

1 teaspoon vanilla
¼ cup water

Combine condensed milk, butter and salt in small, heavy saucepan and bring to boil over moderate heat, stirring constantly. Boil 1 minute, stirring constantly. Remove from heat and add chocolate bits and vanilla; stir until blended and smooth. Stir in water gradually. Serve over ice cream or warm cake. Makes 2 cups.

SKILLET SUNDAE SAUCE

¼ cup butter
1 cup coarsely chopped walnuts
1 cup (6-ounces) chocolate bits

Melt butter in heavy skillet. Add walnuts and stir constantly over moderate heat till nicely browned. Remove from heat and add chocolate bits; stir till melted and smooth. Makes 1-¼ cups.

BUTTERSCOTCH ICE CREAM SAUCE

2 teaspoons cornstarch

¼ teaspoon salt
¾ cup orange juice
½ cup light corn syrup
¼ teaspoon peppermint extract
1 6-ounce package butter-scotch morsels
1 cup miniature marshmallows

Mix cornstarch and salt in saucepan. Combine orange juice, corn syrup and peppermint extract and stir in gradually. Cook over moderate heat till slightly thickened, stirring constantly. Add butterscotch morsels and stir till melted. Remove from heat and add marshmallows. Stir till partially dissolved. Serve warm over ice cream or cake. If sauce becomes too thick, reheat over hot water. Makes 2 cups.

Consumers used 9½ pounds of margarine in 1961 as compared to four pounds in 1946. The 9½ pounds is an all time record.

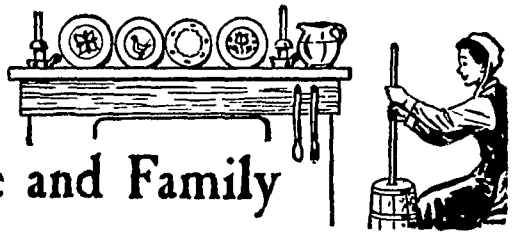
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For the Farm Wife and Family

Ladies, Have You Heard? . . .

By Jane Thurston

Sealing Failures In Home Canning

Leaving the wrong amount of headspace when filling jars. Follow instructions in your canning manual for amount of headspace to leave for the food you are canning.

Using jars for canning in which commercial food is sold. Commercial food jars are designed for use on high speed packing machine with caps developed for the product being packed.

Not taking time to get out all the air bubbles in the jar.

Failing to screw bands down evenly all the way around.

Screwing bands too tight. A band must be tight enough to hold the rubber sealing compound closely against the top of the jar.

Not screwing band tight enough.

Reusing lids. The lid of a two-piece metal cap should not be used more than once. This applies to all brands of lids.

Not removing particles of food, seeds, or seasonings from the top and threads of jar before putting on lid.

Letting pressure the canner fluctuate. This can cause food particles to be forced between jar and lid.

Feeding Your Preschool Child



THURSTON

The two-through five-year-old child has ideas of its own about food. It is helpful if you try to see food from his viewpoint. His feeling and his hunger influence his appetite. An angry child won't eat. An unhappy child picks at his food.

A preschooler is sensitive to the appearance, texture, flavor and temperature of foods.

The young child likes the pudding with the red cherries on top. He likes foods that are easy to eat, such as meat.

(Continued on Page 10)

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