ummerse the mold just to the molded on crisp greens. Intop in lukewarni water-hot dividual molds may be turnwater will melt the mold. ed out directly on greens. Shake mold to loosen gelatin. Place serving dish over top of mold, invert, and lift mold off carefully.

For large molds moisten the serving plate and unmold as lettuce, a towel.

Surround large molds with tops, and mustard greens salad greens after unmold- may be added to tossed sal-

**Bulk Spreading Service** 

in warm water. Then quickly ing; they may break if un- ads.

#### SALAD GREENS

Put flavor, color, and tex-

ture interest into salads by using a variety of salad greens such as some of the surface of the gelatin and the following. leaf lettuce, head escarole, Chinese directed above. When the cabbage, watercress, romaine, two surfaces are wet, it's chickory or curly endive, easy to center the mold. Re- Boston lettuce, bibb lettuce move excess moisture with and French endive Tender young spinach leaves, celery

Fresh crisp greens are essential to salad making success, so select the best quality available, and clean and refrigerate them as soon as possible after purchase.

First, remove any wilted parts from salad greens, then wash well in lukewarm water. No, it won't wilt them and is best for thorough cleaning.

After washing, drain in a wire rack, on paper towels. or pat dry with a soft towel. Greens must be thoroughly dry for attractive salads.

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To separate a head of let- canned fruit syrup and use tuce into cups, cut out core as a fruit salad topping. with point of knife; hold op- (Blend about 2 tablespoons ening under cold running syrup with 1 3-oz. package water until leaves are forced cream cheese.) apart.

Once greens are cleaned, store in the refrigerator in a one of the following. cocoavegetable crisper or plastic nut (plain or toasted). walnuts or pecans, slivered albag to chill and crisp. monds, chopped candied gin-

Wash parsley, watercress, or mint as directed above, but store in a tightly covered container (A jar is conven- fort with mayonnaise for a ient.)

#### SALAD DRESSINGS AND TOPPINGS

Add sparkle to salads with extra-good salad dressings, toppings, and garnishes. The following suggestions give you many a "quick change trick" for every day favorites

Try for contrast in texture, flavor, and color when choosing salad dressings, toppings, and garnishes.

Serve salad dressing with the salad or pass it at he table. For fruit salads, thin mayonnaise to any desired consistency with canned fruit

syrup Soften cream cheese with

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Sprinkle fruit salads with

ger, or maraschino cherries.

nippy topping

Mix blue cheese or Roque-

For vegetable salads add deviled ham, sweet relish,

chopped sweet or dill pickles

chopped studied green or

Turn to page 81

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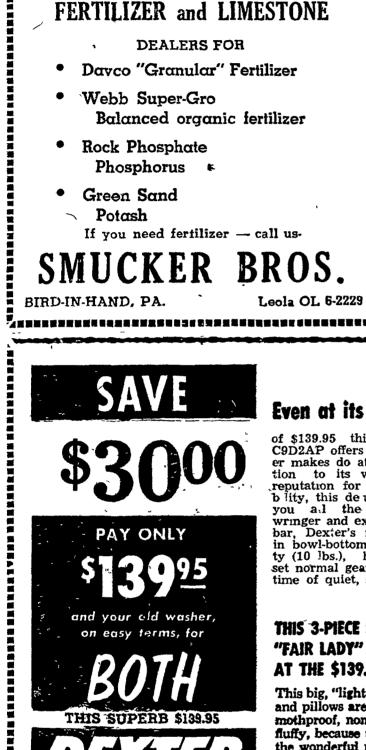
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