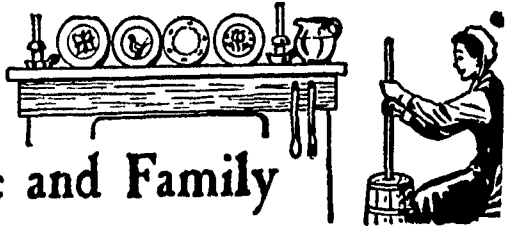


For the Farm Wife and Family



Cool Off With Ice Cream

By: Mrs. Richard C. Spence

Creamy rich and flavorful ice cream fits into anytime of the day, season of the year and just about any mood you might be in. You never get bored with ice cream. There are so many plain and plainly fancy concoctions to make with ice cream that no two dishes need ever taste alike. Ice Cream fancies—from cakes to molds to parfaits and sodas—are easy on the eye, easy on the palate, and best of all, easy on the budget.

During this fruit filled season, luscious berries, cherries, peaches, nectarines and melons are begging to be eaten with ice cream. Nestle scoops of vanilla ice cream or lime sherbet atop a ring or wedge of cantaloupe or honeydew, top with a sprinkling of sweetened sliced strawberries, whole red raspberries or blueberries and garnish with sprig of garden mint.

Enhance a breakfast bowl of ready-to-eat cereal with ripe blackberries and vanilla ice cream balls. Top chilled fresh pear halves with vanilla ice cream, pour over yummy-rich chocolate sauce and decorate with slivered almonds. These are only a few suggestions, you undoubtedly have many more favorites.

Tart red cherries picked ripe off the tree are a treat when sweetened and simmered till soft, then mashed and cooled for a fresh cherry soda. To make it bubbly good put three tablespoons cooked cherries in a tall tumbler or soda glass. Stir in 2 tablespoons vanilla or

easy to work with; attractive parfaits may be made using any size or shape glass that's handy. In a short or tall, thin or fat glass, the refreshing flavor of ice cream is thoroughly enjoyed.

Next time you make parfaits, combine your favorite fresh and frozen fruits with compatible flavors of ice cream. Fresh fruits like peaches and nectarines should be peeled, sliced and sugared before using. If peeled far ahead, cover fruits with lemon juice or other ascorbic acid solution to retain their bright color.

When using frozen fruits, thaw just to the stage where some ice crystals remain. As you know, refrigerating the glasses and other utensils in advance makes working with ice cream a snap. Then, when ready to prepare: scoop ice cream into the bottom of each glass and cover generously with fruit; repeat by layering ice cream and fruit to the very brim. For an added fruity flavor, pour a few spoonfuls of the remaining juice over each parfait. Since most guests love to lend a helping hand with snack fixings, why not make it a do-it-yourself parfait treat, next time company calls.

You'll agree our next two recipes for ice cream desserts

cherry-vanilla ice cream and a little chilled carbonated beverage. Fill the glass about two-thirds full with chilled carbonated beverage, add several scoops ice cream and fill to the brim with carbonated beverage. For the fizziest results, be sure the bottled carbonated beverage is well chilled and freshly opened. Follow this same procedure for soda making with frozen fruit, omitting steps for cooking and sugaring when using frozen sweetened berries.

Ice cream is wonderfully

take advantage of savory ice cream and fresh fruit in the most delectable ways. The Strawberry Ladyfinger Log is delicious as is; but you will also enjoy the sweet made with raspberry ice cream and fresh or frozen raspberries. Likewise, you might prefer to vary the Peach Macaroon Slices with sliced nectarines or round ripe berries as garnish.

STRAWBERRY LADYFINGER LOG

1 dozen ladyfingers or 6 slices sponge cake
1 pint strawberry ice cream
½ pint whipping cream, whipped
Fresh or frozen strawberries

Split ladyfingers in half lengthwise. Cut ice cream into fourth lengthwise (if in a brick). Place a layer of split ladyfingers on bottom of ice cube tray. Top with half of the strawberry ice cream, spreading out to the edges of the ladyfingers. Repeat layers using three layers of ladyfingers and two of ice cream, ending with ladyfingers. Freeze until firm. Remove from pan to plate. Frost with sweetened whipped cream and garnish with whole strawberries.

PEACH MACAROON SLICES

2 cups macaroon crumbs
½ cup finely chopped nuts

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