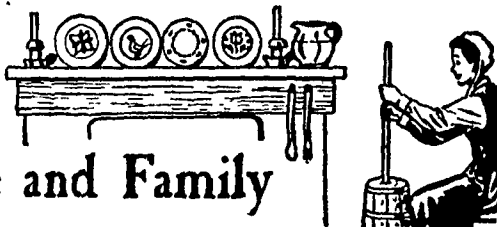


For the Farm Wife and Family



Desserts For Autumn

By Mrs. Richard C. Spence

Afternoons are crisp and sun-splashed, evenings are chilly and moonfilled and the dishes you find the most appealing are those fairly bursting with pungent spices.

This is the time when a dessert made of fresh fruit is a fine selection for meal's end. Apples are at their peak; succulent and juicy, they are a treat whether munched out of hand, gently sweetened and spiced before simmering to sauce, or baked in a pie shell or upside-down cake.

Upside-down-cakes feature numerous fruits, but none is more satisfying than this

slices flavored by butter are one boasting apples. Apple topped by a batter and after baking emerge cinnamon sprinkled and delectable on top of the cake. Buttermilk makes this cake extra tender and light, lending the same wonderful flavor and qualities that it gives to all baked goods.

SPICY APPLE UPSIDE-DOWN-CAKE

¼ cup butter (½ stick)
1 cup firmly packed light brown sugar
2 cups peeled and sliced tart apples
2 tablespoons chopped walnuts
Cinnamon
1½ cups sifted flour
½ teaspoon cloves
½ teaspoon cinnamon
¼ teaspoon allspice
½ teaspoon baking soda
¼ teaspoon salt
1 teaspoon baking powder
½ cup butter
1 cup firmly packed light brown sugar
1 egg
½ cup buttermilk

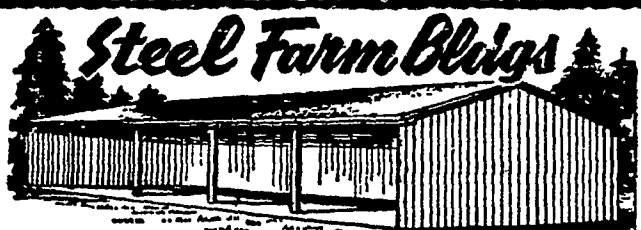
Put ¼ cup butter in pan and set in oven to melt. Use an 8-inch square cake pan. Remove and sprinkle with light brown sugar. Arrange apple slices in rows. Sprinkle with chopped walnuts and cinnamon. Set aside. Sift together dry ingredients. Cream ½ cup butter. Add brown sugar and mix well. Blend in egg. Add dry ingredients alternately with the buttermilk. Pour batter over apple slices in pan. Bake 30-40 minutes in a 375 degree oven or until cake tests done. Invert on large plate. Let stand 5 minutes. Remove pan. May be served with ice cream if desired.

Crunchy apple pieces make a pleasant change from the soft fruit usually used in gelatin. Tart cooking apples are the best choice; their sharp taste contrasts well with the sweeter flavor of the pineapple also used. To unmold a gelatin dish simply and successfully: dip mold in warm water to the depth of the gelatin. Loosen around edge with the tip of a paring knife. Place serving dish on top of the mold and turn upside down. Shake, holding serving dish tightly to the mold. Repeat, if gelatin does not unmold readily.

PINK APPLE DESSERT

1 #2 (1 pound 4 ounces) can crushed pineapple
1 cup liquid (pineapple juice plus water)
1 package strawberry-flavored gelatin
2 large tart apples, cut up
½ cup chopped walnuts
1½ cups whipping cream, whipped
Drain crushed pineapple

Apples combine with every dairy product, and whipped cream and apples make an unusually tasty duet. The gentle snowy peaks of whipped cream lend a delicately soft and velvety consistency to gelatin transforming it to a mousse as in this Pink Apple Dessert.



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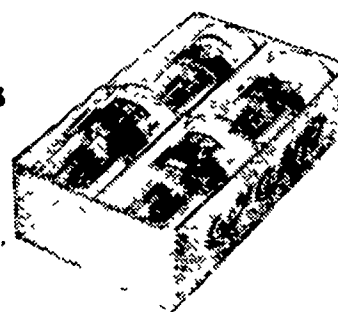
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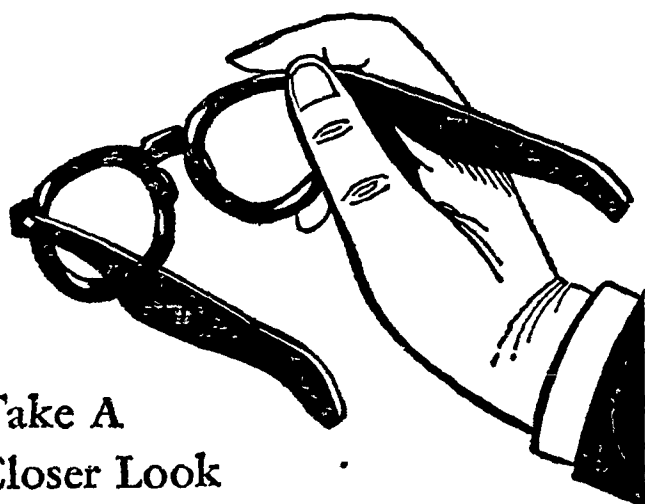
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