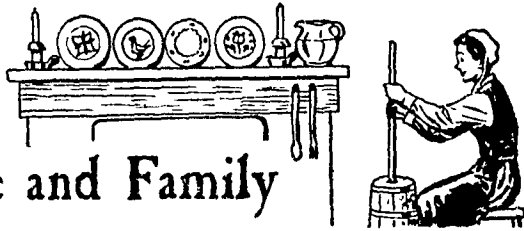


## For the Farm Wife and Family



### Posture Queen Is Selected At 4-H County H-Ec Roundup

More than 800 girls and their adult leaders from 45 Home Economics clubs in the County saw the posture queen crowned at the annual 4-H Home Economics roundup at Millersville on August 21.

Crowned by last year's Queen, Miss Sylvia Swarr, Lititz, was Miss Barbara Keener, daughter of Mr and Mrs Clarence L Keener, Manheim R3. The pretty 15 year old "I'll be 16 in September," brunette has been active in 4-H work for seven years, participating in the Holstein Dairy club and the Manheim Lititz cooking club.

The Queen who plans to enter nurses training is a junior at Manheim Central High School, where she plays organ and plays trumpet in the high school band. Runners up for the title were Miss Mary Jane Hill, a 16 year old blonde from Lititz R2 and Miss Nancy Longenecker, Manheim, who is just 15 also.

Earlier in the day judges had selected the winners of the Dress Revue, a contest limited to girls 14 years or older who had three years experience in 4-H club work. Winner of the third year group was Mary Heisey, Lincoln. Julia Hecker, Ephrata

won the nod in the four year group while winners in the five year group was Betty Umble, East Lampeter. All sixth, seventh, and eighth year girls competed in one class. Winner in this division was Judy Nolt, Silver Springs.

These four county winners will compete in the 18 county district contest at Palmyra on August 27. This contest is a 4-H National Achievement contest with the winners being eligible to compete on the state level later this year.

The 49 girls in the Dress Revue modeled their creations winning the applause of those present.

Clubs represented in the roundup were, Fun to Bake, Teas, Tasty Snacks, Outdoor Cookery, Party Time Learn By Doing, Buffet Meals, and 26 clothing clubs.

Dr D L Beimsderfer, President of Millersville State Teachers College was introduced by the mistress of ceremonies, Betty Umble, President of Home Economics council. Dr Beimsderfer welcomed the group to Millersville.

Group singing was under the direction of Gloria Eshleman, song leader of the County Council.

The program was arranged by Extension Home Economist, Miss Nancy Kern, and her two assistants, Miss Cynthia K Winner and Miss Mary Louise Drews.



POSTURE QUEEN of Lancaster County is crowned by 1957 queen while the runners up look on. Miss Sylvia Swarr left, Posture Queen of 1957, places a crown of flowers, emblematic of her title on the head of Miss Barbara Keener, Manheim, center. Looking on are the two other contestants who finished high in the judging. They are Miss Nancy Longenecker, Manheim, right center, and Miss Mary Jane Hill, Lititz R2, far right.

## For Farm Women...

(Continued from page nine)

$\frac{1}{2}$  cup cold water

Slit each frankfurter lengthwise, but do not cut through. Fill opening with a mixture of catsup, olives, and oregano. Sift flour and salt, add lard and cut into flour until mixture resembles coarse meal. Add cheese and mix lightly. Add water, sprinkling it over one portion of the dough at a time, blending in gently with a fork. Shape into a ball, divide into two parts. Roll each part in a rectangle  $\frac{1}{8}$  inch thick. Cut each part into five rectangles large enough to enclose a frankfurter. Place frank on a section of dough and fold ends over frank, bring sides of dough together, and pinch pastry together at top. Bake on a greased baking sheet at 425 degrees for 20 minutes. Serve immediately. 5 servings.

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