

County FFA
(From page 1)

Elected first vice president of the county group was William Maule, son of Mr and Mrs Richard P. Maule, of Quarryville R2. Maule, a senior at Solanco High School, has built a farming program around poultry, swine and Guernsey dairy cattle.

Second vice president is Glenn Henry, son of Mr. and Mrs Abram S Henry, Manheim R4. Glenn is a senior at Manheim Central High School.

Other officers elected at the meeting in the Donegal High School agriculture room were secretary, James Boose, Warwick H S, son of Mr and Mrs Mark Hosler, Mr. and Mrs. Richard E Boose, Litz; treasurer, Roy Weaver, New Holland H. S

son of Mr. and Mrs. Fred B. Weaver, East Earl R1; reporter, David Lichty, Pequea Valley H. S., son of Mr. and Mrs Charles Lighty, Paradise.

Also, sentinal Sterling Elmer, Penn Manor H. S., son of Mr. and Mrs Sterling Elmer, Lancaster R6; corresponding secretary, Robert Hoover, Cocalico H S, son of Mr. and Mrs David S Hoover, Denver R2; chaplain Kenneth Myer, Elizabethtown H.S., son of Mr. and Mrs Samuel Myer, Elizabethtown R3

Elected to represent the county as delegate to the state convention FFA at the Farm Show in January 1961 were Wilbur Hosler, son of Mr and Mrs Mark Hosler, Manheim R3 Wilbur is a recent graduate of Manheim Central H. S.

New Bulletin For Farmers With Heart Problem

Most cardiac farmers can continue a safe and productive work schedule, states a new guide published cooperatively by the Agricultural and Home Economics Extension services at Pennsylvania State University and the Rehabilitation Committee of the Pennsylvania Heart Association.

The guide, a pocket-size pamphlet, classifies many common jobs on the farm according to the amounts of energy they demand, grouping the jobs into three basic categories: light, moderate and heavy work. It also contains suggestions for conserving energy. Copies of the leaflet may be secured from local Heart chapters or from the Pennsylvania Heart Association, 2743 N. Front Street, Harrisburg

Entitled, "The Farmer with a Heart Problem," the pamphlet is designed to help the farmer, his doctor and county agent plan together work "prescription" that is within the patient's capacity

The doctor can determine the work routine which will be within the endurance of the patient. Work and moderate exercise are good for almost everyone, including people with heart disease.

The county agent is available to help plan good business management and farm operations to fit the doctor's recommendations. Determining needs, resources, methodology and equipment usage are all parts of the service

There is much a farmer with heart disease can do to help himself, the pamphlet advises. He should follow the doctor's suggestions, reduce stress, eliminate unnecessary jobs, share the work to be done and take plenty of short rests

Winstead Lucifer Silver 4482499 owned by Robert C. Groff, Quarryville, produced 13,717 lbs. milk and 575 lbs. butterfat in 365 days on twice daily milking as a 4-year-old.

When homemakers buy Penn Springs Chieftain groceries in a supermarket, she usually buys household supplies, cigarettes, toilet articles and other nonfood items. A survey shows that nonfoods make up an average of 20 percent of consumer's purchases in markets.

