

Picnic

(Continued from Page 8) aside

- 2 pounds pot roast
- ½ teaspoon salt
- ¼ teaspoon pepper
- 1 bay leaf
- 2 large boiling potatoes, peeled and sliced
- 4 carrots, cleaned and sliced lengthwise

Rub pot roast with salt and pepper; brown on grill. Pour half of barbecue sauce on large piece of heavy duty aluminum foil (about 18 x 24"). Place browned pot roast on foil and pour remaining sauce over. Add bay leaf. Fold foil together, sealing edges tightly. Place on grill about 12 inches from coals and bake 1-½ hours, turning once. Open carefully and place sliced potatoes and carrots on meat. Seal aluminum foil

and replace on grill to cook ½ hour longer. Remove from heat and serve.

Pineapple Upside-Down Ham Loaf is an elegant entree for a patio meal. Mixed with flour, sugar and cloves, the pineapple forms a golden glaze over the loaf when it is turned out on a serving platter. Garnish it with carrot curls and parsley sprigs. The loaf itself combines ground ham, pork and veal and can be sliced into a hearty eight to ten servings.

PINEAPPLE UPSIDE-DOWN HAM LOAF

- 1-½ cups (13-½-ounce can) crushed pineapple
- Milk
- 1 pound ground smoked ham
- ½ pound ground lean pork
- ½ pound ground veal
- 2 eggs, slightly beaten

- 4 cups corn flakes
- ½ teaspoon salt
- 2 tablespoons finely chopped green pepper
- 1-½ tablespoons flour
- ¼ cup brown sugar, firmly packed
- ⅓ teaspoon cloves

Drain pineapple, reserving syrup. Add enough milk to syrup to make one cup. Thoroughly combine meats, eggs, milk mixture, corn flakes, salt and green pepper. Mix together flour sugar and cloves; stir into pineapple. Spread over bottom of greased 9-½ x 5-½-inch loaf pan. Pack meat mixture lightly in pan over pineapple mixture. Bake in moderate oven (350 degrees) about 1 hour. Let stand a few minutes, then turn loaf upside down onto heated serving platter. Serve immediately. 8-10 servings.

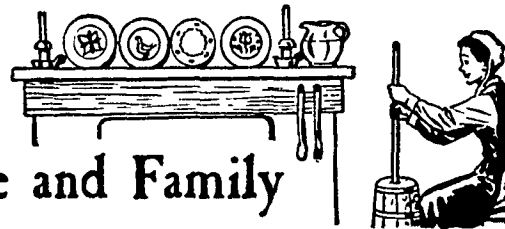
Meat Loaf, given a piquant flavor with molasses and spices, can be quickly prepared in quantity and easily sliced.

BARBECUED MEAT LOAF

- ½ cup molasses
- ½ cup prepared mustard
- ½ cup vinegar

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For the Farm Wife and Family



Ladies, Have You Heard? . . .

By Jane Thurston

These Thread Tips

Choose the right thread, then use the thread right.

Cut thread, never break it.

To thread it into a needle, cut thread on a slant.

To prevent snarling when hand sewing, do this . . . when taking thread off the spool, let the spool roll in one hand as you draw thread with the other. Cut thread not more than eighteen inches long. Thread the end you cut from the spool into the needle. As a general rule, don't double your thread.

For machine sewing, it's best to wind bobbin thread on an empty bobbin. See that the thread is wound evenly, even if you have to guide the thread with your finger as it goes on the bobbin. Sometimes a minor adjustment on the holder that holds the thread as it goes from the spool to the bobbin will keep the thread winding evenly. If



THURSTON

the thread breaks while stitching, check the threading. Refer to your machine manual to see exactly how to thread the (Continued on Page 13)

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