

**Best Food Buys**

**Watermelon and Cantaloupes**

With a mid-week holiday, essay to make an extra trip to the market. Alert food shoppers find it necessary to take advantage of late-week bargains.

merchandise will capitalize on this opportunity for increased sales, observes Tom Piper, Penn State Extension Marketing Agent. Shoppers are advised to study food ads carefully and to take advantage of late-week bargains.

Two summertime favorites—cantaloupes and watermelons—are now on the list of good buys as supplies are the heaviest and prices the lowest since last summer. Other good fruit buys include blueberries, raspberries, sweet and tart cherries, bananas, lemons and California oranges.

The red tart cherry crop is ready for harvesting in Adams County. Homemakers interested in canning or freezing cherries for later use are invited to visit the orchards in this area to procure their supplies. Opportunity to pick your own at discount prices exists at some orchards.

Harvesting of the 1962 apple crop is getting underway in some areas the season's first Lodi and Yellow Transparent apples are offered for sale at roadside stands and farmer's markets. Lower prices prevail on pineapples and southern peaches. Apricots, plums and grapes complete a colorful fruit display but first of season prices persist.

Supplies of fresh vegetables are increasing rapidly as more nearby states get into the act. Lettuce of all kinds is an excellent buy, so is cabbage, squash, snap beans, peas, green onions, cucumbers, endive and escarole. Celery prices are high as supplies are inadequate to satisfy demand.

Many States are in the tomato deal but markets are not overloaded and demand remains good. Harvesting got

underway this week in the Washington Borough area of Lancaster County. Sweet corn supplies are increasing and prices slightly lower.

Broiler-tenders (chicken parts), frozen turkeys, ground beef, steaks, frankfurters and canned hams will share the promotional spotlight at the meat counter. Eggs and dairy products including ice cream, continue at economical prices.

**Farm Women 20 Holds Picnic**

Members of the Society of Farm Women 20 spent the afternoon Thursday at the cabin of Mr. and Mrs. Hayes Hastings at Maric Forge. The women and children enjoyed swimming and sunbathing in the afternoon. They were joined by the husbands for a covered dish supper in the evening.

Mrs. Burton Gallimore, president, conducted a short business session. Roll call was answered by naming 'A Useful New Product That I Know Of.' The King-Anderson Bill was discussed. Mrs. Hastings and Mrs. Dale Miller were hostesses.

A family picnic will be held Thursday, Aug. 2, at Anderson's Pond, Oxford Rd. Mrs. Mervin Anderson will be hostess. Women and children will attend in the afternoon and the husbands will join the group for a covered dish supper.

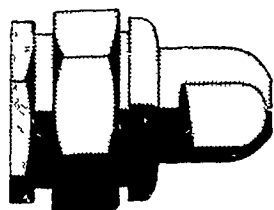
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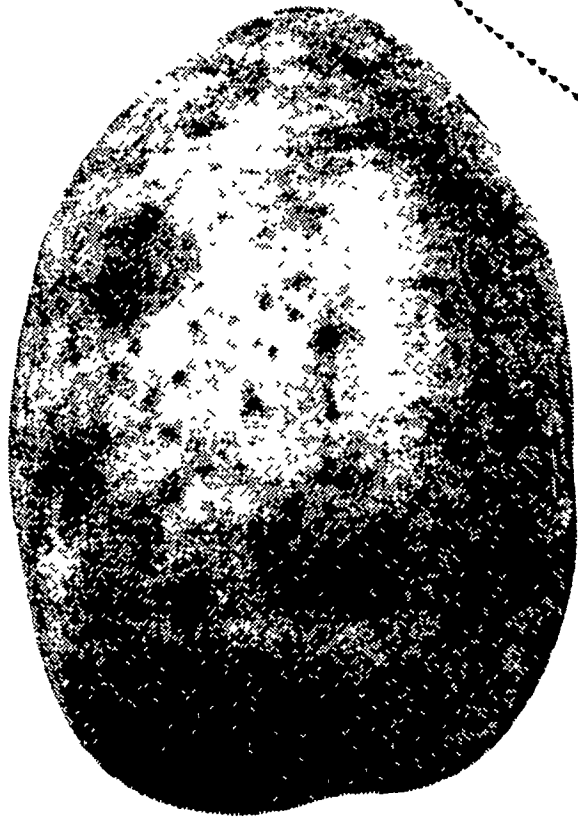


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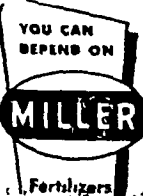
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