



## For the Farm Wife and Family

### Remove Onion Seed Stalks

As soon as the seed stalks have started, or even before they're three or four inches long, pinch off the tips, so the onion can force its growth into the development of the leaves and bulb. Actually, the size of the onion at the time of planting is largely responsible for the development of seed stalks. For future plantings, it's well to remember that small sets are preferred by most growers and gardeners.

Remove onion seed stalks. If you're growing some onions from sets, you may see some of them developing seed stalks. You'll do well to pinch off these seed stalks. If you don't, you'll have a lot of thick-necked onions that won't store well.

### Cottage Cheese Prune Whip

2 egg whites  
Dash of salt  
6 tablespoons sugar  
1 cup cooked prunes, drained and pitted  
1 cup cottage cheese  
1 to 2 tablespoons lemon juice

Beat egg whites with salt. When whites are almost stiff, gradually beat in sugar and about half the prunes. Fold in rest of prunes and cottage cheese. Add lemon juice to taste. Chill. Serve shortly after making. Makes six servings.

ham cracker crumbs  
¼ teaspoon cinnamon  
½ teaspoon nutmeg

Mix together thoroughly all ingredients. Sprinkle on bottom and top of cheese cake mixture. Chill until firm.

250 calories for each serving of this No-Bake Cheese Cake, if divided into ten pieces. Each serving provides ½ of the daily adult need of calcium and ⅓ of the protein needed daily.

### Cottage Cheese Apple Pie

½ recipe plain pastry  
1 ½ cups thinly sliced apples  
2 eggs  
½ cup cottage cheese  
¾ cup sugar  
½ cup cream  
½ teaspoon salt  
1 teaspoon grated lemon rind  
½ teaspoon cinnamon  
¼ teaspoon nutmeg

Line pie pan with pastry and cover with apples. Beat eggs slightly. Add cottage cheese, ½ cup sugar, cream, salt, and lemon rind. Mix remaining sugar with cinnamon and nutmeg and sprinkle over apples. Then cover with egg and cheese mixture. Bake in hot oven (425 degrees) 10 minutes. Reduce temperature to 350 degrees and bake 30 minutes longer. Makes one deep (9-inch) pie.

### Squash Adds Variety To The Garden

Squash can add variety to the garden where space permits, states Assistant Chester County Agent Frank E. Bortz. Culture of squash and pumpkin is similar. The planting distance depends on the type of plant growth for each variety. Shallow-rooted, they should be cultivated not more than two inches deep. Deeper stirring of the soil injures the roots. For best advantage, use summer squash when young and tender. Pick when the outer rind is soft and before the seeds begin to fill. Only the hard-shelled or winter squashes are adapted for long storage.

### Chemicals Kill Scum on Ponds

Chemicals can help control certain weed problems for pond owners reports Associate County Agent Joseph H. Way. Before weed control measures can be made, a permit to use chemicals must be obtained from the local Fish Commission representative or warden. Filamentous algae, sometimes called moss, or scum can be controlled with copper sulfate, but it is important to use the correct amounts to avoid fish kill. Mimeographed directions for the use of chemicals are available in the Agricultural Extension Office. Rooted submerged plants can be controlled with Sodium Arsenite, while marginal weeds such as cattails are controlled by brush killer sprays. A permit and directions must be secured before using these toxic chemicals. While temporary relief may be obtained with chemicals this should not replace normal pond care and maintenance.

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slightly when dropped from a spoon. Gradually add sugar to egg whites and beat until very stiff. Whip dry milk and water.

Fold egg and whipped milk into cheese mixture; then spoon into pan, eight or nine inches square, lightly covered with crumb topping or line pan with waxed paper. Sprinkle crumb mixture on top of cheese cake.

**Crumb Topping**

2 tablespoons melted butter  
1 tablespoon sugar  
½ cup finely crushed gra-

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