

to 3 hours. Add vegetables and tender. If the stew is thick enough, mix one

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to two tablespoons flour with an equal quantity of cold water to make a smooth paste. To the paste add several spoonfuls of the stew, then stir the mixture into the rest of the stew and cook until smooth and thickened. Season with salt, pepper and parsley.

**Macaroni Lambake**

- 2 tablespoons fat
- 1 pound lamb stew meat, cut in 1-inch cubes.
- 2 1/2 cups hot water
- 1/4 cup finely chopped onion
- 6 whole cloves
- 1 1/4 teaspoons salt
- 6 ounces elbow macaroni
- 1 1/4 cups condensed cream of celery soup (10 1/2 ounce can)
- 1 1/2 cups cooked peas
- Buttered bread crumbs

Melt fat in the sauce pan. Add lamb and brown well, stirring frequently. Add water, onion, cloves and salt. Bring the mixture to boiling then cover and reduce heat. Simmer about one hour and 40 minutes.

To cook macaroni, add one

tablespoon salt and macaroni to 4 1/2 cups boiling water. Boil rapidly, stirring constantly, for two minutes. Cover, remove from heat and let stand five minutes. Rinse with warm water and drain well.

When lamb is cooked, remove from saucepan. Remove and discard whole cloves. Blend soup into reserved cooking liquid. Bring soup to boiling, stirring constantly. Cook about three minutes.

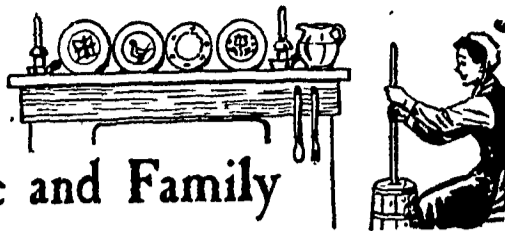
Combine lamb, soup mixture, macaroni and peas. Turn into greased two-qt. casserole. Top with crumbs. Bake in moderate oven about 25 minutes. Make four servings.

**Lamb Patties**

- 3 1/2 cups cooked tomatoes
- 1 onion, chopped
- 1 pint soft bread crumbs or mashed potatoes
- 1 pound ground raw lamb
- 1 teaspoon salt
- 2 tablespoons fat

Add the drained tomatoes chopped onion, and bread crumbs or mashed potatoes to the ground meat. Season mix well, and mold into flat cakes. Dip the cakes in flour, then fry slowly in the fat un-

**For the  
Farm Wife and Family**



til well browned on both sides. Remove the cakes and drain on paper to take up the fat. Serve with tomato gravy

**Tomato Gravy**

To make tomato gravy blend three tablespoons of flour with two tablespoons of the drippings in the pan, then stir in gradually about 1 1/2 cups tomato juice, and cook until smooth and thickened. Season to taste with salt and pepper. If desired, add chopped parsley or green pepper.

**Veal or Lamb Souffle**

- 6 tablespoons fat
- 1/2 cup flour
- 3 cups milk
- 1/2 cup bread crumbs
- 3 cups cooked ground veal or lamb
- 2 tablespoons chopped parsley
- Salt and pepper
- 4 eggs

Make thick white sauce with the fat, flour and milk. Add the bread crumbs, meat, parsley, salt and pepper to taste, and the beaten yolks of the eggs. Fold in the egg whites, beaten stiff.

Place the mixture in a greased baking dish or in greased individual baking dishes or custard cups. Set in a pan of warm water and bake in a very moderate oven (325 degrees) for 1 1/2 to two hours or until the mixture is firm.

Serve the souffle in the dish in which it is cooked or turn the individual souffles out onto a hot platter. Thin gravy or tomato sauce may be served with the souffle.

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**Farm Groups  
Pick Queens**

HARRISBURG — Three Pennsylvania Agricultural groups will select girls to represent the industry during the first two weeks of February, the State Agricultural Department announced today.

Two contests to be held in York will select the champion cherry pie baker and the Apple Blossom Queen. A contest in Johnstown will give Pennsylvania a 1959 Queen Maple.

The state finals in cherry pie baking will be held today (Saturday) at the Consolidated Edison Building in York. Winner of the contest will compete for national honors in Chicago later this year.

On February 10 Pennsylvania fruit growers will select an Apple Blossom Queen as part of a program to be held at the Hotel Yorktowne. Miss Sandra Elswick, Stewartstown, York County, now holds the title. Girls representing Adams, Franklin, York, Lancaster, Berks and Lehigh Counties will compete.

Queen Maple will be selected in Johnstown on February 11. Participation in the contest is limited to Somerset County Girls. She will represent the maple products industry in Pennsylvania.

Nine agricultural commodity queens are selected each year.

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**Announcement Of  
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EXHIBIT**

Under the auspices of the W. L. ZIMMERMAN & SONS DEPARTMENT STORE, Intercourse, Penna., a Traveling Exhibit from POPULAR PHOTOGRAPHY will be on display from February 7th thru February 21st.

POPULAR PHOTOGRAPHY's Traveling Exhibits feature approximately 100 photographs representing some of the finest examples of contemporary photography, including the work of leading professionals and amateurs from all over the world, all selected from prize-winning entries in POPULAR PHOTOGRAPHY's \$25,000 International Picture Contests held annually.

A wide variety of subject matter, ranging from the dramatic and human interest type of photographs to serene landscapes, highlight the exhibit. Of particular interest to photographers is the technical data on each picture, describing the type of equipment and camera settings used in taking the pictures.

This exhibit is one of the features of the W. L. ZIMMERMAN & SONS Golden Anniversary celebrating the founding of the Zimmerman business in 1909. Store is open Friday until nine and Saturday until eight.

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