Lancaster Farming advertising results

Patronize our advertisers. Get better results

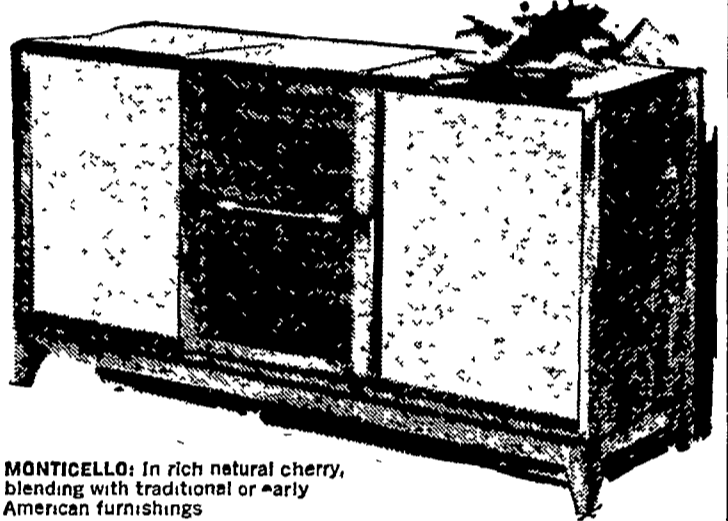
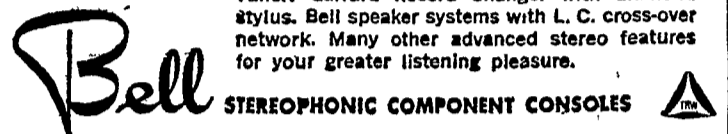
How long will you continue to miss this pleasure?

Something wonderful happens in your home when you acquire a Bell stereophonic console. Custom-integrated by Bell, the leading maker of fine stereo components for professionals, it re-creates for you all the world's recorded and broadcast music, with the width and depth of the living performance.

Like other great musical instruments, the beauty of its cabinetry matches this superb performance. Bell consoles are decorator styled in fine woods, for every home decor.

Before you invest in stereo... see and hear the finest!

ENJOY THESE BELL FEATURES: Play stereo records, stereo tapes, AM, FM and stereophonic radio broadcasts. (Now, or later, add a Bell Stereo Tape Transport to play and record stereo, or newest Bell Stereo Tape Cartridge Player)... Bell 2-channel Stereo Amplifier and FM-AM Stereo Tuner. Garrard Record Changer with diamond stylus. Bell speaker systems with L. C. cross-over network. Many other advanced stereo features for your greater listening pleasure.



MONTICELLO: In rich natural cherry, blending with traditional or early American furnishings

Lancaster's Exclusive Dealer

GLICK'S AUDIO SALES

2320 Hobson Road, SMOKETOWN, PA. EX 3-7242

One block north of State Police barracks, then one mile east on Hobson road.

Holiday Hours:

Monday — Saturday 9 - 5
Tuesday and Friday 9 - 9
Open other evenings by appointment

Most Dependable Pumps



All the water you want — At the turn of the faucet
With a DURO, plus 2 YEAR GUARANTEE.



Prices as low as \$82.50
THE DURO CO. DAYTON 1, OHIO

See or call your Dealer today!

P. W. STRICKLAND
(Distributor)

31 S. Queen St., York, Pa. Ph. 5854

JOHN MEISENBERGER
110 Dickinson Ave., Lancaster, Penna.
Phone EX 4-3006

The SICO Company



GASOLINES

- 100 PLUS
- SUPE 5D
- MILE MASTER

MOTOR OILS

- 5D KOOL MOTOR
- TROJAN HEAVY DUTY
- TROJAN MOTOR OIL

FUEL OIL

24 HOUR OIL-BURNER SERVICE

WILLIAMS OIL-O-MATIC

Bulk Plants Throughout Lancaster County

- COLUMBIA
- MOUNT JOY
- EPHRATA
- OXFORD
- LANCASTER



Home Office:

Mount Joy

Ph. OL3-3111

You Need A Good Feeding Program To Produce Good Profits

Red Rose® DAIRY FEEDS & SUPPLEMENTS

Start your herd on the Red Rose Cow-Q-Lated Dairy Feeding Program. This program was developed to pay off in the milk pail—where it counts most—with extra pounds of milk

Red Rose Feeds are available in many protein levels to balance any roughage on your farm... supplements to mix with your home grains... molasses and mineral mixtures... as well as milk replacer and premium quality rations for calves.



Feed with confidence and see the difference better feeding with Red Rose makes in profit!

David B. Hurst
BOWMANVILLE, PA.

A. L. Herr & Bro.
QUARRYVILLE, PA.

Musser Farms, Inc.
R. D. 2, COLUMBIA, PA.

Brown & Rea
ATGLEN, PA.

West Willow Farmers Association
WEST WILLOW, PA.