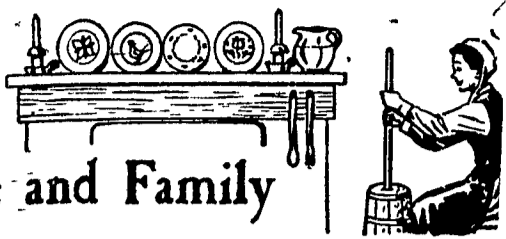


## The Wife and Family



is a new way to fix beans. They're "dress-and made extra in with tender white creamy mushroom over the top is an ir-" "crust" of bubbly. How handy for you dinner's vegetables in ple early in the day!

**and Bean Bake**

uncooked white rice  
1 cup water  
2 tablespoons salt  
1 cup cooked and season-  
ed green beans, cut in 1-  
inch lengths  
(1 1/4 cups) condensed  
of mushroom soup

1 cup milk  
1/4 teaspoon pepper  
1 1/2 cups American cheese,  
shredded  
Paprika

Put the rice, water and 1/2  
teaspoon of salt into a two-  
quart saucepan. Bring to a  
vigorous boil. Turn the heat  
down low. Cover the sauce-  
pan with a lid. Simmer over  
this low heat for 14 minutes.  
Remove the saucepan from  
the heat but leave the lid on  
10 minutes.

Str in the green beans,  
mushroom soup, milk, one  
teaspoon salt and pepper. Po-  
ur into a well-greased glass

two-quart oven dish or into  
individual oven dishes. Sprin-  
kle the cheese over the top  
or mix some of the cheese  
with the paprika.

Place in a 350 degree oven  
for 40 minutes or until most  
of the liquid is absorbed and  
the cheese begins to brown.  
This recipe makes eight ser-  
vings

### Creamy Cheese Soup

1 can (10 1/2 ounces) con-  
densed cream of mushro-  
om soup  
1 soup can water  
1 cup shredded Cheddar  
cheese  
Dash black pepper

In saucepan stir cream of  
mushroom soup until smooth.  
Blend in remaining ingredi-  
ents. Heat stirring often, until  
cheese is melted. Makes three  
servings.

Worcestershire or Tabasco

sauce may be added, if de-  
sired. This may also be made  
with other soups (green pea,  
tomato, cream of asparagus,  
celery or chicken.)

### Cheese Luncheon Loaf

1 tablespoon butter  
2 tablespoons minced on-  
ion  
Salt and pepper  
1 cup grated cheese  
1 cup chopped walnuts  
1 cup dry bread crumbs  
1 tablespoon lemon juice  
1/2 cup milk

Saute' the onion in butter  
until golden. Combine all in-  
gredients, stirring in the  
milk last, then add the ten-  
der onions and turn into a  
buttered one-quart baking  
dish. Bake at 400 degrees ab-  
out 15 minutes or brown un-  
der the broiler. Serves four.  
Particularly nice to balance  
a salad menu.

## Can You Afford The High Cost of Hard Water?

Lancaster, Pa.—It seems  
incredible that in this great  
age of progress so little at-  
tention has been paid in the  
home to the one element we  
cannot live without—water.

Cliff Lehman, Water Con-  
ditioning Consultant for  
Century Co., 15 W. Chestnut  
St., Lancaster points out the  
fact that we've spent hun-  
dreds, even thousands of  
dollars for ranges, refrigera-  
tors, ultra-modern kitchens,  
bathrooms, and laundries

Yet we have until recent-  
ly almost ignored the tremen-  
dous personal benefits  
made possible with soft wa-  
ter.

The truth is that 85% of  
our water, from both natu-  
ral and man-made sources is  
hard.

Hard water has no advan-  
tages. It simply makes life  
harder all around—harder  
to wash dishes and launder  
clothes, to bathe, shave,  
shampoo, cook and clean. "If  
you've lived with hard wa-  
ter all your life, the differ-  
ence soft water makes will  
surprise you.

Various authorities, in-  
cluding government agencies  
estimate the cost of hard  
water for an average family  
at \$14.00 or more a month—  
\$170 a year.

