

Weekly Food Bulletin

Lettuce Is Best Buy Of The Week

Best buy for the week in vegetables is iceberg lettuce. New Jersey is now shipping light supplies of iceberg and as supplies increase in the very near future, prices will probably be even lower than at present. Reports from handlers and growers state that the crop has better quality than in the past years.

Other fair to good buys are onions, broccoli, green peas, cucumbers, cauliflower, carrots, asparagus, green onions, radishes, spinach, rhubarb and leafy greens.

For this season of the year watermelons are in liberal supplies.

Supplies of tomatoes have increased considerably and lower prices should result from this heavier accumulation.

The present week and possibly next week will see the peak of the New Jersey asparagus deal.

Green onions and radishes are plentiful and quality is very good.

Nearby areas are providing us with some more "first of the season" vegetables such as cauliflower, beets, strawberries and green peas in very light quantities from Virginia.

Strawberries are probably the best buys in fruit. Supplies are being received from many areas and prices like supplies for the most part are dependent on weather conditions.

Florida is still providing the markets with good buys in oranges and grapefruit. There are also many good buys to be found in pineapples.

It's unfortunate that the symptoms of fatigue and of laziness are practically identical.

Bart Sewing Club Organizes

The newly organized 4-H sewing club at Bart elected Sue Grumelli president and representative to the county council.

Other officers elected are Linda Reed, vice president; Lois Johnson, secretary-treasurer; Barbara Maule, song leader; game leader, Doris Rineer; and news reporter, Joan Welk. Barbara Maule was also elected alternate county council representative.

The next meeting of the club will be on June 1 at 7:30 p.m. at the home of Mrs. James Smeltz.

4-H Cooking Club Elects Officers

The Conestoga Valley 4-H Outdoor Cooking Club was organized Friday night at the home of club leader Joanne Denlinger, Horseshoe Road.

Officers of the new club are: president, Eshanne Hess, 1749 Old Philadelphia Pike; vice president, Lois Overgaard, Lancaster R4; secretary, Jean Landis, 2244 Hobson Rd.; game leaders, Andrea Boas and Donna Landis; song leader, Phyllis Landis, and reporter, Joyce Denlinger.

Jean Landis is representative to the county 4-H Council, Imogene Garber is alternate. The next meeting will be held Tuesday, June 21, at the home of Jean Landis.

**WHEELHORSE and SIMPLICITY Garden Tractors**  
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FARROWING CRATES HELP the sows at Willow Glen Farm raise a large percentage of the pigs farrowed. The pigs are protected from the sow when she lays down and gas-fired pig blankets keep them from chilling. Thrifty pigs like these will start well and grow well after weaning.

Willow Glen

(From page 5)  
 this to the rigid sanitation program they have put into effect.

Pans of disinfectant sit in the doorway to the farrowing house and a sign asks the visitor not to enter without stepping into the pans.

Small pigs come into contact with very little filth during the early days of life. After being scrubbed with soap and water, the sow is put in the farrowing crate three days before farrowing.

Except for about two hours each day when she will be let out to eat, drink

and exercise, the sow will remain in the farrowing crate until the pigs are weaned at about eight weeks of age.

After the first day or so the sow very seldom makes any manure in the farrowing house, but instead waits until she is outside in the feed lot. This assures the young pigs of cleaner, drier surroundings.

During the first three days of life the young pig will have his needle teeth clipped, his naval cord disinfected.

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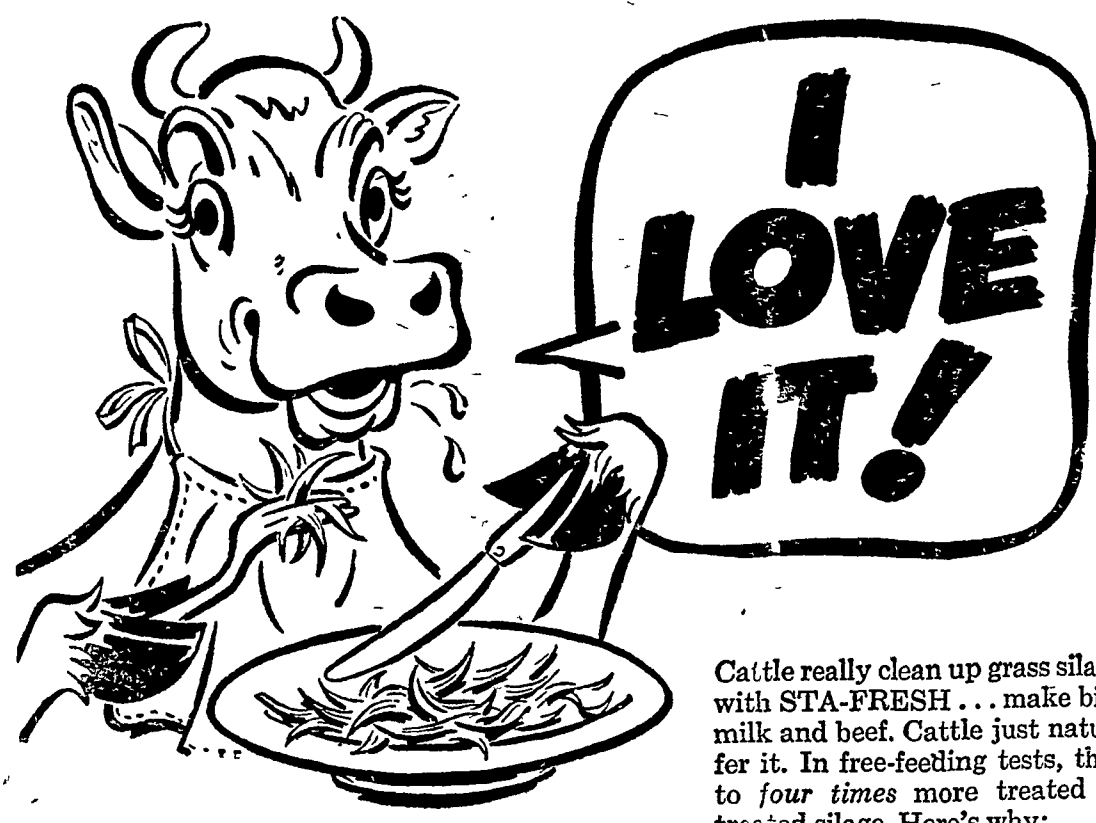
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