

For the Farm Wife and Family

Cookbook Review

By Mrs. Richard C. Spence

Today it is our pleasure to tell you about a cookbook compiled by the Women's Fellowship of the Mechanic Grove Church of the Brethren, Quarryville, Pa.

It is a 250-page, spiral bound book just crammed full of recipes, cooking suggestions and delightful illustrations. Many of the recipes date back through generations but all are favorites of the women who have submitted them. The book can be secured from any member of the church. If you are not in the vicinity and would like one of these cookbooks, write to Mrs. Charles Schreiber Stanton Rd Quarryville, or to Mrs. Mark Weaver, Strasburg, Pa.

We have picked some recipes at random to share with you today. The cookbook, entitled "Our Daily Bread", includes 13 chapters so it covers the whole field of eating very well.

DEEP SOUTH HUSH-PUPPIES

2 cups white corn meal
1 cup buttermilk

8 tablespoons finely chopped onion

Mix all ingredients. Drop with tablespoon into pan in which fish has been fried or in kettle with deep fat. When golden brown they are done.

Originally these were made in the deep south to quiet whining hound dogs as fishermen and hunters cooked around camp fires at night. The men tossed cakes to the dogs, calling "Hush, Puppy!" Hence the name.

BANANA TEA BREAD

1- $\frac{3}{4}$ cups sifted flour
 $\frac{3}{4}$ teaspoon soda
1- $\frac{1}{4}$ teaspoon cream of tartar

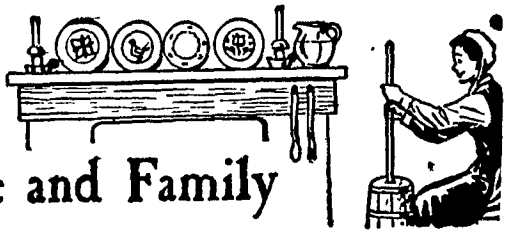
$\frac{1}{2}$ teaspoon salt
 $\frac{1}{3}$ cup shortening
 $\frac{2}{3}$ cup sugar
2 eggs, well beaten
1 cup mashed bananas
 $\frac{1}{2}$ cup crushed nuts

Sift the flour, salt, soda and cream of tartar together. Beat shortening until creamy and then add sugar gradually. Add eggs and beat well. Add dry ingredients alternately with crushed bananas. Pour batter into a greased loaf pan 8x4x3". Bake at 350 degrees for 1 hour. Serve in squares or slices. Slices may be buttered to make tiny sandwiches.

BIRDS NESTS

$\frac{1}{2}$ cup butter
 $\frac{1}{4}$ cup brown sugar
1 egg yolk, beaten
1 cup sifted flour
Cream butter and sugar, add egg yolk and flour. Form in small balls, dip in slightly beaten egg white. Roll in $\frac{1}{2}$ cup chopped nut meats. Press a small dent in centers. Bake at 350 degrees for 8 minutes. Remove, press centers again, and bake 10 minutes more. Fill centers with bright colored jelly.

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