(From page 16)

flour 1/2 cup butter or margarine, melted

25 cup sugar

2 teaspoons cinnamon

mix thoroughly, and knead Yield: 18 puffs intil smooth and elastic. Avoid working in too much four while kneading.) Form into a ball, place in greased bowl, turn dough once to

grease top. Cover and let rise until doubled in bulk. Punch down cover and let rise 10 minutes. Half fill greased 21/2x11/4 muffen pans with balls of dough. Cover Pour 34 cup hot milk over and let rise until doubled in whole bran cereal, fat, ¼ cup bulk. Bake in oven (375 sugar, and salt; stir until fat degrees) until done, about 20 kets until tender. Cool. Mash

> SWEET POTATO BALLS 2 cups mashed sweet potatoes (4 medium)

1½ tablespoons butter or

Plain

margarine 1 teaspoon salt 1/2 teaspoon nutmeg 6 marshmallows 2 cups bite-size shredded corn biscuits, crushed to $1\frac{1}{2}$ cups Boil sweet potatoes in jac-

dissolved. Cool remaining minutes While still warm, Add butter or margarine, cup milk to lukewarm, roll first in melted butter or salt, and nutmeg. Blend well. add crumbled yeast, and stir margarine, then in % cup Shape potato around marsh- hot buttered bite-size shred-until smooth. Add to bran sugar and cinnamon which mallows. Roll balls in cereal ded wheat biscuits. 6 servmixture. Add egg and flour, have been mixed together. crumbs. Bake on buttered ings. cookie sheet in a slow oven (325 degrees) about one hour, or until browned. Yield: six servings.

CREAMED CHICKEN

¼ cup butter or margarine 1/4 cup chicken fat 34 teaspoon salt

1/2 teaspoon_garlic salt 1/3 cup all-purpose flour 3 cups milk or 1½ cups each milk and chicken

seasonings and flour. Add to fat and stir until smooth. Remove from heat. Add milk and stir until mixed. Cook over low heat, stirring consauce stant'y, until has thickened. Add chicken and peas, heat thoroughly. Serve in heated casserole. Top with



salt



TOPPING

1/3 cup melted butter or margarine 2 cups bite-size shredded wheat biscuits

34 teaspoon salt

roasting pan. Heat butter or Melt butter or margarine margarine until me'ted; stir in shallaw baking pan. Add in Worchestershire sauce and bite-size shredded wheat bis- seasonings. Pour over the cuits. Sprinkle with salt Mix cereal mixture and mix well. carefully. Heat in moderate Bake in a slow oven (300 deoven (375 degrees) for 20 grees) stirring every 10 minminutes, stirring gently after utes or so, for about 30 min-10 minutes.

SNACK MIX

rice biscuits

ine

 $\frac{1}{2}$ to 1 teaspoon garlic

1 teaspoon onion salt

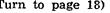
1 teaspoon celery salt

Mix cereals, pretzel sticks

broken into small pieces,

and salted peanuts in a

large oblong baking pan or



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