Best Food Buys Last Minute Shopping Bargains

will be crowded and shop- priced item in this group. items for the tension Marketing Agent.

Turkeys, ducks, geese, cawill dominate the scene at the pears will be available but meat counter Hams in both fully-cooked and cook-before - eating forms will share the feature position Hams and bacons will be suggested as gift items in many markets Large size eggs have joined the list of economical pro tein choices.

Colorful fresh fruits are buys too in popular demand at this season of the year Tangerines, oranges and grapefruit are in plentiful supply but dry weather has limited the family- size quantity, makes volume of large sizes

Food shopping will appear greatest economy, select the as one of the last items on small and medium size citrus the list of things to do be fruits California Navel orfore Christmas Foodmarkets anges will be the highest

pers would do well to pre- Stayman Winesap, Red Depare a shopping list in ad- licious and Rome Beauty apvance, making sure that all ples are in good supply. Christmas Cranberries, grapes with exmenu are inc'uded, suggests ception of the Ribier variety, Tom Piper, Penn State Ex- avocados, and Sugarloaf pine apples are in good supply and resonably priced. D'Anpons and roasting chickens jou, Bosc and some Bartlett at high prices

Peppers, cucumbers, eggplant, squash and celery are in ample supply and reasonably priced Tomatoes, including_green-wrapped & vineripened, are currently very low in price considering the season. Potatoes, sweet potatoes and carrots are good

Leftovers

(From page 7)

For only half the recipe, or make

the whole recipe and freeze a portion of it.

Sweet potatoes are always good with turkey-

FRUIT 'N NUT TOPPED SWEET POTATOES

1/2 stick (1/4 cup) butter or margarine

4 cups cooked, mashed sweet potatoes

 $\frac{1}{2}$ cup chopped pecans 1/3 cup drained pineapple tidbits

½ cup cut marshmallows Place mashed . sweet potatoes in an 11x7x1½ inch baking dish which has been rubbed with butter. Dot with half of the butter. Bake in a moderate oven (350 degrees) for about 15 minutes.

To make topping, melt remaining butter in a skillet. Add nuts and pineapple and saute for about 5 minutes Remove from heat. Stir in marshmallows. Spoon topping over sweet potatoes Slip under the broiler for 2 to 3 minutes or until marsh mallows are toasted

FROSTÈD SWEET POTATOES on PINEAPPLE 8 slices, canned pineapple,

drained 2% cups cooked, mashed sweet potatoes

1/2 cup dairy soured cream 1 teaspoon salt

2 tablespoons pineapple syrup

cream

1 to 2 tablespoons light brown sugar

Place pincapple slices on a cookie sheet. Whip sweet potatoes until they are fluffy. Add ½ cup sour cream, salt and pineapple syrup Whip until smooth Spoon 1/2 cup of sweet potato mixture

pineapple slices. "Dab" the 2 tablespoons of sour cream on 2 tablespoons dairy soured the mounds. Sprinkle brown sugar-on top. Bake in a moderate oven (325 degrees) a bout 30 minutes.

> NOTE: These may be prepared ahead of time, refirig erated, and put in"the oven to heat just before serving

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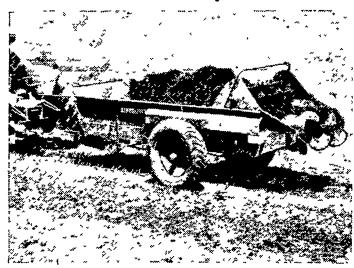
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