

**● Good Breakfasts**  
(From page 9)

co sauce to the milk or cream)

Arrange baking dishes on cookie sheet Bake in a moderate oven 15 to 18 minutes or until of desired firmness.

**SCRAMBLED EGGS WITH CREAM CHEESE**

No trick at all—for 6 eggs and 1/2 cup milk (try scrambling them in butter—in a double boiler), fold in 1 to 1 1/2 three-ounce packages of cream cheese, cut in small pieces, just before the eggs are set You might like to include chopped chives among the seasonings

**NEW ZIP FOR AN OLD FAVORITE - OATMEAL**

Spice your oatmeal with zest and variety by adding fresh fruit or a sugar-sweet topping For the flavor cooked right in, try blending pineapple chunks or maple syrup with oatmeal while it is cooking For a slight tartness, stir in applesauce

There are all kinds of ways you can top a bowl of oatmeal to give it your individual touch Try sprinkling a few chocolate chips over the top Butter melts on hot oatmeal to give it an extra rich, delicious flavor, and cinnamon-sugar gives it a sweet, spicy taste you'll love And don't forget the variety of fresh, canned or dried fruits you can use for toppings

**TIPS FOR OATMEAL COOKING:**

1) If your family breakfasts in "shifts," keep the oatmeal hot in a double broiler

2) Try making it with part milk, substituting nutrition-rich milk for 1/2 the water

3) Rinse the pan in cold water right after you serve the oatmeal so it will be easy to wash

**RAISIN SPICE OATMEAL**

4 cups water  
1 teaspoon salt  
1 teaspoon cinnamon  
1/4 teaspoon nutmeg  
1/2 cup raisins  
2 cups rolled oats, quick or old-fashioned

Bring water, salt, spices & raisins to boil Stir oats into briskly boiling water Cook one minute for quick oats (five minutes or longer for old-fashioned oats) Stir occasionally. Cover pan; remove from heat and let stand a few minutes Serve with brown sugar and milk or cream Makes 4 to 6 servings.

Patronize Lancaster Farming Advertisers.

Statement required by the act of August 24, 1912 as amended by the acts of March 3 1933, July 2, 1946 and June 11, 1960 (74 Stat 208) showing the ownership, management, and circulation of Lancaster Farming published weekly at Lancaster, Pennsylvania for October 1, 1961

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Sworn to and subscribed before me this 28th day of September, 1961. Mary M McCune (My commission expires May 31 1964)

**PSU Field Day Shows Growers Tomato Picker**

New machines for harvesting tomatoes brought visitors from 15 counties and four states to the Vegetable Field Day near Pine Grove Mills recently at the Horticultural Research Farm of the Pennsylvania State University

A morning crowd of 80 doubled by early afternoon to watch the machinery demonstrations On hand were many of the State's leading vegetable growers as well as representatives of seed, canning companies and chemical companies and near-by residents.

While impressed with future possibilities, most on-lookers thought the new tomato harvesters need refinement (Turn to page 11)



COUNTY VEGETABLE GROWERS found the Cherokee yellow wax bear "hard to beat" at the Vegetable Field Day recently at the Pennsylvania State University Researcher Charles J Noll, left, is shown with Paul Rowe of Strasburg, John W Eby of Gordonville R1, and Amos Funk of Millersville R1 Funk described the activities of the Pennsylvania Vegetable Growers Association of which he is President

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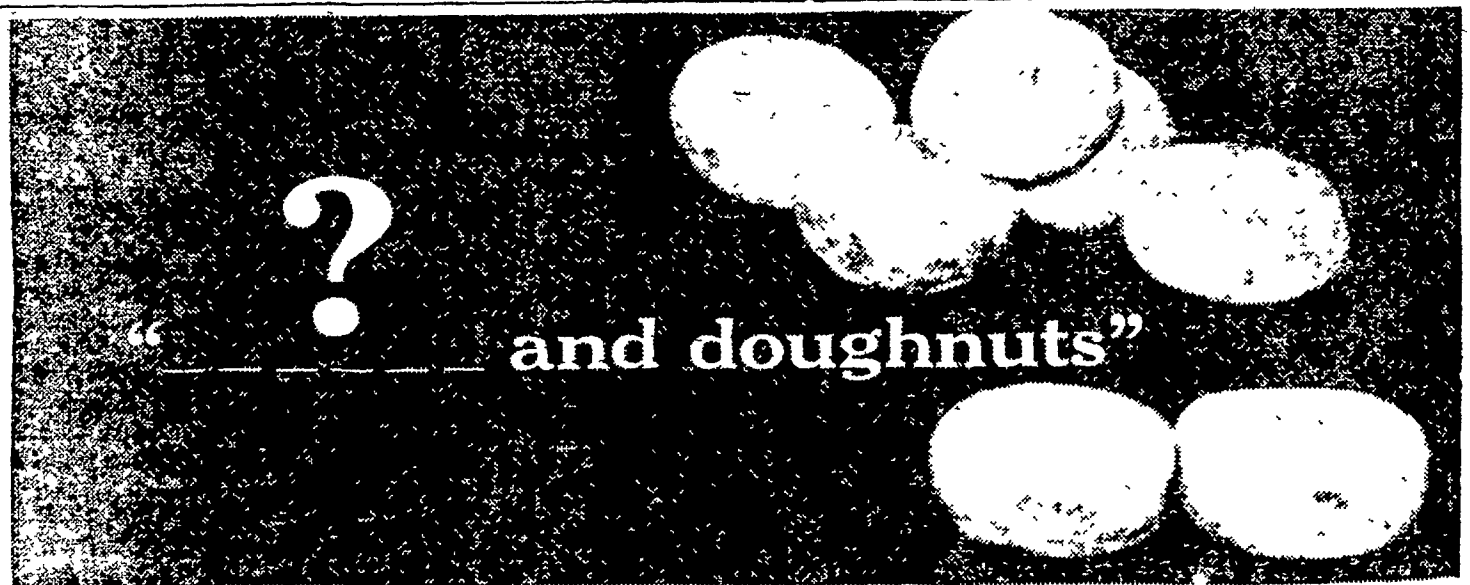
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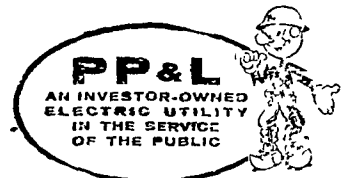
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Answer—Coffee and Doughnuts