

For the Farm Wife and Family



It's Ice Cream Month

There is nothing better on a hot June afternoon than a large dish of ice cream surrounded by chocolate sauce drizzles, mounds of whipped cream and nuts. Nothing, that is, except a generous wedge of Peach Caramel Ice Cream Pie.

Vanilla ice cream, the most compatible of the many ice cream flavors available, is the main ingredient. It encompasses a rich caramel flavored pecan mixture and golden peach slice nuggets, which give the pie its sunshine appearance. This nectar-like ice cream pie is framed by a tasty graham cracker-butter crust, then topped with a chopped pecan garnish.

Peach-Caramel Ice Cream Pie

- 1½ cups graham cracker crumbs
- ¼ cup sugar
- ½ cup (1 stick) butter, melted
- 1 1-pound package frozen peach slices, thawed
- 2 pints vanilla ice cream
- ¼ cup butter, melted
- ½ cup brown sugar
- ½ cup chopped pecans

Mix graham cracker crumbs and sugar together; stir in melted butter. Firmly press crumb mixture on bottom of a nine-inch pie plate and bake 8 to 10 minutes in a 400 degree oven. Chill. Drain peach slices reserving one tablespoon juice.

Soften one pint ice cream; stir in half the peach slices. Spoon mixture into chilled crumb crust. Return to freezer to harden. Combine butter, brown sugar and the re-

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Vanilla, chocolate and strawberry are still the most popular, but the wide choice of flavors would satisfy a king's slightest whim.

Ice cream comes in several convenient sizes including pints, quarts and half gallons. Because it is so easy to serve for dessert or as a TV snack, many folks like to keep an assortment of flavors on hand in the freezer.

The Banana Split is undisputed king of the sundae realm. Creamy smooth ice cream sliced banana and a choice of toppings crowned with whipped cream and a cherry receive due homage from one and all.

In miniature, banana splits are fancy fare for mother to serve her club. Children's parties are more fun too with purely delicious ice cream in this royal dress.

The miniature banana splits consist of slices of banana "sandwiches" between sticks of vanilla and chocolate ice cream. Chocolate, butterscotch or pink & white peppermint sauce are offered as toppings.

Banana Splits

In Miniature

- 1 pint chocolate ice cream
 - 1 pint vanilla ice cream
 - 2 large bananas
 - Maraschino cherries
 - Whipped cream
- Slice four equal pieces from the large side of the chocolate ice cream brick. Cut each of these pieces in half, lengthwise, making eight equal "sticks". Freeze

hard for easier handling. Repeat for vanilla ice cream brick.

Cut peeled bananas in half and each half in half lengthwise. Place a "stick" of chocolate ice cream, a banana slice, and a "stick" of vanilla ice cream side by side on a plate.

Fasten the split together by putting a wooden pick through the middle of the three pieces. Top the split with a cherry.

Just before serving surround the cherry with whipped cream. Serve with chocolate, butterscotch, or pink and white peppermint sauce. Makes eight servings.

- peppermint sauce
- ½ cup sugar
- 1 tablespoon cornstarch
- Salt
- 1 cup boiling water
- 2 tablespoons butter
- ½ teaspoon vanilla
- ¼ teaspoon wintergreen extract
- ½ cup crushed peppermint candy (pieces the size of small pebbles)
- Combine sugar, cornstarch and salt together in a pan. Blend well with water. Heat until boils, stirring constantly. Continue to heat about three minutes. Remove from heat. Add butter, vanilla and



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What Are Your Beliefs About Water?

Since 1500 BC when Moses smote the rock and water gushed forth, many fanciful ideas, beliefs and cures have been associated with water.

In those old arid countries, water played an important part in the religious and social life. Temples and shrines were built at wells and springs. Refusing a drink to a thirsty person, whether friend or foe, was a grave offense.

Some waters were considered good, others bad. Common beliefs prevailed that spirits, good or evil, inhabited certain waters. Hence, well worship, body healing, and witchcraft abounded. All water was drawn with a bucket and rope because it was believed that the splashing of the bucket kept the water from becoming stagnant.

While we now smile at many of these old beliefs, nevertheless, today similar fanciful ideas about water and health persist.

Many persons still believe that because a water issues from the ground it is safe to drink, or that when a water is clear, cold and sparkling its safety is assured.

The belief prevails that streams purify themselves in a certain distance. Many argue that because they have used a well for a number of years without having any water borne illness, there is no need for future concern or worry. Underground crevices can convey water and likewise pollution from great distances. They may connect with sink holes, pass near sewers or cesspools. Such creviced rock provides no purification or filtration. No general rule applies to water being purified by flowing through the ground. Organisms that cause disease cannot be seen and very rarely impact odors or tastes to water.

I will be glad to stop at your house and discuss your water problems with you. We have solved many of your neighbors problems with inexpensive water treatment equipment. Call Cliff Lehman, Water Conditioning Consultant, at Century, 15 W. Chestnut Street, Lancaster. Phone EX 4-9365.



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