For Farm Women-

(Continued from page eight) glasses of chilled milk, and for dessert a juicy boysenberry pie a la mode

DAIRY DREAM LONG WHITE **POTATO CASSEROLE**

6 California Long White Potatoes

1 medium onion, grated Salt to taste

2 3-ounce packages Pimento milk Cream Cheese

1 pint commercially soured

cream (a large carton) 8 ounces extra sharp Cheddar Cheese, shredded

Boil potatoes in jackets until tender. Cool, peel and slice Place in buttered baking dish. Grate onion over potatoes. Sprinkle to taste with salt. Mash Cream Cheese and blend with sour cream. Spoon over all. Top with grated Cheddar Cheese Bake at 350 degrees 35 to 40 minutes Makes 8 servings.

WHITE SAUCE IN A JIFFY

Call it useful, versatile or teiiil fic call it the good cook's standby for many plain and fancy dishes, call it basic, call it nutitious — you'll be right on all counts if you're referring to - white sauce One of the special advantages of this widely used sauce is that it helps get more milk into family meals. White sauce is basic for cream soups and creamed vegetables, meat, poultry eggs or fish. It's basic for many scalloped dishes souffles, casseroles and croquettes. It's thrifty because it's an inexpensixe and appetizing way to extend food - make food "go farther," or to combine several leftovers in one attractive dish. White sauce also is the basis of other popular sauces - cheese sauce, egg sauce, pimento sauce, or vanilla sauce for puddings or other desserts.

To save time in making this useful sauce why not make up a basic mix to store in your refrigerator. A mix of nonfat dry milk, flour, salt, and butter or margarine has been tested by the Institute of Home Economics and found a timesaver for school lunch cooks and home cooks. To make the mix into sauce just add the desired amount of mix to hot water in a heavy saucepan or double boiler, then heat and stir to blend, and cook until it thickens. You'll have an excellent white sauce in minimum time.

If you want white sauce for a chuich or community dinner, if



your family is large, or if you tainers and should be kept tightuse white sauce often, you'll want as much as two quarts of dry mix on hand, enough to make a total of one gallon of white sauce. For this amount,

here are the ingredients: WHITE SAUCE MIX 1 pound (2 cups) butter or

margarine 2 cups sifted all-purpose flour 1½ tablespoons salt

1 pound (4 cups) non fat dry To blend, use either a pastry blender or an electric mixer (medium speed for five minuts).

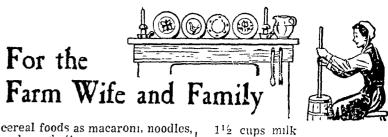
The mix will be granular in texture and creamy in color. It anexcellent supplement for the packs well in jais or other con-protein in bread and such other

ly covered in the refrigerator. If refrigerated, it will keep for several weeks.

Any amount of mix may be made into sauce at one time. When measuring pack or press the mix closely. Use one-half cup of the diy mix (packed) to one cup of hot water for about one cup of medium-thick white sauce

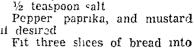
Although cheese is not equal in food value to the milk from which it is made, it is one of the popular alternates for most meat. Like meat and eggs, it contains high-quality protein and is





and spaghetti **CHEESE PUFF**

6 slices bread 112 cups ground or grated cheese 2 eggs



the bottom of a greased baking (Continued on page eleven)



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