

Refreshment Break

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 1-1/4 cups vanilla wafer crumbs
 1/2 cup flaked coconut
 Icing*
 Spread filberts in shallow pan, toast in 350 degree oven 5-10 minutes, stirring occasionally, until lightly browned. In saucepan, combine butter, sugar, cocoa, vanilla, salt and egg. Cook over low heat until mixture thickens and becomes glossy. Combine crumbs, filberts and coconut, add to cocoa mixture. Pack evenly in pan and spread with Icing*.
 *ICING
 1/2 cup butter
 1 egg
 1/2 teaspoon peppermint extract
 2 cups sifted confectioners sugar
 4 squares (4 ounces) semi-sweet chocolate.
 Cream butter, add egg and extract, beat well. Beat in sugar until smooth and

creamy. Spread over chocolate base. Chill until icing is firm. Melt chocolate over hot water; spread over icing. When partially set, cut into small oblong bars (approximately 1-1/4 x 1/2 inch). Refrigerate until ready to serve.

LEMON BERRY DESSERT

24 graham crackers
 1 package lemon chiffon pie filling mix
 1 teaspoon grated lemon rind
 1 quart fresh strawberries, sliced
 1 pint heavy cream, whipped
 1/4 cup confectioners' sugar
 Arrange 12 graham crackers in the bottom of a 9-inch square pan. Prepare lemon chiffon pie filling mix according to package directions. When filling stands in stiff peaks add grated lemon rind. Spread half of the filling over the crackers. Arrange half of the sliced strawberries in a layer on top of the lemon fill-

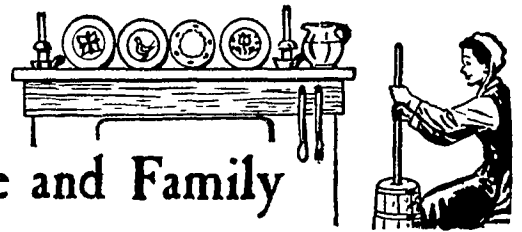
ing. Repeat layers with remaining crackers, filling and strawberries. Chill 3 hours. Cut into 9 squares. Frost sides with cream whipped with confectioners' sugar. Chill until ready to serve. Makes 9 servings.

DEVIL'S FOOD BROWNIES

2 squares (2 ounces) unsweetened chocolate
 1/2 cup shortening
 1 cup sugar
 2 eggs
 1 teaspoon vanilla flavoring
 1/4 cup sifted flour
 1/2 teaspoon baking powder
 1/2 teaspoon salt
 1/2 cup whole bran cereal with wheat germ
 Melt chocolate and shortening over hot but not boiling water. Remove from heat. Add sugar, eggs and vanilla; beat well. Sift together flour, baking powder and salt; add to chocolate mixture together with whole bran cereal and

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For the Farm Wife and Family



Ladies, Have You Heard? . . .

By Jane Thurston

How to Keep the Sick Child Occupied

A good way to keep the sick child occupied is to put his hands and his mind to work. You may need to try out different activities to see which ones are the most appealing.

Choose simple projects that the child can do comfortably without getting over-tired.

Try to provide a variety of toys and creative equipment because of the child's short interest span. Also choose objects he can use without spilling . . . crayons are fine, but fingerpaints are too messy while he's in bed.

Other ideas to keep the child occupied include soap carving, weaving with wool or raffia, modeling clay, puzzles, paper cutouts, and block printing.

Be sure to choose an activity within the child's ability and one that will keep him interested.

Reading aloud, telling stories, or playing games can be a part of keeping a child occupied while he's in bed, but no mother can expect to spend her entire time in the sick room.



THURSTON

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Cheese and ice cream may be substituted for part of the milk in the daily diet. A one-inch cube of cheddar cheese may be substituted for two-thirds cup of milk, an a half cup of ice cream for one-fourth

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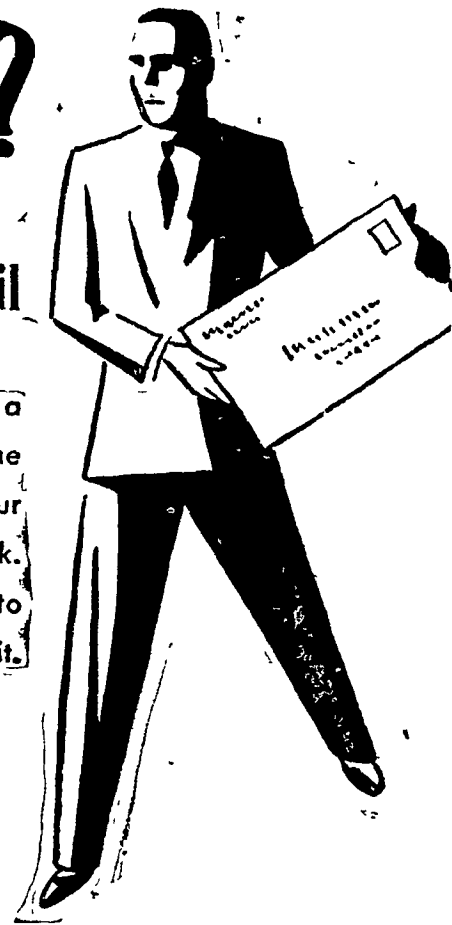
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