

teaspoon cinnamon  
 1/2 teaspoon nutmeg  
 1 cup boiling water  
 8 to 12 large ice cubes  
 1/2 teaspoon lemon juice  
 2 cups diced fresh apples,  
 (about 3 apples)  
 1 baked 9-inch pie shell

Combine gelatin, sugar, salt, and spices. Add boiling water and stir until gelatin is completely dissolved. Add ice cubes and stir constantly 2 to 3 minutes, or until gelatin starts to thicken. Remove unmelted ice. Add lemon juice and let stand two to three minutes. Then add apples. Stir. Pour into a pie shell. Chill until set about three hours. Serve with whipped cream or dessert topping, if desired. Serves 6 to 8.

**Peach Gem Pie:** Use recipe for Amber Apple Pie, substituting Orange gelatin and omitting sugar, salt, and spices. Substitute almond extract

for lemon juice and sliced fresh peaches for apples

**ROSY GLAZED APPLES**  
 1 3-oz. package strawberry gelatin  
 1 3-oz. package apple gelatin  
 1 1/2 cup boiling water  
 1 cup cold water  
 6 large red baking apples, cored  
 1 large stick cinnamon  
 6 whole cloves

Dissolve both packages of gelatin in boiling water; add cold water. Starting at stem end, pare off a 1-inch strip of skin around each apple. Place apples, stem end up, in a large skillet.

Pour gelatin syrup over apples in skillet. Add spices. Place skillet over medium heat and bring liquid to a boil. Cover; reduce heat. Simmer apple 15 minutes or until tender. Remove cover. Place skillet under broiler about 2 inches from heat. Broil apples, basting frequently, 15 minutes or until apples are glazed and lightly browned. Serve warm or

cool with syrup. Makes six servings.

**NOTE:** If apples are to be stored in refrigerator, pour syrup into a small pan and chill until set. Before serving, flake, rice, or dice the set syrup and arrange around each serving.

**JELLIED FRUIT SHORTCAKES**

1 3 oz. package gelatin (any red flavor)  
 1 cup boiling water  
 1 cup fruit juice and water  
 6 individual sponge short-cakes or sponge cake squares  
 1 cup diced fresh or drained frozen fruit or berries

Dissolve gelatin in boiling water. Add fruit juice and water. Cool to room temperature. Carefully pour 1 cup of cooled gelatin over short-cakes in serving dishes. Chill. Meanwhile, add fruit to remaining gelatin and chill until slightly thickened. Then top cakes with fruit mixture, pouring some of mixture on

outside of cakes to form a glaze. Chill until firm. Makes 6 servings.

**MILK SHERBET**

1 3-oz. package orange or grape gelatin  
 Dash of salt  
 1/2 cup sugar  
 1 cup boiling water  
 2 cups milk

Dissolve gelatin, salt, and sugar in boiling water. Chill until gelatin is cold and syrupy. Add milk gradually, stirring constantly. Pour into freezing tray of refrigerator and freeze until mixture is frozen about 1/2 inch around edge. Beat with egg beater until fluffy. Return to tray and freeze until firm, 4 1/2 to 5 hours. Makes 1 1/2 pints of sherbet.

Here is a recipe for a hearty casserole—

**SPAGHETTI - MEAT CASSEROLE**

1/4 cup chopped onion  
 1 pound pork sausage  
 1 pound ground beef  
 1 teaspoon basil  
 1 can (2 cups) tomato puree  
 2 tablespoons sugar  
 1 1/2 teaspoons Worcestershire sauce  
 1 4-oz. can whole mushroom caps  
 1/4 cup crumbled Bleu Cheese  
 2 cups cooked spaghetti  
 1/2 cup bread crumbs  
 1/2 cup chopped, blanched almonds

Saute onion, sausage, ground beef until lightly browned; drain off excess grease. Add basil, tomato

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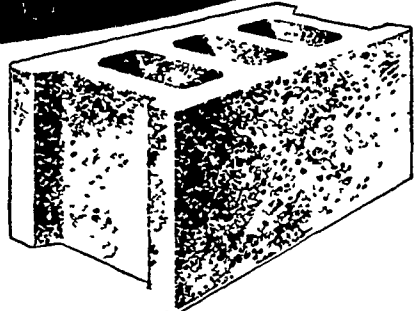
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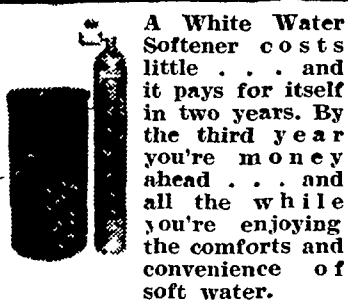
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