

## For the Farm Wife and Family

Western Sandwich  
 1/2 cup butter, margarine  
 1/2 cup bacon fat  
 1/2 cup each finely  
 1/2 cup onion and green  
 1/2 cup milk  
 1/2 cup chopped  
 1/2 cup ham  
 1/2 cup salt  
 1/2 cup pepper  
 1/2 cup buttered bread or  
 1/2 cup small skillet heat but-  
 1/2 cup other fat moderately  
 1/2 cup egg, onion, green  
 1/2 cup milk, ham, salt and  
 1/2 cup Pour into skillet.  
 1/2 cup stirring mixture to  
 1/2 cup evenly While still  
 1/2 cup shape into a flat  
 1/2 cup to fit bread. Place  
 1/2 cup bread or toast slices.  
 1/2 cup Makes 1 sandwich.

firmly packed  
 1/2 cup milk  
 4 hard-cooked eggs, sliced  
 1 teaspoon salt  
 1/2 teaspoon celery seed  
 1/4 teaspoon ground pepper  
 1/4 cup minced parsley  
 4 hamburger buns, split  
 Carrot slices, celery sticks  
 Cook onion over low heat

slices, celery sticks, or favor-  
 ite relish. Makes four Cack-  
 leburgers.

### Orange Shrub

1 egg  
 1 cup (8 oz.) fresh orange  
 juice  
 1 scoop lemon sherbert  
 Beat egg and orange juice  
 with rotary beater or electric  
 mixer until thoroughly mix-  
 ed, four or five seconds. (Too  
 much beating causes exces-  
 sive foaminess) Pour into  
 chilled glass(es) Top with  
 lemon sherbert. Serve  
 promptly. Makes one or two  
 servings.

NOTE: 1/4 cup (2 oz.) froz-  
 en orange juice and 3/4 cup  
 (6 oz.) water may be substi-  
 tuted for fresh orange juice.

### Some Household Questions and Answers

**Ants are invading my kitchen. How do I get rid of them?**

Ants are probably coming  
 from nests they've built in  
 soil outdoors. You can spray  
 their runways in the house  
 either two per cent chloride  
 or 1/2 per cent dieldrin.  
 Spray inside keeping away  
 from food and utensils and

use the same spray either  
 outdoors or in the basement  
 if you can trace the ant  
 routes.

**When breads, cakes and  
 cookies have been taken out  
 of the freezer once, can they  
 be put back again?**

Baked products may be re-  
 frozen but its best not to re-  
 freeze prepared dishes like  
 casseroles. In some baked  
 products there may be some  
 change of texture but the re-  
 freezing doesn't make the  
 foods harmful. It's always a  
 good idea to try to package  
 foods in the size your family  
 can best use.

**Is food spoiled, if the un-  
 derside of a jar lid is discol-  
 ored?**

On two-piece metal jar lids  
 there may be some discolora-  
 tion when food reacts with the  
 metal. This black or brown

deposit or corrosion isn't  
 harmful and doesn't affect  
 the food Some foods will af-  
 fect these lids more than oth-  
 ers

**Can fruits and vegetables  
 be canned without heating if  
 you use aspirin tablets?**

Aspirin should not be used  
 as a substitute for heating  
 food to preserve it. Only  
 heat will give the necessary  
 sterilization of foods that you  
 need for canning Use the  
 boiling water bath for fruits  
 and tomatoes and a pressure  
 canner for corn, beans and  
 other non-acid vegetables.

Because they are not too  
 winter-hardy, the sowing of  
 winter oats is limited to  
 Southeastern Pennsylvania,  
 warns Elmer Pifer, Penn  
 State extension agronomist,  
 and the sowing dates are  
 September 10 to 25

A simple mineral mixture  
 should be available to heif-  
 ers on pasture, says Richard  
 Adams, Penn State extension  
 dairy specialist They need  
 salt and phosphate for good  
 growth and forage utilization.

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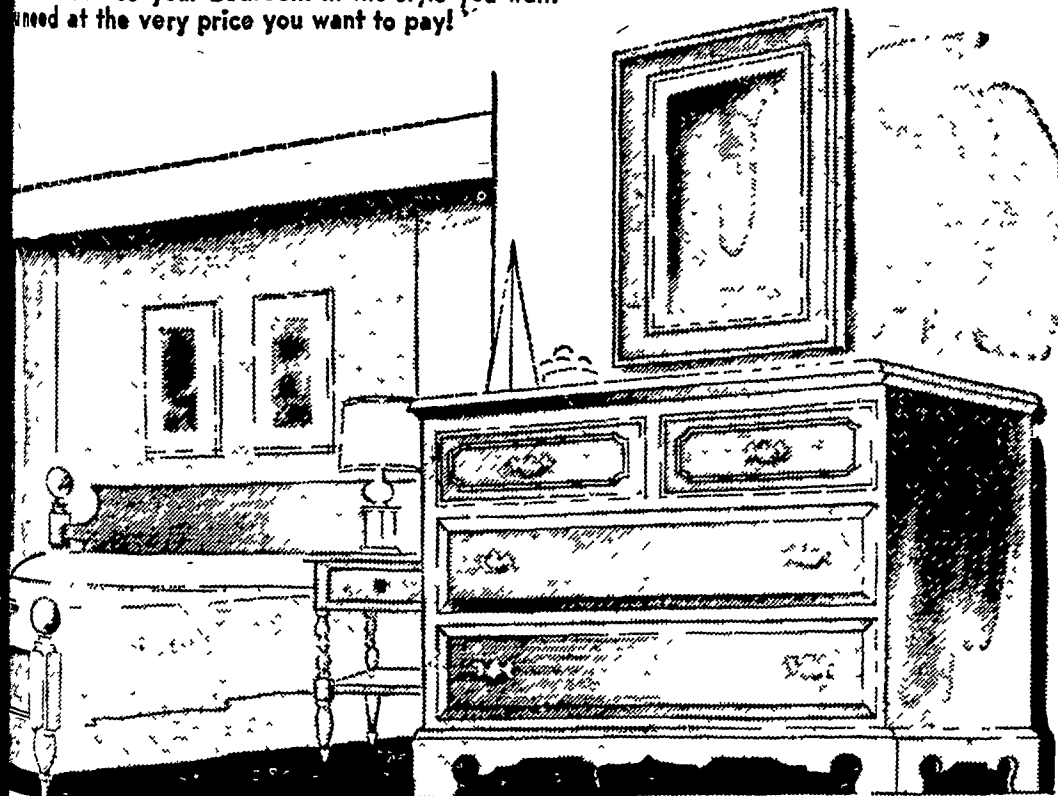
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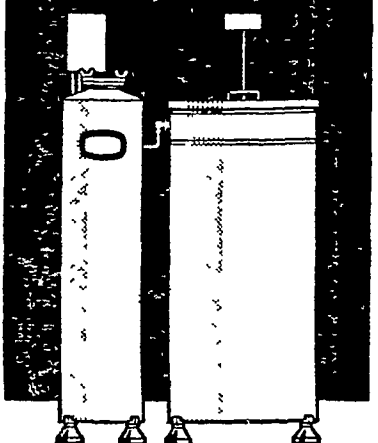


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