

1/2 cup sugar  
1 small orange  
1 small tart apple  
1/4 cup chopped salted peanuts  
1/4 teaspoon salt  
Put cranberries through food chopper, using the reverse plate, and mix with the sugar. Cut the orange and apple into quarters, remove seeds, and put through chopper. Combine all ingredients. Serve with poultry or meat. Makes about 1 1/2 cups.  
Bread and cakes are delicious with peanut flavor—

**PEANUT BUTTER DROP COOKIES**  
1/2 cup peanut butter  
1 cup brown sugar  
2 eggs, beaten  
2 tablespoons milk  
2 1/2 cups cake flour  
1 teaspoon baking powder  
1/2 teaspoon ginger  
1/4 teaspoon cloves  
1/2 teaspoon cinnamon  
1 teaspoon soda  
1 cup chopped dates or raisins  
Cream peanut butter with sifted sugar, add eggs and milk. Sift dry ingredients together and add. Add fruit

and drop by teaspoons onto greased cookie sheet. Bake in a moderate oven (350 degrees) 10 minutes. Makes 4 dozen cookies. Without the fruit this cookie can be molded with a cookie press and baked on a cold ungreased cookie sheet as above.

**PEANUT - BUTTER NUT BREAD**

**Topping**  
2 tablespoons butter  
4 tablespoons brown sugar  
Peanuts  
1 tablespoon water  
**Batter**  
1 egg  
1 cup brown sugar  
2 tablespoons peanut butter  
2 tablespoons melted butter  
1 cup sour milk or butter milk  
2 cups sifted enriched flour  
1/2 teaspoon soda  
1/2 teaspoon baking powder  
1/2 teaspoon salt  
For topping; spread butter on bottom of loaf pan. Cover evenly with sugar and peanuts. Sprinkle water over

mixture. Cover with batter. To make batter beat the egg. Add sugar gradually, beating it in. Stir in peanut butter and melted butter. Add milk. Sift together flour, soda, baking powder and salt. Add egg mixture, stirring until well-blended. Bake in moderate oven 350 degrees for 1 hour. Makes one 1-pound loaf.

**EGG YOLKS ARE A GOOD SOURCE OF IRON FOR BABIES**

Baby's first solid feed needs to contain iron, and egg yolks seem to be one good way to supply it. You can hard cook the eggs, then mash and mix the yolk with some of the formula. Or make a soft custard with one egg yolk and from 1/4 to 1/2 cup of milk.

One egg yolk will give a large share of the iron a child needs daily and also some thiamine and vitamin A.

The egg white isn't given to infants because it may produce an allergy unless every particle of the white is thoroughly cooked.

Sieved meats and cereals especially prepared for infant feeding will also supply some of the iron the baby needs each day. These special cereals usually have iron added to them. Baby cereals with oatmeal in them provide much more thiamine than other cereals.

Usually the cereals are mixed with four to five volumes of warm milk when

**Tree Planting On Increase**

An all-time high of over 2 billion trees were planted in 1959 largely as a result of the tremendous increase in planting on private lands, Secretary of Agriculture Ezra Taft Benson announced. The Forest Service summary of reports from its field offices, State foresters and other Federal departments shows 2,118,471 acres were planted.

One-third of the land planted, or about 700,000 acres, was cropland placed in the Conservation reserve program under 10-year contracts. Under the Conservation Reserve, farmers receive cost-sharing help to place in conservation uses land voluntarily retired from crop production.

During the past two years forest and wind barrier tree planting has leaped from 1 million acres in 1957 to 1 1/2 million in 1958, and 2-1 million in 1959. This compares to 497,507 acres planted in 1950 and 812,588 acres in 1955.

Tree planting on privately owned land jumped from 1,326,370 acres in 1958 to 1,884,071 in 1959. Planting on (Turn to page 10)

they are fed to the baby. Milk makes little contribution of iron but is most valuable for its calcium content.

**Plowing Meet Date, Place Announced**

Harrisburg, March 3—The State Plowing Contest and Conservation Field Day will be held August 10 at the Frank Bice farm, five miles west of Chambersburg, in Franklin County, David G. Unger, chairman of the State Plowing Contest Committee and director of the State Soil Conservation Commission, announced today.

Feature of the Conservation field day will be a demonstration of an alfalfa pelleting machine. Diversion terraces, a farm pond, open and tile drains will be installed in a massive demonstration of conservation and water control practices.

Cooperating in staging of events will be the Franklin County Soil Conservation District, Chambersburg Chamber of Commerce, Agricultural Extension Service, Soil Conservation Service, Agricultural Conservation and Stabilization Committee, and farm machinery dealers.

County plowing contests will be held throughout the summer with regional contests planned if needed. Both level land and contour events are scheduled for the state contest.

The national plowing contest will be held this year in South Dakota.

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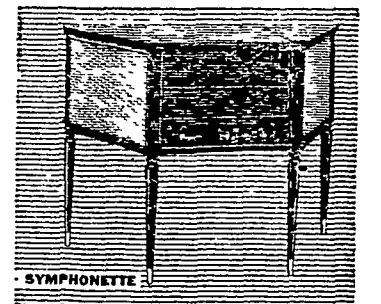
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