

Taller Children Are A Result Of Better Foods

University Park, Pa. — "American farmers are producing some of the best food in the world today," says Dr. R. B. Larson, director, Co-operative Extension Service of the Pennsylvania State University.

This high-quality food contributes to better diets, now one of the big reasons why children are growing taller and sturdier than their parents or their grandparents were at the same age. The good nutrition that brings better health also helps a child reach the full body build that his inherited genes allow him. For example, a nine-year-old boy today averages an inch or more taller than a boy a generation ago.

Another benefit from this high-quality food is the longer life expectancy, Dr. Larson points out. In 1900, life ex-

pectancy in this county was about 47 years. Today it's around 70. But in many countries where malnutrition and disease take heavy tolls life expectancy is 35 to 45 years.

"We can look to the striking decline in infant deaths as one of our greatest accomplishments," Dr. Larson states. "Infant mortality in 1961 was about 25 in 1,000. Better nutrition for mothers, plus good medical care, has played an important role.

"With farmers growing higher quality crops and livestock, we're getting more dividends in health from the food we eat," he adds. "But as a nation, our main nutritional fault now is that we're inclined to enjoy too many calories."

Fulton Grange Wins Award In State Contest

Fulton Grande number 66 this week received an honorable mention citation in the

annual Pennsylvania State Grange Community Service Contest.

The award will be presented on October 23 at the annual state Grange session in Reading.

The purpose of the contest, said J. Collins McSparran, Master of the Pennsylvania State Grange, is to encourage self-help service programs in both Pennsylvania and the nation. The real achievement of the contest cannot be measured of dollars or man hours spent. It must be thought of in terms of healthier, cleaner communities. The contest amounts to a practical education in good scholarship.

First place in the contest went to Schnecksville Grange number 1684 while second place was won by Buckhorn Grange number 1119. A total of 447 Pennsylvania granges participated in the annual contest.

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Polled Herefords Presented To Penn State U.

The department of animal industry and nutrition at the Pennsylvania State University has received a gift of 92 pedigreed Polled Hereford cows from Leon Falk, Jr. of Falklands Farms Schellsburg.

These cows, valued at about \$50,000.00, were given to the University to establish a beef breeding research program under the direction of Russell C. Miller, head of the department, and Professor Herman R. Purdy, in charge of pure-bred livestock.

The gift will make possible studies of genetic characters involving both desirable and undesirable traits in beef cattle.

According to Dr. Miller, there is a pressing need in present day beef research for such studies in view of the demands for more detailed information on the genetic constitution of beef breeding animals.

"Progeny testing has assumed new importance in the beef industry due to the many demands of the breeder, the feeder, the processor, and the consumer of beef," Miller states.

In addition to the gift of cattle the Leon Falk Family

Trust, Pittsburgh, has donated \$15,000 to initiate this beef breeding program at Penn State.

Farm Women 8 Make Awards To 4-H Girls

Members of Society of Farm Women 8 made awards Saturday to eight 4-H girls for their achievements in sewing, vegetable gardening and flower clubs.

