Summer Canning (From page 7)

with salt Add cold water to cover. Let stand at least 12 hours Drain: rinse, drain Combine sugar, mustard seed le if in each jar. Pour boiling of peeled peaches lequid over onions to within 1, inch from top, making sure vegetables are covered. Quickly seal each jar. Makes thice pints.

PEACH PICKLES

Peach pickles will go well the syrup and bring to a with roasts and chops next winter and they're easy

LATE SUMMER **NEEDS**

- —Grills
- —Charcoal -Pichic Supplies
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- ---Ventilators
- -Shotgun, Shells
- -Targets —Plastic Covers
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NEW HOLLAND

Use firm fresh, unbruised peaches for making pickles It's best if they are slightly syrup overnight. underripe so they'll keep their shape

You'll need fresh spices and vinegar; simmer 5 min- and a small bag to hold them utes. Meanwhile pack onions for cooking in the syrup into hot, sterilized jars. Place For a small recipe start with on red pepper and 1 bay about 6 pounds or 3 quarts

> Make a syrup of 1 pint of vinegar and 3 pounds sugar Add the spice bag in which you put about 112 teaspoons Frequently, patients will ground cloves and 1 small ask their Chiropractor a piece ginger 100t. Add two sticks cinnamon directly to



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Drop the peaches into the man and a rich man is that syrup a few at a time and one worries about his next cook until the fruit is easily meal while the other wor- 4-H club, and is active in the pierced Let stand in the ries about his last one

Then pack into clean jars covering the fruit with syrup Seal jars and process in a water bath at simmering for twenty minutes

YOUR HEALTH AND CHIROPRACTIC

Bv

Dr W. D Sickman and Dr. M. W Szollose

question like the following: "I know, doctor, that I now enjoy better health than ever before in my life, and I think it's wonderful that my headaches and nervousness have disappeared entirely. but I have a friend who suf-fers with heart trouble, and I am wondering whether Chiropractic could correct that kind of a condition'

The answer, of course, is that Chiropractic is not limited as a health service to any particular type of ailment or kind of sickness Some of the many ailments and kinds of bodily disease for which Chiropractic has established an impressive record of success in restoring

health are Adenoids, Appendicitis, Asthma, Bronchitis, Child Ailments, St Vitus' dance, Colds, Constipation, Diabete, Eye' Troubles, Gall Stor. 3, Goi-tre, Hay Fever, Headaches, Heart Trouble, High Blood Pressure, Infantile Paralysis, Trouble, Kidney Liver Trouble, Lumbago, Neuritis, Rheumatism, Sciatica, Skin Eruptions, Spinal Curvatures, Stomach Trouble, Tonsilitis.

Your Chiropractor has received comprehensive and careful instructions in finding and removing nerve pressure, thereby restoring Health Advertisement 4

a gal is to look at, the harder the fellows stare?

Difference between a poor Grange Honors (From page 1)

corn, tractor and pig clubs

Presentation of the awards was made at a recent meet Isn't it odd that the easier ing of the grange by Esther Brown, chairman of the Community Service commit



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