



For the Farm Wife and Family

Chester Co. Homemakers Day Is Scheduled for April 30

Mrs. Florence Moran will be featured at the annual Chester County Homemakers' Day on April 30th at the Chester Valley Grange Hall.

Mrs. Moran's topic, "Be the Woman You Always Wanted to Be" will climax the program which has been centered around the theme "See Ourselves as Others See Us".

Other items on the program include "Color for Your Wardrobe" by the West Grove Homemakers Group; "Make-Up and How to Use it" by Mrs. Moran, and a movie on Foundation Garments for Every Figure.

Reports on Homemakers Week, extension homemaker's scholarships and leader training work will also be made. Mrs. Norman Beech, Gum Tree will entertain with vocal selections.

This program is sponsored by the Chester County Home Economics Extension Service, a branch of the Pennsylvania State University. Miss June Wilke is extension home economist and Mrs. Sandra M. Eaton is assistant extension home economist. This program is open to all homemakers in Chester

Soc. 8 Meets With Mrs. Kolp

Society of Farm Women No 8 met recently at the home of Mrs. Minnie Kolp, 322 Birchland Ave., Mt Joy. Mrs. Clyde Sumpman, Mrs. Mary Frey Shaeffer, Mrs. Lizzie Keener and Mrs. Paul Whitman were co-hostesses.

Mrs. Harold Ney, Marietta RD 1 led devotions. Donation of \$5 each were voted for Cancer Society, Heart Haven, Blind Assn., Crippled Childrens' Society and Meals for Millions.

Mrs. Lynn Reist, Lancaster, spoke on antique sewing materials and devices, using samplers, quilts and linen for demonstration. Several members brought antiques textile items and told their history.

The next meeting will be a Mother-Daughter affair in the Mt Joy E. U. B. church on May 16.

Scientists at the Eastern Utilization Research Division of the USDA's Agriculture Research Service report a newly discovered milk protein, called alpha (z) - casein, may help explain why evaporated and condensed milks often gel during storage. The scientists believe discovery of the substance may lead to a solution of the storage gelling problem because of the way it reacts to calcium salts. Most of the milk proteins already identified and studied can be precipitated with calcium salts, while alpha (z) - casein cannot. Thus, this may be an important factor in stabilizing the calcium-casein complex of milk.

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Puffed rice in shallow moderate oven (350) about 10 minutes. To large greased 10-gumdrops

marshmallows and top of double boiler boiling water, stir with. Blend in soft powder

marshmallow mixture puffed rice and gumdrops until all kernels evenly coated. Press into greased 7x11-in. When cool, cut into squares. Makes two dozen balls.

Nibbles
Puffed rice
Puffed wheat
Salted Spanish peanuts

pretzel sticks
butter or margarine
1/2 teaspoon Worcester-sauce

1/2 teaspoon celery salt
1/4 teaspoon garlic salt
1/4 teaspoon onion salt
10 drops hot spicy sauce

Place puffed rice, puffed wheat, peanuts and pretzels in large mixing bowl. Combine remaining ingredients in saucepan; cook over low heat until butter melts. Pour butter over cereal mixture, mixing until all ingredients are coated. Place in shallow baking pan. Heat in slow oven (300 degrees) 30 minutes stirring once or twice. Makes approximately 10 cups.

A refreshing dessert for youngsters, both old and young—
Orange-Pineapple Crush
2 1/2 cups crushed pineapple (one No. 2 can)
One 6-ounce can frozen orange juice
1 1/2 cups water
Juice of 1 lemon

Combine all ingredients thoroughly in mixing bowl. Pour into freezer trays. Place in freezing compartment of refrigerator or in freezer overnight. To serve, spoon into sherbert dishes and garnish with a maraschino cherry. Makes six servings

An eggnog which will appeal to children—
Eggnog

1 egg
1 cup milk
1 tablespoon sugar
Pinch of salt
1/4 teaspoon of vanilla

Beat these ingredients together, pour into cups or glasses, serve cold and sprinkle nutmeg on top. Makes one glass.

To make the eggnog fluffier, beat whites and yolks separately, then mix yolks, milk, sugar, salt, and flavoring before mixing into the beaten whites.

Lemon or orange flavor may be used instead of vanilla, and crushed lemon drops may be sprinkled on top instead of the customary nutmeg. Or use peppermint flavor and top with crushed peppermint candy. Serve with colorful straws.

Elmer Winner, formerly agricultural editor at the University of Missouri, will arrive in Washington about June 1 to become director of Information programs Division of the Federal Extension Service. He succeeds Les Schlup, who retired in September. Winner was an extension poultry specialist in Missouri from 1944 until 1953, when he took the editorial position

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Hurry---Sale Ends Saturday, May 2