

Super-Quick Busy Day Dessert



Banana Icebox Pudding is a dessert that can be made in minutes, served with pride. It is just the answer for those busy days when meetings, "school taxing" or commuting mean dinner must be prepared in less than the usual time.

This dessert is super-quick because it's made with instant vanilla pudding mix that is prepared in one minute, ready to serve in fifteen. For this recipe you'll want a minute or two for arranging the bananas and vanilla wafers with the pudding, then let it chill while you enjoy dinner.

Banana Icebox Pudding

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|---------------------------------------|------------------------|
| 2 cups cold milk | 1 banana, sliced |
| 1 package vanilla instant pudding mix | Vanilla wafers |
| | Plain or whipped cream |

Pour milk into mixing bowl. Add pudding mix and beat slowly with egg beater just until well mixed, about 1 minute. Do not overbeat; mixture will be thin. Layer at once in serving dishes with banana slices and vanilla wafers. Chill 15 minutes. Serve with plain or whipped cream; garnish with banana slices and maraschino cherries, if desired. Makes 4 servings.

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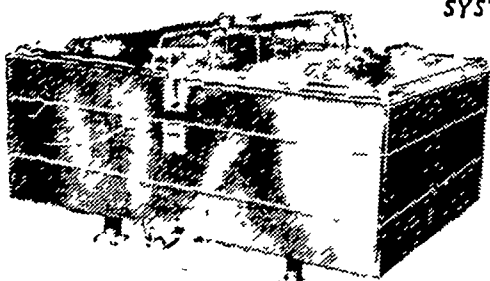
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Plant Breeders Seek To Produce New Sweet Corn

Detectives from the world of plant science are on the trail of sweet corn that will have twice the sugar content of any now grown. This was reported during a conference of vegetable growers and cannery fieldmen last week at the Pennsylvania State University.

Roy G Creech, researcher in vegetable plant breeding at Penn State, said he is testing several experimental lines of sweet corn having less than one-half the starch content of varieties now grown. Dr Creech is studying the genetic control of sugar and starch synthesis in corn endosperm in a search for genes and gene combinations affecting sugar retaining qualities.

Dr Creech has already found kernels from several experimental lines of corn that hold their low starch and high sugar content many days after harvest. He was

one of several researchers from the Agricultural Experiment Station speaking at the Pennsylvania Vegetable Growers' & Cannery Fieldmen's Conference.

"The next step," said Dr Creech, "is to breed these low starch, high sugar genes into new sweet corn hybrids. Such a development would improve sweet corn hybrids for both fresh market and processing. Standard sweet corn hybrids, without refrigeration, lose most of their quality by the time they reach the consumer," he added.

Two other Penn State scientists reported a possible method of identifying plant diseases. Through leaf analysis, Ernest L Bergman and John S Boyle, nutritionist and plant pathologist, have found that leaves of tomato plants infected with tobacco mosaic virus lack normal amounts of certain mineral elements.

In laboratory experiments, Bergman and Boyle noticed that the mineral composition of tissue from diseased foliage was strikingly different from healthy tissue.

"Leaf analysis may make possible a new avenue of identification for plant diseases," they stated. Their experiments along this line are the first large-scale studies regarding virus effects on mineral composition of mature plants.

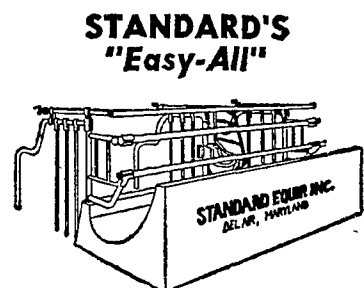
Amounts of copper and zinc found in plant leaves were reduced as much as 50 percent by the tobacco mosaic virus, leaf analysis showed. Aluminum, manganese and iron were also reduced significantly.

Boyle and Bergman are now experimenting to see whether tobacco mosaic virus interferes with metal absorption by tomato roots, translocation of minerals, or both. Studies will cover the mineral metabolism of virus infected plants as related to disease symptoms.

The present inhabitants of Israel came from over 70 nations and from all five continents.

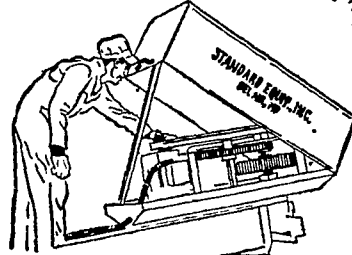
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