

ice cream and beat until fluffy. Pour into glasses and top with spoonfuls of remaining ice cream. Makes 6 servings.

MINT FROST

1 quart vanilla ice cream
1 6-oz. can frozen concentrate for pineapple-lemon punch
Few drops peppermint extract

Fresh mint leaves
Beat just until blended ice cream, concentrate and peppermint extract to taste. Pour into 4 tall glasses. Garnish with mint leaves. Makes 4 servings.

SPICED FRUIT NOG

1 6-oz. can frozen concentrate for fruit punch (any flavor)
3 eggs, separated
2 tablespoons sugar

1/2 teaspoon salt
1/4 teaspoon nutmeg or cinnamon

Reconstitute frozen fruit punch with 3 cans ice water. Beat egg whites to soft peaks and beat in the sugar. Beat egg yolks with salt and nutmeg; gradually stir into the punch. Fold in the beaten egg whites. Pour into glasses. Makes 6 servings.

Children will "flip" over this one — and so it's called Fruit Flip. Put one package fruit-flavored gelatin and one 6-ounce can frozen fruit punch concentrate into an electric blender. Blend for a few seconds to dissolve gelatin. Add 1 quart chipped ice. Blend until contents are snowy. Use rubber spatula to aid in mixing. Makes four servings.

WHO DOESN'T like ice cream sodas? And this one is quickly made right at home. Put a scoop of vanilla ice cream in the bottom of each of six glasses. Add 2 tablespoons of frozen concentrate for fruit punch, (any flavor) and fill with gingerale or carbonated water.

For a quick and relative-low-calories pick-up try a Buttermilk Frost. Just stir in a tablespoon or two of your favorite flavor of the new frozen fruit punches into a tall glass of buttermilk.

In two shakes you can make a tangy Milk 'n Fruit Flip to snack with crisp butter cookies or a he-man sandwich. Mix sweet cherry or berry preserves with rich milk in an electric blender, mixer or with a hand beater.



For the Farm Wife and Family

Best Food Buys Meat and Local Crops Top List

Lower prices on beef and fresh produce this week will simplify the task of planning economical menus reports Tom Piper, Penn State Marketing Agent.

Beef will be a featured bargain at most food stores this week end. Take your choice among the beef roasts-rib, chuck, rump and sirloin tip or beef steaks—sirloin, round or ground beef.

In other poultry meats, fryers remain on the brink of downward pricing. Current retail quotes are unchanged from a week ago except for some isolated sales.

Outstanding vegetable buys include sweet corn, cucumbers, peppers, cabbage, and tomatoes. Remember those high prices for tomatoes last winter? Not so now. Prices are low while quality has never been better. Excellent quality corn is available now at your local roadside stand, farmers' market and food store.

Other good vegetable buys include potatoes, squash, spinach, onions, and leafy greens. Firm prices hold for green beans, carrots, cauliflower, and celery. New sweet potatoes are starting and prices are moving down.

Try a Classified.

KAUFFMAN'S PEACHES

A Very Beautiful Crop of Large Luscious White and Yellow Freestone For Canning or Eating.

POPULAR VARIETIES

OPEN EVENINGS

A. L. Kauffman & Sons
BIRD-IN-HAND, PA. Ph. Intercourse SO 8-3631
Midway between Bird-in-Hand & Intercourse, Rt. 340

Patronize Our Advertisers.

Every Second Saturday of the month you can enjoy

BARBECUED CHICKEN

at the "Poultry Center" of the Lancaster County Poultry Assn.
340 W. Roseville Road, Lancaster

2 P. M. to 6 P. M. **SAT., AUG. 13**
(This series to replace the Annual Lititz Event)

Plan a party at home, or a dinner for your organization. Reserve your chicken in advance by calling Clara Kopf, EX 7 0339. We do all the cooking, and will specially-package your orders for pick-up on barbecue dates.

CARRY-OUT ONLY! Special Prices on 50 or more halves by advance reservation!
\$1.00 PER HALF Min. Net Wt. 1 1/2 lbs. per half **CALL US!**

Use these effective

Carbola

ccc Products
LAWN and GARDEN PRODUCTS

MOSQUITO KILLER PLUS FERTILIZER — enjoy a beautiful lawn and garden in comfort

6% CHLORODANE DUST — control grub and ants in lawns

ROSE DUST — protect roses from insect damage

GARDEN ROTE — protect vegetables, flowers and fruit

2, 4D and 2, 4, 5T WEED KILLER SPRAY — get rid of dandelions

TRIPLE 20 FERTILIZER — economical food for lawn and garden

Ask for These and Many Other Fine Products
Made by
CARBOLA CHEMICAL COMPANY
NATURAL BRIDGE, N. Y.

The SICO Company

GASOLINES

- 100 PLUS
- SUPE 5D
- MILE MASTER

MOTOR OILS

- 5D KOOL MOTOR
- TROJAN HEAVY DUTY
- TROJAN MOTOR OIL

FUEL OIL

24 HOUR OIL-BURNER SERVICE

WILLIAMS OIL-O-MATIC

Bulk Plants Throughout Lancaster County

- COLUMBIA
- EPHRATA
- MOUNT JOY
- OXFORD
- LANCASTER

CITIES SERVICE

Home Office:
Mount Joy
Ph. OL3-3111

No Parking Problems

when you

BANK BY MAIL

Use Our Convenient **DRIVE-IN WINDOW**

One-half block from Square on South Queen Street — Rear Bank.

FREE PARKING

25 S. Queen Street — Swan Parking Lot — Vine & S. Queen Sts. Stoner Parking Lot — S. W. Corner Vine & Queen Sts

LOUDEN WATER BOWLS Turn Water Into DOLLARS

As schools and leading dairymen say water bowls pay for themselves the first year or two in increased production and butterfat. So invest Louden bowls for more profit — less labor — less disease.

Two styles . . . the famous Louden Master Made . . . best for dependability and long life. And the Louden Economy . . . it's got a honey of a price tag! See us for your barn equipment needs.

STALLS AND STANCHIONS LITTER CARRIERS

Conestoga NATIONAL BANK

"Serving Lancaster from Center Square since 1889"

MILLERSVILLE BRANCH 302 N. GEORGE ST.

Member Federal Deposit Insurance Corporation
Maximum Insurance \$10,000 per depositor

L. H. Brubaker

350 Strasburg Pike - Lanc.
Lititz, R. D. 3

Ph. Lanc. EX 7-5179
Strasburg OV 7-6002
Lititz MA 6-7766

LOUDEN
Everything for FARM BUILDINGS