Extra cost of soap  
for laundry, kitch-  
en and bathroom \$ 3.00  
Cost of detergents,  
lye, bleaches \$ 1.10  
Shampoos & lotions \$ 1.50  
Coffee, tea, foods,  
condiments \$ 1.25  
Extra fuel \$ .50  
Wear on washable  
clothing, linens,  
towels \$ 3.60  
Plumbing repairs \$ 3.00

\$ 13.95  
x 12

\$167.40

This figure does not in-  
clude miscellaneous costs  
such as cleaners for pots and  
pans, bath salts, extra razor

blades, automobile circula-  
tion system.

Modern home water equip-  
ment is available at a cost  
you can soon offset in sav-  
ings.

Read and revise the above  
figures to your budget and  
then ask yourself—can I af-  
ford the high cost of hard  
water?

For advice about water  
problems, and a free water  
analysis, contact Cliff Leh-  
man, Water Conditioning  
Consultant at Century Co.,  
15 W. Chestnut St., Lancast-  
er, Pa. Phone EX 4-9365.

### WATER QUESTION AND ANSWER DEPT

Question: How will soft  
water help me on the farm?

Answer: Soft water allows  
effective dispersion and pen-  
etration for insecticides, fun-  
gicides, weed killers and  
other sprays or germicidal  
washes

Clean fruit and vegetables  
—because soft water readily  
removes residual fruit and  
vegetable residues

Question: What effect does  
hard water have in automo-  
bile radiators?

Answer: The radiator of  
your car may last twice as  
long in areas having a water  
hardness of 5 grains or less,  
than it will in areas of great-  
er hardness, because there is  
no hard water to clog the  
circulating system and  
cause overheating of the en-  
gine.

Question: Is soft water of  
any benefit in car washing?

Answer: Yes. When you  
wash your car, soft water  
readily lifts away the dirt  
and road grime, because  
gritty particles and hard  
rubbing are eliminated, little  
scratches which destroy the  
finish of your car are elimi-  
nated too.

If you have a question,  
send a post card to Cliff  
Lehman, c/o LANCASTER  
FARMING, P O. Box 7  
You will receive an answer  
by mail.

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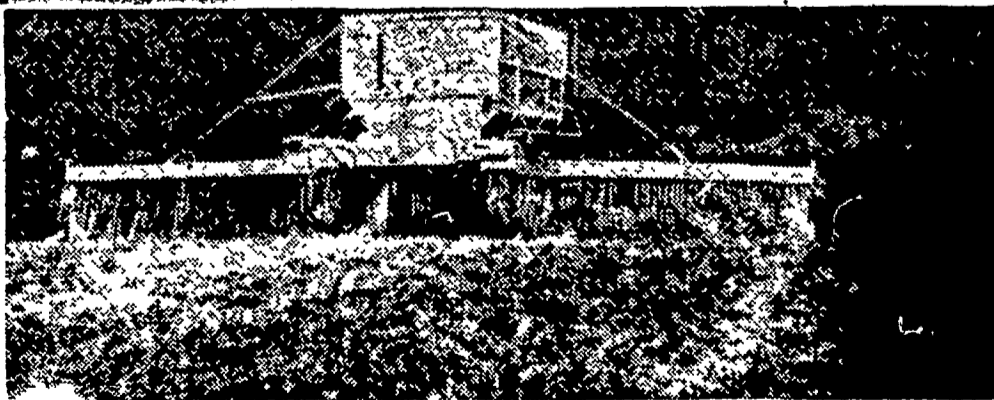
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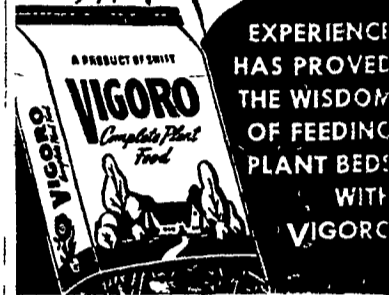
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—see how much bet-  
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Ton \$40.00



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