides chow mein. Among the five hundred items available for sale were all of the typically American processed and frozen food products.

(Continued on Page 16)



THURSTON

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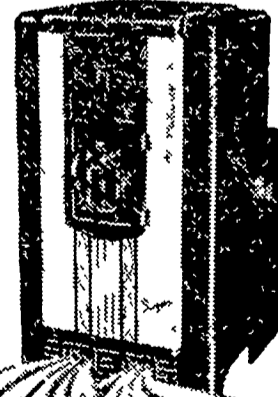
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