

### ● The Egg

(From page 9)

etc.

Or grease and line the bottom of a 10 inch tube pan with waxed paper. Grease the paper.

Grate carrots (you should have  $\frac{3}{4}$  cup, firmly packed), grind nuts fine. Mix carrots, nuts, bread crumbs, spices together in a large mixing bowl. (Note, no flour needed—bread crumbs, take its place.) Separate yolks from whites of eggs. Beat yolks, sugar, lemon rind and juice diligently until they look thick and creamy. Use a rotary or electric mixer. Now beat whites until they hold a peak. Stir yolk mixtures into carrot mixture. Fold or mix egg whites in gently until all white patches disappear.

Spoon into pan. Bake 45

to 60 minutes or until cake tester comes out dry when tested in center of cake. Cool. Remove from pan. This delicious delicacy tastes even better when mellowed 2 to 3 days.

To be really traditional, spoon a glaze made from two cups confectioners' sugar, 4 to 4½ tablespoons water and ½ teaspoon lemon extract over the top of the cake. Then make little golden carrots from almond paste (recipe in most general cookbooks) and rim the cake with these miniatures.

#### 7-MINUTE CARAMEL FROSTING

3 egg whites, unbeaten  
2½ cups brown sugar  
½ cup cold water  
Dash of salt  
Add ingredients together in top of double boiler and beat until blended. Now cook

over boiling water until frosting stands in peaks. Add flavoring—you can use vanilla or maple, if you prefer. Frost cake when cake is cool

#### FRENCH TOAST

3 eggs, slightly beaten  
½ teaspoon salt  
1 teaspoon sugar  
1 cup milk  
6 to 8 slices (2 to 3-day old) bread  
Fat for frying  
Combine eggs, salt, sugar and milk in shallow dish. Dip bread in egg mixture turning to moisten. Brown on 1 side on well-greased griddle or frying pan, turn and brown the other side. Add fat as necessary to keep from sticking. Serve with crisp bacon. Makes 6 servings.

#### EGG DROP SOUP

Heat one 10½ ounce can

chicken rice soup. Drop one raw egg into hot soup and stir immediately. Serve.

QR—Heat 8 or 10 ounces chicken broth. Drop 1 raw egg into hot broth and stir immediately. Serve with or without grated cheese sprinkled on top or soup.

of the milk into the beaten eggs, stirring constantly. Add egg and milk mixture to remaining milk and stir. Add ham. Pour mixture over spaghetti in casserole and mix lightly and thoroughly. Top with minced parsley. Bake in moderate oven (350 degrees) for 20 minutes until browned and bubbly. Makes 4 to 6 servings.

#### GERMAN HAM SPAGHETTI

8 ounces spaghetti  
1 cup milk  
2½ ounces gruyere cheese, diced  
2 eggs, beaten  
2 cups chopped cooked ham  
1 tablespoon minced parsley  
Cook spaghetti. Drain and place in lightly greased 2-quart casserole. Scald milk, add cheese and heat until cheese melts. Pour a little

Farmer: "You're the laziest man I ever saw. Isn't there a single thing you are quick at?"

Hired Man: "Yes, I get tired quick"

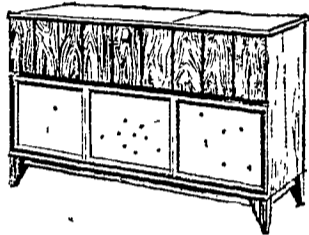
Tailor: "How would you like a belt in the back and a cuff on the pants?"

Tough customer: "And how would you like a sock cheese melts. Pour a little on the jaw?"

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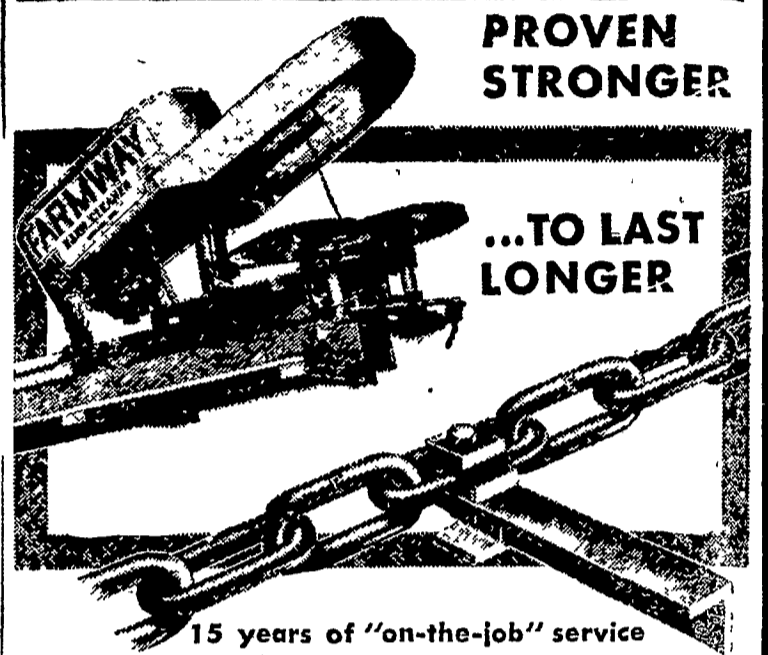
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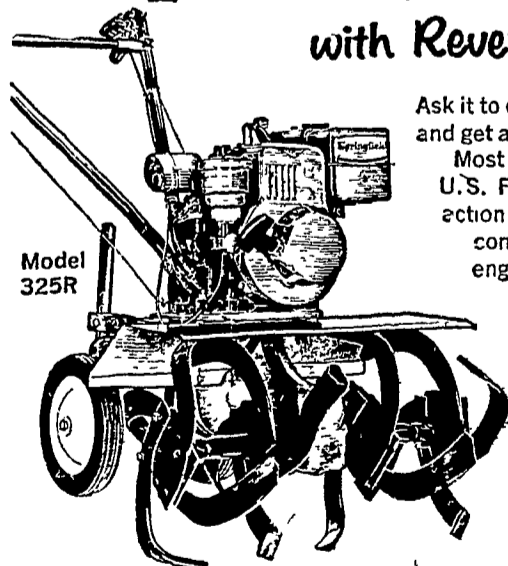
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