### Meats Take **One Quarter Of Food Dollar**

The Nation's meat industry is the largest food business in the world, says Mrs. Sandra M. Eaton, associate extension Chester home economist. County.

Americans spent \$16 billion for beef, pork, veal, and lamb in 1961. That's about onefourth of all moneyspent for food during the year, and averages about \$277 for each family.

Despite rising costs meat is still o good buy, she points out In the early 1920's, the annual meat bill amounted to about \$34 for each person and bought 134 pounds of meat By 1961, the meat bill, at about \$90 for each person, was almost three times as high, and bought 161 pounds of meat

Even more important to the family budget is that only 45 per cent of the take-home pay was needed to buy meat in 1961 Forty years ago the meat bill required 67 per cent of the take-home pay.

The percentage of income spent on meat declined because incomes are higher than they were tour decades ago Also, today's faimer can laise more hogs, beef cattle; and sheep with considerably less time and labor Better farm management, greater use of machinery, and imploved foods help the farmer to produce more meat for consumers a a reasonable price

### • Have You Heard?

(continued from page 15) Look calefully when backing your car from the garage or driveway

Dispose of all trash rubbish, discarded furniture, papers, and worn-out appliances

Why Have Press Cloths The main pulpose of a.press cloth 15 to protect tabrics from anect heat of the non and piovide necded moisture for some fabrics

You need press cloths when pressing details on the light side of garments made from. some fabrics

A good press cloth is smooth seamless lintless and tice from sizing Choose wool cheesecloth, muslin diill of a commercial cloth A good allpurpose press cloth is a square vaid of fine quality cheesecloth used single or double

This An That Lighting experts remind us not to use lighted valances

## Six Winners

Six members of Lancaster County's two 4-H Light horse and pony clubs won the right to ride in nine classes in state competition at the district show last Saturday.

To State 4-H

Horse Show

The show at Ludwig's Corners, Chester County, was an elimination for the state competition November 5 in Harrisburg during the Pennsylvania Livestock Exposition. First and second place winners in ley, Quariyville R3, and Hardistrict competition will be eli- old Groff, Manheim R2.

gible to enter the state finals. Miss Barbara Shoemaker, daughter of Mr. and Mrs. Bus

Shoemaker, Quarryville R2, was top county winner with In State Show three first place ribbons. The fifteen year old horsewoman clover leaf race classes. She also won a third ribbon in a Western Pleasure class.

Michael Shoemaker, Barbara's brother, and Gerald Wagner, also of Quarryville R2, were the only other countians to win first place ribbons. Second place winners who will be eligible for state competition include Fred Shaub, Quarryville R2, Mary Anna Brink-

## Co. Dairymen Win Ribbons -

Local breeders of Holstein was champion in the pole cattle won six placings in the Royer, 2025 Oregon Pike, won bending, western reining and state Black and White show last week at the Farm Show building in Harrisburg

> The only first place award coming to the county was in a dam-daughter class which was won by Herbert and Rhelda Royer, 2025 Oregon Pike, Lancaster.

Melvin Peifer, Willow Street won a sixth place ribbon in the junior heifer calf class. In and Dual are the recommended the junior yearling heifer class winter wheat varieties for J. Mowery Frey, Jr., 1717 Hans Herr Drive, Lancaster Penn State extension agrono. took a third place ribbon, and mist.

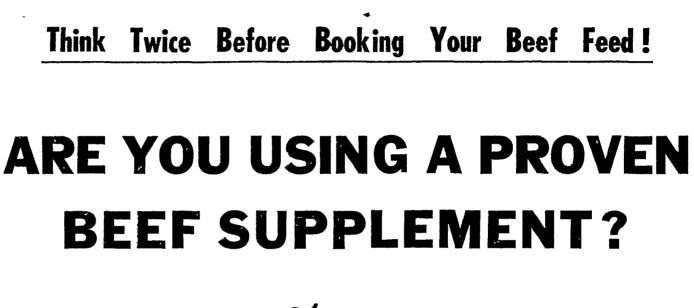
Robert E. Pepple, Oxford R1. brought home a seventh award.

J. Robert Hess, Strasburg R1, won a third award with a two year old heifer (never fresh), while Averral Lindell fifth with her two year old heifer.

Grand champion female was the aged cow of Paul and Lu. cille Fissel of Biglerville, An aged bull won the champion. ship for Howard Weiss of My. erstown.

### Winter Wheat

Redcoat. Pennoll, Seneca Penna., says Elmer C. Pifer.



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11 rooms with low ceilings Instead use lighted wall-to-wall connice mounted at the ceiling This makes the ceiling appear highei.

Enhance your savory dinner stew with a topping of perky parsley pinwheels Roll out hiscuit dough to a rectangle. brush dough with melted butter sprinkle with chopped parslev roll like jelly roll, and cut into slices. Place slices cut side up on top of hot stew and bake until crusty brown

A recent survey that had to do with breal tast foods and habits reveals that a man who cats a satistime breakfast is likely to be a man successful ii his work and attached to his home and tamily With these facts in mind why pot tiv to make breakfasts in your home more appetizing and more appealing' Homemade muttings will be a special ticat and you ll find other hot breads lend variety and interest to this first meal of the day.

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