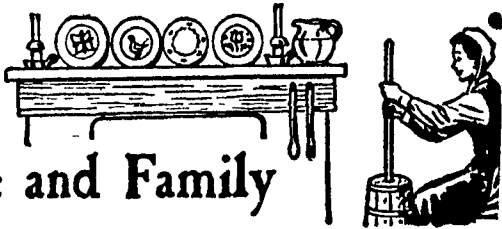


# For the Farm Wife and Family



## Summer Refreshments

by Mrs. Richard C. Spence

A cooling drink on a hot summer day really does the trick, doesn't it? Fruit juices and milk are the bases for most of our refreshing drinks so therefore they are just as nutritious as they are thirst-quenching. Try some of the following suggestions for a hot afternoon drink.

### ORANGE - LEMON PUNCH

- 3 cups sugar
- 3 cups water
- 6 cups grapefruit juice
- 6 cups orange juice
- 1½ cups lime juice
- 1½ quarts gingerale

Combine sugar and water; heat and stir until sugar is dissolved. Bring to a boil, let boil 5 minutes without stirring; chill. Add juices, gingerale; pour over ice. This amount makes 50 servings.

### ALASKAN COOLER

Place unopened can of grapefruit sections in freezing compartment of refrigerator. Freeze until solid. Place under running water to loosen slightly. Cut both ends from can of frozen sections, push out of can. Cut lengthwise into quarters. Place each quarter in tall glass. Fill with chilled grapefruit juice. Garnish with lime slices and mint. This makes four servings.

### ORANGE BLOSSOM PUNCH



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**PINKY**  
 1 cup orange juice  
 ½ cup lemon juice  
 ½ cup grape juice  
 2 cups water  
 5 tablespoons sugar  
 1 tray ice cubes  
 Combine sugar with juices and stir until dissolved. Add to water and ice cubes; mix well. Makes 2 quarts.

**ICE CREAM COOLER**  
 3 tablespoons lemon juice, (juice of one lemon)  
 2 tablespoons sugar  
 1 scoop lime sherbet or vanilla ice cream  
 1 cup ice-cold carbonated water  
 Combine lemon juice and sugar; stir until sugar dissolves. Add ice cream and carbonated water; stir. Makes one 12-ounce glass.

**LEMON FREEZE**  
 ¼ cup lemon juice  
 ¼ cup sugar  
 ½ cup milk  
 1 cup crushed ice  
 Combine ingredients and shake well. A tangy, delightfully refreshing cooler. Make 1 large glass.

**SPICED CRANBERRY TEA**  
 ¼ teaspoon nutmeg  
 ¼ teaspoon cinnamon  
 ¼ teaspoon allspice  
 3 tablespoons tea  
 2½ cups freshly boiled water  
 ¾ cup sugar  
 1½ cups water  
 ½ cup orange juice  
 ¼ cup lemon juice  
 2 pints cranberry juice cocktail  
 Tie the nutmeg, cinnamon, allspice, and tea in a cheese cloth bag. Put into freshly

boiled water; cover and let steep for 5 minutes; remove the bag. Add sugar. Cover and let cool. Add other ingredients. Serve over ice. Makes 2 quarts.

**PARTY PINK PUNCH**  
 50 Servings  
 1 gallon cranberry juice cocktail  
 1 46-oz. can pineapple-grapefruit drink  
 1 quart gingerale  
 Combine ingredients just before serving over ice. Makes 1½ gallons.

**CRANBERRY SHRUB**  
 2 quarts cranberry juice cocktail  
 1 quart apricot nectar  
 Juice of 1 lemon.  
 Mix and chill. Add sugar to taste, if desired. Makes 12 (1 cup servings.)

**CRANBERRY SHAKE**  
 4 pints cranberry juice cocktail  
 Juice of 4 oranges (2 cups)  
 ½ cup lemon juice  
 1 cup sugar  
 8 eggs  
 Ice cubes or cracked ice  
 Put ingredients in shaker or in a bowl and either shake

well or beat with an egg beater. If egg beater is used do not add ice until after beating. Serves 16

**CRANBERRY BLOSSOM**  
 1½ cups cranberry juice cocktail  
 1 cup orange juice  
 2 tablespoons powdered milk  
 Combine cranberry and orange juice. Sprinkle powdered milk over top. Beat to juice until well mixed.

**FRUITED CREME**  
 1 10-oz. package frozen strawberries, partially thawed  
 1 6-oz. can frozen concentrate for strawberry-lemon punch  
 3 cans water  
 1 pint vanilla ice cream  
 Place generous spoonful strawberries in bottom of each of six tall glasses. constitute fruit punch with water. Add to ½ pint vanilla

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