### BEST FOOD BUYS October Colors The Food Basket

panorama of beauty to the stocks of cheese are high and pound feeder calves, each for the first four nights and champion livestock and indoor Pennsylvania countryside and this popular item is now feaa variety of colorful fruits and vegetables to local produce markets, observes Tom Piper, Penn State Extension Marketing Agent. Many commodities will receive piomotional emphasis during October and from a variety of items for foodshoppers taking advantage of special sales will realize considerable savings.

Apple harvest in now at a peak and many stores will have special displays during this observance. Prices are at the season's low point now as ing for meat this week-end. no storage charges are involved. In this area, Adams County growers plan a special "Harvest Holiday' program for this week-end, inviting the public to visit their orchards and roadside markets.

Other fruits in plentiful supply include cranberiies. Baitlett peais, and grapes Florida grapefruit shipmen's have been running heavy the past week and supplies are approaching peak volume. New crop oranges are starting to market but first-of-season prices will be high.

Shipments of Galifornia tomatoes and peppers are replacing waving supplies of homegrowns. There is a slight increase in volume of Texas vegetables, and Florida has begun light harvesting of sweet corn, snap beans, eggplant, radishes and squash. Potatoes, celery, cabbage, cauliflower, broccoli, sweet potatoes, lettuce and Brussel sprouts are best buys in fresh vegetables Supplies of pumpkins, Indian cora, sweet cider and decorative gourds are ample.

Poultrymen change October to Eggtober in promotional programs for egg. Egg prices edge downward during this month when new layers come into production Medium and small size eggs offer consumers more for their money at

#### COW AVERAGE \$365 AT COWAN SALE

A registered Holstein cow and call brought top price of \$501 Saturday at the Everett Cowan, Ir dispersal sale

The second high registered cow was a first calf herfer with her calf at side. The pair brought \$585 The highest selling grade brought \$570

The sale of 43 milking cows averaged \$365 per head Kreider and Diller were the aucfioneers.

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Colorful October brings a the present time. Storage tured at the dairy case.

> Supplies are in year balance with demand at meat counters this week. For this reason, retailers are expected to select feature purposes. Some stores will feature beef steaks or roasts, chops and hams and still others turkey and chicken. Better check the ads in your local newspaper before shopp-

## Calf Scramble To Be Feature Of Stock Show

HARRISBURG - Five 400worth over \$100, will go to as Friday afternoon. At each polo the first three nights and many young Pennsylvania meet around a dozen boys, a 4-H Club horse show Thurscowhands who win ealf scram- each equipped with a rope halbles at the sixth Pennsylvania ter, and about the same num-Livestock Expositions, Nov. 5- ber of calves will meet head beef cattle, swine and sheep. Duilding Harrisburg, Ben Mor- arend. The first boy to halter ing farms in the East and Midgan, general superintendent a calf and get it to the center West, will compete for cash

The scrambles entertainment winner. features, will be open to 4-H Winners will feed out the cal-

position.

versity livestock specialist, ex- Pennsylvania Angus breeders. pects 60 to 75 boys to enter the in the State Farm Show or in the Farm Show large of the floor will be declared

Calves for the contest, from and FFA boys 14 to 20 years the Western Range and with culture, the Pennsylvania cld. They must be nominated typical rodeo craftiness, will by their county agricultural or weigh 200 to 250 pounds each. area vocational supervisors. They will be on loan for the and Allied Industrial Associameet from Lancaster Stock tion.

ves and exhibit them as mar- Yards. Calves for prizes, suppeket steers at next year's ex- lied on a rotation basis by the different bleed organizations. Morgan, Penn State Uni- are being donated this year by

Other exposition entertaincontests which have been set ment will include parades of day night and Friday.

> More than 3,000 head of most of them from top breedprizes. The exposition is being sponsored jointly by the Penasvivania Department of Agri-Farm Show Commission and the Pennsylvania Livestock

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