

# For Farm

## Women . . .

(Continued from page six)

2 cups water  
 Make according to directions on the package  
 To make Spring Nosegay Put a scoop of maple walnut and strawberry ice cream, and a scoop of lime sherbet in each dessert dish.

No wedding ceremony is complete without showering rice on the bride and groom. Now, why not bring this good luck food — rice — into the picture early in the engagement? Serve a colorful and luscious fruit dessert ring at some of the bridal parties.

This rice dessert ring is a two-color and two-flavor one mint green and pink raspberry. It's served with a variety of canned and frozen fruit To add some fun, one or two almonds are hidden in the ring when it is molded. Those who get the almonds will either be married next, have twins — or you can make up your own rules. But, it's a grand idea for extra fun and laughter!

Decorate the table with pink and green tinted, uncooked rice. Then give each guest an aluminum foil basket, package or tiny box of the rice as a party favor. They can throw the rice at the wedding.

### RICE WISHING RING

2 cups water  
 1 teaspoon salt  
 1 cup uncooked white rice  
 3½ cups milk  
 ¼ cup water  
 1 envelope unflavored gelatin  
 ¾ cup sugar  
 1 teaspoon vanilla  
 2 almonds  
 ½ cup drained raspberries, mashed  
 Red food coloring  
 Green food coloring  
 Mint flavoring  
 ½ cup whipping cream  
 5 cups chilled fruit, drained (fresh or frozen strawberries, maraschino cherries, mandarin oranges, dark sweet cherries, Royal Ann cherries, raspberries)  
 Put the water, salt and rice in a 2-quart saucepan. Bring to a vigorous boil. Turn heat down. Cover with a lid. Simmer over this low heat 14 minutes. Stir in two and one-half cups of the milk. Cover and continue cooking over a low heat until the milk is absorbed, about 45 minutes. Do not boil.

Stir occasionally. Pour the one fourth cup water over the gelatin. When the water is absorbed, add the remaining one cup of milk. Heat very slowly to dissolve the gelatin.

After the rice cooks, stir in the gelatin mixture, the sugar, vanilla and almonds. Cool slightly. While still warm, lift out slightly more than half of mixture and mix with the raspberries. Add red food coloring, if desired.

To the rest of the rice add mint flavoring to taste. Tint green with food coloring. Make slightly darker than desired. Cool. Cover and chill both mixtures in the refrigerator. When rice is cold, whip the cream until stiff. Fold into the green rice. Spread in a well-greased ring mold holding six cups. Top with the raspberry rice. Cover and chill.

About 2 hours before serving, run a knife around all edges. Dip mold in hot water. Place a large serving platter over mold. Invert. Cover and chill in the refrigerator until time to serve. Or unmold on small plate and when time to serve, slip to serving platter. Serve with the fruit in and around the ring. This recipe makes 12 servings.

Directions for making tinted uncooked rice For each pound of rice use about two tablespoons of water colored with food coloring. Slowly stir the water through all the rice. If the color is too intense, stir additional rice into the moist rice. Spread out to dry.

Toasted sesame seed in a salad is an idea picked up in an exclusive New York restaurant. It's

quite a surprise to come across toasty, crunchy sesame seed in every wonderful bite! This helps make a remarkable salad — so right for any occasion.

### CELERY AND SESAME SEED SALAD

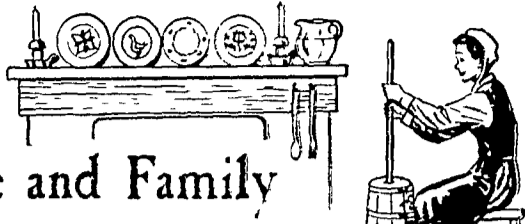
1 cup uncooked white rice  
 2 cups water  
 1 teaspoon salt  
 ¼ cup sesame seed  
 ¼ cup french dressing  
 ¼ teaspoon black pepper  
 1 cup diced celery  
 2 hard cooked eggs, chopped  
 3 cups coarsely chopped lettuce  
 Salad greens, if desired  
 Put the rice, water and salt in a 2 quart saucepan. Bring to a vigorous boil. Turn the heat down. Cover with a lid. Simmer over this low heat 14 minutes. Remove the saucepan from the heat but leave the lid on 10 to 15 minutes.

While the rice cooks, toast the sesame seed in a 350 degree oven

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Strain C	5	18	18	12	5		11.6
Strain D	—	6	24	—	10		13.3
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