

FALLOUT AND RADIOACTIVITY

Poor Diet Worse Than Fallout

In view of the recent scare over contamination of milk by radioactive fallout from USSR bomb tests, the Pennsylvania Association of Milk Dealers would like to bring several points to the attention of the public, G. Donald Siemer, of the association said this week.

Here are a few points Pennsylvania's milk dealers would like to bring to your attention.

1 **Fallout affects all food.** Milk has been singled out for greater publicity because it makes an excellent test indicator for the entire food supply. Milk is produced everywhere and during all the seasons, other food is not. The use of milk as a yardstick does not mean it is contaminated to a greater degree.

2 **Cows screen most of the Strontium 90 from milk.** About 7/8 of the Strontium 90 present in plant crops is screened by the cows in producing milk. Nature's way of protecting the cow's young, acts as an effective Strontium 90 barrier for humans.

3 **High calcium diets reject Strontium 90.**

Strontium 90 is similar to calcium and can get into human bones in place of calcium. However, if sufficient calcium is present in the diet, the body will accept calcium and reject the Strontium 90. High milk diets can cut down on Strontium 90 intake.

4 **Poor diets are more harmful than fallout.**

Tampering with established and balanced American diets could cause more trouble than possible fallout effects from consuming food. For instance, excluding milk products because of fear of fallout means removing 1/4

Holstein Assn. Elects Directors

The Lancaster County Holstein Friesian Association elected three directors to three-year terms at the annual meeting and banquet of the association Monday night.

John S. Shelly, Manheim R1; Everett Newswanger, of Kunzer, and Elam Bollinger, Manheim R1, were elected to replace Melvin Peifer, of Willow Street R2; Elvin Hess, Jr., Strasburg R1 and Robert C. Groff, Quarryville R3 on the board of directors.

The more than 225 members present at the banquet in the Town and Country Inn in Vintage heard William Nickol, State Secretary and Fieldman of the Holstein Friesian Association say, Lancaster County with 426 members is the largest club in the state.

He said the state now has 4,038 members and 305 head of registered cattle were exhibited in the state show.

He encouraged members to speak of Registered Holstein Cattle rather than just outbred Holsteins. Registered cattle are worth more

Gallon Sales Cause Dispute On Milk Board

Contention broke out in the Pennsylvania Milk Control Commission this week over the postponement of the effective date of discount prices for milk sold in gallon containers in western Pennsylvania.

The three-member commission acted at a closed meeting last Thursday to postpone the effective date of the price from Dec. 1 to Jan. 1.

Commissioner John Smith, Dickinson, Cumberland Co., said the postponement was made by the other two members of the commission without notifying him of the meeting.

"The meeting that decided this postponement was held Thursday afternoon," Smith declared. "I was not advised of the meeting and was not there. Had I been there, I would have opposed this postponement."

The other members of the commission are Simon K. Uhl, of Somerset, and Emer-

because there is a written record of the production of the ancestors of the animal. Registered animals in a herd will give a dairyman added prestige and a better credit rating, he said.

President Henry Kettering was toastmaster.

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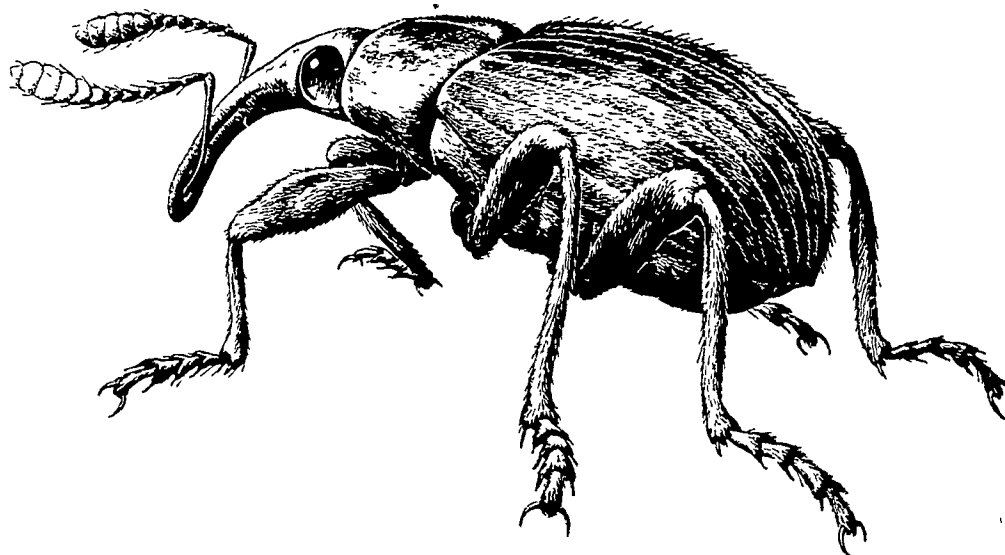
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