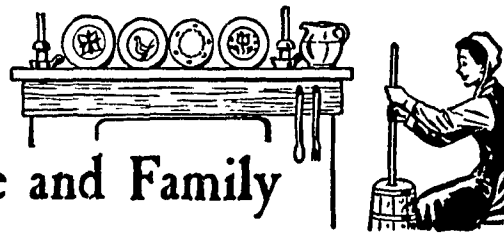


For the Farm Wife and Family



Ice Cream Treats

By Mrs. Richard C. Spence

To most children, the soda fountain is a palace of wonders, with its crown jewel, the Banana Split! Even as adults, we still feel delightful anticipation at the thought of this regal ice cream dish. For this reason, the banana split is an excellent choice for company refreshments.

Ice cream, dressed up fancy as a banana split or served straight from the carton is unquestionably the nation's favorite dessert. Modern processing methods have served to develop an ice cream that is creamy-smooth and purely-delicious.

All of the nutritional advantages for which milk is famous are found in ice cream, plus an additional bonus in energy, thanks to the sugar content. Mothers who find youngsters reluctant to drink milk will usually find eager acceptance for ice cream.

The "Banana Split, in Miniature" is a clever variation on an age-old theme. Serve it next time you entertain, along with a variety of sauces, and let each guest satisfy an ambition he has probably entertained since childhood, to play "soda jerk."

BANANA SPLITS IN MINIATURE

- 1 pint chocolate ice cream
- 1 pint vanilla ice cream
- 2 large bananas
- Marachino cherries
- Whipped cream

Slice 4 equal pieces from the large side of the chocolate ice cream brick. Cut each of these pieces in half, lengthwise, making 8 equal "sticks". Freeze hard for easier handling. Repeat for vanilla ice cream brick.

Cut peeled bananas in half and each half in half lengthwise. Place a "stick" of chocolate ice cream, a banana slice, and a "stick" of vanilla ice cream side by side on a plate. Fasten the split together by putting a wooden pick through the middle of the three pieces. Top the split with a cherry.

Just before serving sur-

round the cherry with whipped cream. Serve with chocolate, butter scotch or Pink and White Peppermint Sauce.

PINK & WHITE PEPPERMINT SAUCE

- ½ cup sugar
- 1 tablespoon cornstarch
- ½ teaspoon salt
- 1 cup boiling water
- 2 tablespoons butter
- ¼ teaspoon vanilla extract
- ¼ teaspoon wintergreen extract

½ cup crushed peppermint candy (pieces should be the size of small peas).

Combine Sugar, cornstarch and salt together in a saucepan. Blend well. Add boiling water. Heat until sauce boils, stirring constantly. Boil gently for about 3 minutes. Remove from heat. Add butter, vanilla and wintergreen extract. When sauce is lukewarm add peppermint candy and stir well. The candy should be only partially melted to give a crunchy texture. Serve over ice cream.

Pink 'N White Surprise Cake will truly be a surprise.

It looks like a cake—as it is made in a square cake pan, frosted with sweetened whipped cream and decorated with colorful garnishes of tart red raspberry jam.

But after that first unsuspecting bite, you'll know it's delicious vanilla and strawberry ice creams you're enjoying. Though vanilla and strawberry are popular ice cream teammates, other ice creams can be attractively combined. These should be garnished with colorful jams or jellies that prove the most complementary.

For a fun-filled treat, surprise your friends with this ice cream cake that can be conveniently frozen till needed. Trench slipped out of the freezer, lavishly swirled with whipped cream and decorated with jelly before returning to the freezer, for a last minute firming.

PINK 'N WHITE SURPRISE CAKE

- 1 quart vanilla ice cream
- 1 quart strawberry ice cream
- 1 cup whipping cream

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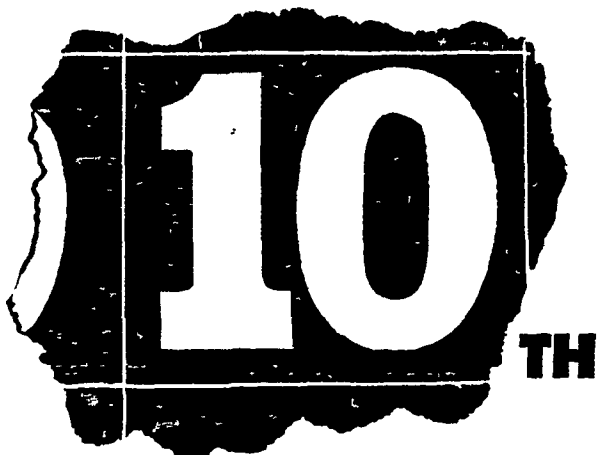
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