

10 pounds pressure. steam go down by itself, then remove jars from the saucepan. Let cool on a rack out of drafts.

If you have more than a few pints of non-acid vegetables to can you probably will want to use a regular pressure canner.

sure to have boiling in the saucepan in the suggested in your book.

your saucepan has a exhaust air before al- the pressure to go up for several minutes the extra 20 min- the saucepan, let the

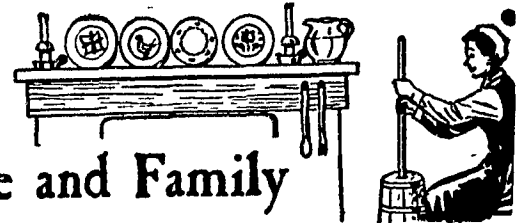
BELT TIPS

A well-choſen and professionally finished belt is important to the good appearance of a garment, points out Miss Bernice J. Tharp, Penn State extension clothing specialist. When making a garment, keep in mind that belts of se f-fabric are usually a good choice. Contrasting and wide belts cut height and make a waistline appear larger than it actual- ly is.



LINDA MUMMAU, Manheim R1, is shown giving a sewing demonstration which won her a first place in 4 H Club Week contests.

For the Farm Wife and Family



PENNA's RUNNER-UP Flower Identification and Judging team, a'so from Lancaster County, is composed of, from left, Joanne Bixler, Marietta R1; Sandra Myer, Lincoln, and Lois Ann Overgaard, Lancaster. —LF PHOTO

SUMMER CLEARANCE

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- Thermos Jugs
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The U. S Bureau of the Census urges farm operators to maintain accurate records of farm operations throughout 1959. In October and in November the 1959 Census of Agriculture will be conducted nationwide. The data taken at that time will provide information for many purposes.

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Club Week

(From page 1)

heim 1.
 Livestock demonstration—
 Champions; Donald Hossler
 and Fred Bernhard.

Poultry Demon — Cham-
 pions; Glenn and Kenneth
 Porter.

Electric Demon — Cham-
 pions; J. David Lapp, Bare-
 ville 1, and Robert Arm-
 strong, Drumore.

Dairy Demon. — Cham-
 pions; Kenneth Young, Mount
 Joy 1, and Melvin Shenk,
 Mt. Joy 2.

Home Economics

Clothing Demon. — First
 ribbon; Linda Mummau, of
 Manheim.

Bread Demon. — 2nd Rib-
 bon; Patricia Musser, Colum-
 bia 2, and Mary Ann Musser,
 Manheim 1.

Poultry Demon — Blue
 Ribbon; Saralee Bradley, of
 Holtwood 1, and Jean Kauff-
 man, Drumore 1.

Dairy Demon. — Third
 ribbon; Helen Musser, and
 Evelyn Esbenshade, both of
 Mount Joy 2.

When buying a flourescent lamp fixture, be sure it will be large enough to carry the length tube of necessary wattage, advises Miss Sanna Black, Penn State home management specialist. Once a fixture is installed, only one size tube will fit. An increase or decrease in wattage may require a new fixture.



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