

● Menu

(From page 7)

warm water and drain well. Meanwhile, cook onion in butter or margarine about 5 minutes. Add celery soup, milk, water and seasonings. Mix well. Reserve 4 sausages and cut remaining links into 1/2-inch pieces. Combine macaroni, meat pieces and celery soup mixture. Turn into greased 2-quart casserole. Cut reserved sausages in half and arrange over top of casserole like spokes of a wheel. Bake in moderate oven (350 degrees) about 25 minutes. Makes 4 to 6 servings.

**CORN-SAUSAGE BAKE**

1 pound sausage meat  
10 1/2 ounce can condensed green pea soup  
1/2 soup can milk  
2 1/2 cups crumbled ritz crackers  
12 ounce can whole kernel corn

Cook sausage meat in skillet over low heat. Drain. Mix soup and milk. Crumble the crackers, and stir into soup. Layer cracker mixture, corn and sausage meat in casserole, having top layer corn and sausage meat. Bake in a moderate oven (350 degrees) 40 minutes. Serves 4 to 6.

**SAUSAGE APPLE BAKE**

1/4 pound saltines, crushed

3 eggs, beaten  
1/4 teaspoon cinnamon  
1/4 teaspoon pepper  
2 large apples, peeled, cored and chopped  
1 pound sausage meat  
1/4 cup brown sugar  
1/4 cup melted butter or margarine  
1 cup apple slices

Combine cracker crumbs, eggs, cinnamon, pepper and chopped apples. Slice sausage meat and cook over low heat. Drain on paper towels. Mix brown sugar and melted butter or margarine in bottom of 9-inch round glass baking dish. Arrange apple slices and sausage meat slices on top of brown sugar mixture. Pack cracker mixture on top of apple and sausage meat. Cover and bake in moderate oven (350 degrees) one hour. To serve, invert over serving plate and cut pie-fashion. Makes 6 to 8 servings.

Other pork cuts that are growing in popularity are back ribs, country ribs, and spareribs. Back ribs and country ribs have a high proportion of lean to fat. These cuts are often made from the familiar rib roast by splitting diagonally thru the bone and meat rib eye. This leaves a portion of lean on the backbone and an equal amount of lean pork on the small ribs. The spareribs are cut from the pieces used for making bacon. All three kinds of ribs lend themselves especially well to barbecuing, whether the barbecue sauce is added to the ribs as they cook in the oven or in the outdoor grill or rotisserie.

Spareribs are particularly tasty cooked with sauerkraut. Often the modern cook first

**Best Food Buys  
Prime and Choice Beef Higher**

Food shoppers will be greeted by slightly higher prices on prime and choice grades of beef this weekend, reports Tom Piper, Penn State Extension Marketing Agent. Farmers have been holding their beef cattle on the farms to feed away soft corn supplies from the recent harvest. With current demand exceeding the supply, retail beef prices are forced to higher levels.

Chicken will be the best buy of the week at the meat counter in many retail food stores. During January, marketings of chickens are expected to be up about 12 per cent from the previous year with price levels attractive to consumers. Some retailers will feature pork chops and roasts but price levels on pork remain generally unchanged from levels of recent weeks.

White crab meat is currently in plentiful supply and is considered a good buy item. Oyster prices remain high and shrimp, usually

marketed in the frozen form holds at unchanged price levels. Storage stocks of haddock are down and prices are already moving up in anticipation of the approaching observance of Lent.

Egg movement continues good but the unsettled price situation has produced an eight-cent drop in the whole sale price of large eggs since New Years day. Eggs hold a good buy position and the large size eggs offer the most value for your money on a weight basis.

More incimate weather in western growing areas has caused further damage to the unharvested lettuce crop. This not only results in mediocre quality, but because of the influence on supply, causes our retail prices to move up. Rains have hampered harvesting operations in Texas and will force temporary price increases on such items as green beans, cucumbers, carrots, spring onions, egg plant, squash, and peppers.

All cabbage is reasonably priced, but the best buy is the old crop cabbage harvested last fall. Celery, western cauliflower, white potatoes and tomatoes are included in the list of good buys for this weekend.

Unchanged price levels for apples, bananas, cranberries and Emperor grapes.

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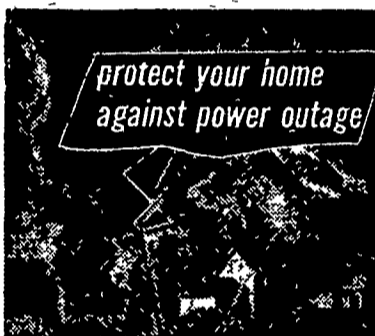
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