Freezing Recipes

(From page 9

filling, seal the edges with a

To freeze—Wrap and scal ion freezing and freeze im-`mediately

To prepare for serving ---Place turnovers on a cookie sheet (unless they were froz ea in ovenproof containers) . 1d bake at 425 degrees (hot til pastry is browned Serve with peas in a cream sauce if desired

POTATO SURPRISE 24 portions, ½ potato each 12 large baked potatoes

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uniformity. BEFFMIX with 32% protein is the Butter or margarine Salt and pepper Hot milk (about 1½ cups)

% cup chopped onion 1½ cups grated cheese ½ cup fat

12 cup sifted flour

1 teaspoon salt

2¹4 cups turkey broth 1½ quarts chopped turkey

Cut large potatoes in half ture lengthwise as soon as they are taken from the oven even) for 40 minutes, or un- Scoop out inner portion and mash Season with butter or and freeze at once To serve, margarine, salt, and pepper. Add enough milk to moisten grees for 55 minutes or un-Beat the mixture until it is til filling is hot and the top smooth and fluffy and add is browned the onion Stuff the shells

> LOW LOW

prepared fattening sup-

plement . . contains stilbestrol plus balanced

• 15% to 20% increased

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of the potato mixture -with the cheese. Melt the fat and blend in the flour and salt Add turkey broth gradually, stirring constantly until thickened Add the turkey potato filling and fill it with a spoonful of the turkey mixwith the potato-cheese mix-

Cool the food

mixture Mix the remainder 24 portions, 1 to 4 by 4 ins. 1-quart ring molds or Make an indentation in the ture. Cover the potato halves

quickly. Wrap and seal for freezing hot condensed soup. Stir to on the size of the loaf unwrap and bake at 425 de-



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unflavored gelatin

1 cup cold water

4 cans condensed cream of chicken soup 2 quarts finely diced cook-

ed turkey 1 quart diced celery

1 cup chopped pimiento 1 pint cooked salad dress-

ter for 5 minutes and add to for 2 to 4 hours, depends dissolve gelatin; cool Add frozen in a loaf pan ol fit turkey, celery, pimento, and

4 tablespoons (3 envelopes) loaf pans or freezer contain ers. Chill until firm

To freeze-dip ring mo in hot water to unmo'd, vert on rigid container a wrap in moisture vapor 10s tant material. Or if in lo pan or freezer container er tightly Freeze minedial

To prepare for serving Soften gelatin in cold wa- Thaw at room temperatu (Turn to page 11)

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