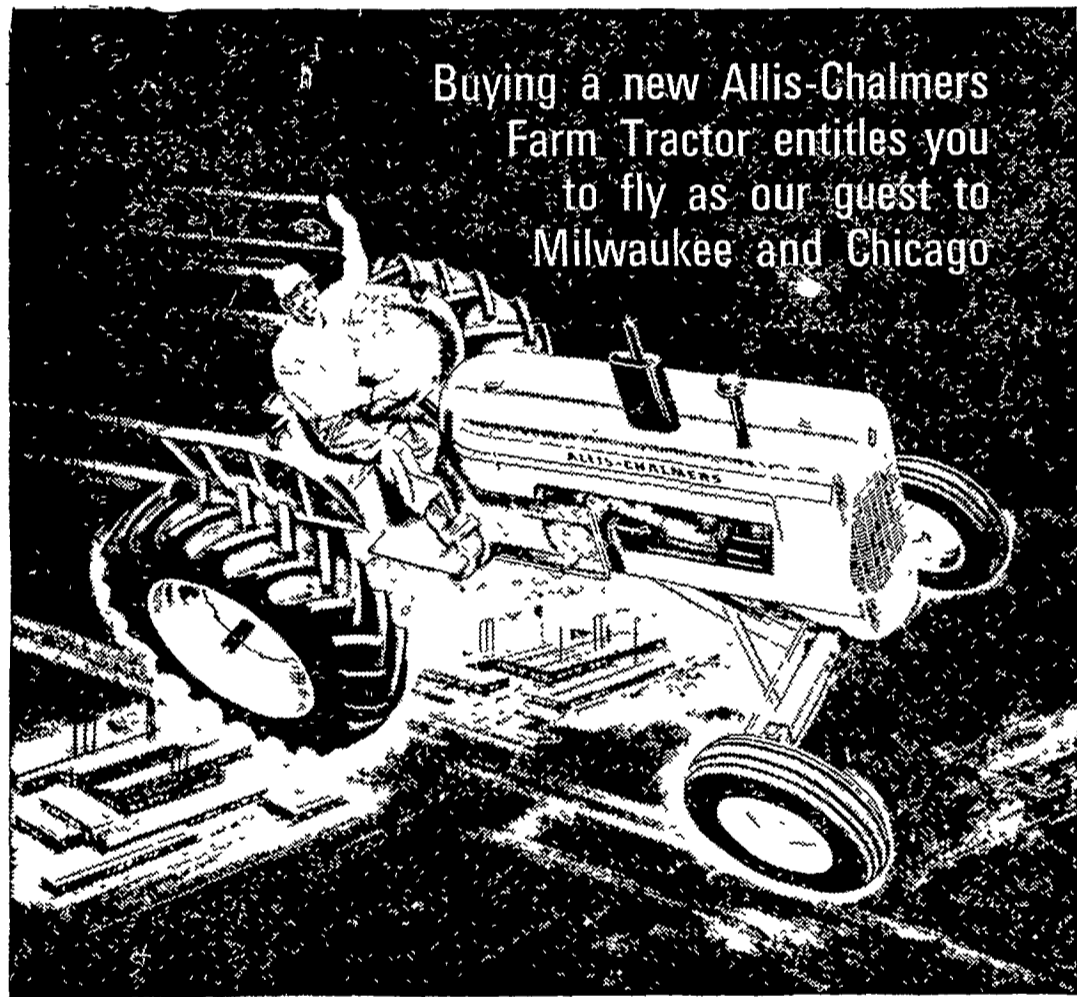
Receiving awards were: Ann Heisey, Linda Eshleman, Janet Frey, Donna Hossler, Kendace Borry, Florence Bixler, Jay Bixler and Virginia Wivell.

Mrs. Lewis Bixler, president, had charge of the meeting held at the Maytown Lutheran Church with members of Society 9 as guests. The Oct. 20 meeting will take place at the home of Mrs. Roy Forney Jr. Florin, with Mrs. Loretta Shank as the guest speaker.

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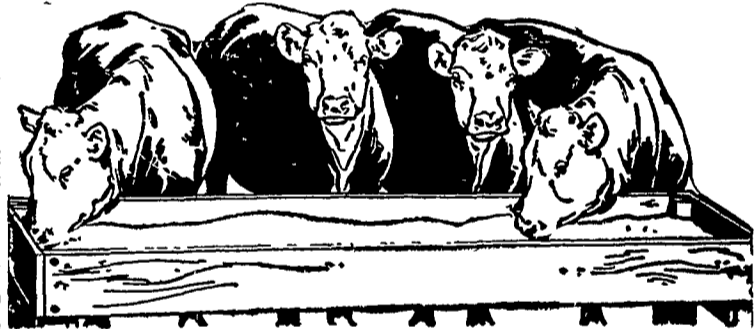
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