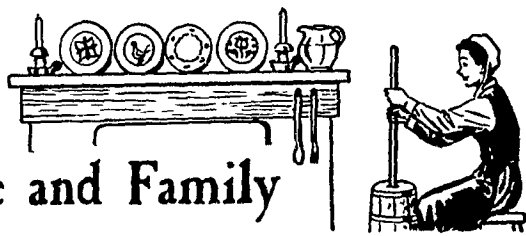


For the Farm Wife and Family



½ pint dairy sour cream
Paprika
Roll the beef in flour. Melt the fat in a skillet. Add the beef and brown on all sides. Put the browned beef, onions, celery, steak sauce two teaspoons of the salt and pepper in a greased 2-quart glass oven dish. Just before baking, pour on one and one-half cups of the hot water. Cover and bake in a pre-heated 350 degree oven one and one-half hours.

About 30 minutes before the beef is done, put the rice, one teaspoon of the salt and two cups of the water in a 2-quart saucepan. Bring to a vigorous boil. Turn the heat down. Cover with a lid. Simmer over this low heat 14 minutes. Remove the saucepan from the heat but leave the lid on 10 minutes. After the meat is done, spoon the rice around the edge of the oven dish. Spread the rice with the sour cream. Sprinkle with the paprika. Place under the broiler until the paprika begins to brown. Watch closely. Serve immediately. This recipe makes 6 servings.

VARIATION Substitute a beef kidney for one pound of the stew beef. Split the beef kidney in half. Remove fat. Slice. Wash well in cold water. Roll in flour and brown along with the remaining one-half pound of stew beef.

Tender, succulent pork chops and vegetables cook together

MUSSER Leghorn Chicks

...for large white eggs of premium quality

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DAGUE FOR CONGRESS



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Lancaster County Republican Committee Richard A Snyder, Chairman

meaty flavor is lost
PORK CHOP PACKETS
1 cup uncooked white rice
1 teaspoon salt
2 cups water
¼ cup all purpose flour
6 pork chops
½ cup chopped onion
½ cup chopped green pepper
1 ¼ to 2 cups canned or frozen green peas
1 cup water
1 10½ ounce can condensed cream of mushroom soup
2 teaspoons salt
¼ teaspoon black pepper
Put the rice, salt and two cups of water in a 2-quart saucepan. Bring to a vigorous boil. Turn the heat as low as possible. Cover with a lid and simmer over this low heat 14 minutes. Remove the saucepan from the heat but leave the lid on 10 minutes. While the rice cooks, cut some of the fat from the pork chops. Fry out in a large skillet. Dip the pork chops in the flour.

for a specialty almost a meal in itself. Just add a crisp bread, a salad and dessert for a complete meal. The savory pork chops and vegetables may be prepared ahead of time and each serving wrapped in its own foil packet. Then at meal time, the packets are placed in the oven. This means you have no pots and pans to wash after the meal is over. These were done hours before. Cooking in foil means that none of the

Brown well on both sides, in the fat. If necessary, add fat to keep from sticking. Tear off six pieces of light-weight aluminum foil about 14 inches long. Divide the rice between the pieces of foil, placing the rice in the center of each foil. Top with the pork chops. Mix together the onion, green pepper, peas, water, mushroom soup, salt and pepper. Top the pork chops with this mixture using a liberal one half cup for each. Bring one side of the foil over to meet the other side. Hold the edges together and seal by at least two length-wise folds. Seal the ends together with at least two folds. Packets may be kept

in the refrigerator until meal time and then baked. Place the packets in a preheated 450 degree oven for 45 minutes. Serve the pork chops and vegetables in the foil by opening the foil packets and turning the edges back. This recipe makes 6 servings. Menu suggestion: Pork chop packets, fruit salad, bread sticks, butterscotch pie. Apricots and eggs give a golden glow to this spicy, fruited rice pudding. The pudding is packed with food value: important vegetable protein from the rice; iron from the eggs and dried fruits; protein, calcium, etc from the milk!



Farmers, why did our Representative vote to cut funds earmarked for market promotion of Agriculture Products, when this program alone helped to sell 12% more milk?

Kenneth McCauley
DEMOCRATIC
CANDIDATE FOR
REPRESENTATIVE

BULL SALE

12 registered polled Hereford bulls with size, confirmation and pedigree to suit the most discriminating buyer. Accredited herd. Priced to sell

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Complete Dispersal Sale,

— OF —

38 Registered and Grade Holstein Cattle

BANGS CERTIFIED, T B ACCREDITED,
CALF-HOOD VACCINATED

Thursday, October 30, 1958

AT 12 30 O'CLOCK

LOCATION — IN LANCASTER CO MIDWAY BETWEEN MANHEIM AND LANDISVILLE 2 MILES WEST OF ROUTE 72 TURN WEST AT MANHEIM AUTO AUCTION.

21 COWS

— AND —

First Calf Heifers

Many are fresh or close balance due throughout the year

7 BRED HEIFERS

10 HEIFERS from 2 to 18 months old

most of these animals are sired by Proven Sires in The S E A B Coop. A few by top Sires in The Curtiss Candy Stud. Selling cows with records up to 600 lbs of fat, and cows that will milk 70 lbs per day. This is a good herd and will be sold. (The Farm is Sold)

Sale managed by Harvey Rettew, Manheim, Pa R D 2

H. RICHARD ZOOK, Owner
MANHEIM, PA., R. D. 1

Spahr & Landis Auctioneers
M. Gerner, Clerk



DISPERSAL SALE

— OF —

54 Registered Holstein Cows and Heifers

BANGS CERTIFIED, T B ACCREDITED,
CALF-HOOD VACCINATED

Monday, October 27, 1958

AT 12 30 O'CLOCK NOON

Location — In Northern Chester Co. On Route 401, five miles east of Moigantown, Pa and three miles west of Route 100

32 COWS

— AND —

First Calf Heifers

Many are fresh or close others due through the year.

8 Bred Heifers due late fall
14 Small Heifers

Most of this herd are sired by Proven Sires that are in the S E A B Coop including —

2 Daughters of Lauxmont Admial Lucifer 769170

6 Daughters of Lauxmont L Promise 954694

2 Daughters of Pabst Baita Prilly Wayne 16th 888689

6 Daughters of Hillmac Sovereign 977110

All are in DHIA Testing, a few of the records

Lapdale Lucifer Topsy Superior 3192390 6 yrs. 333 days

13,916 milk; 611 fat 4 3%

Jone Lauxmont Mae 3623527 3 yrs 348 days 13,715 milk

526 fat 3 8%.

Annie Lauxmont Korndyke 3604624 5 yrs 305 days

12,876 milk 502 fat 3 9%.

And others with good records. This herd has nice type, good size and is a good herd to select animals from.

Many of these animals are from Lauxmont breeding.

Also selling 10 New Jamesway lever type galvanized Stanchions

For Catalog write to Harvey Rettew, Manheim Pa, Sale manager

Auct — Walter Dupes
Clerk — H U Horst

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ELVERSON, PA. R. 2

