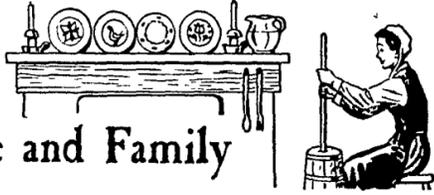


## For the Farm Wife and Family



(Continued on page ten)  
coming a most important food to the busy, nutrition conscious and economy-minded homemakers.

**QUICK METHOD FOR COOKING FLUFFY, WHITE RICE** To make six cups of white, fluffy perfectly cooked rice.

1. Put two cups uncooked white rice, four cups cold water and two teaspoons salt into a two-quart saucepan and bring to a vigorous boil.

2. Turn the heat as low as possible. Cover the saucepan with a lid. Do not remove lid or stir rice while it is cooking.

3. Leave saucepan over this low

heat for 14 minutes. Turn heat off. The rice is now ready to use. However, leave the cover on the saucepan to keep the rice warm if you are not ready to use it immediately.

For extra fluffy, tender, separate grains — allow the rice to steam for an additional 10 minutes — with heat off, but without removing lid.

The above will make slightly more cooked rice than is needed for some recipes. Keep the balance of the ready cooked rice in the refrigerator in a covered container. You'll find it mighty handy for adding to many quick, delicious and inexpensive soups, salads, casserole dishes, hot breads and desserts.

Something special for a main dish is this egg loaf. Mighty pretty to look at too, and oh, so good!

This loaf is so easy to make that you won't just save it for a party but will have it as a main standby. Colorful to look at, this is a main dish which will entice

(Continued on page ten)



RICE, IN THIS part of the nation, is usually considered a desert to be eaten with cream and sugar. However it can substitute for potatoes or can be used in breads and in a variety of other combinations.

### HEAR

The Mennonite Hour  
Each Sunday

Lancaster WLAN 12:30 P. M.  
Norristown WNAR 8:00 A. M.  
Hanover WHVR 1:00 P. M.



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## Spring Needs

- ★ Seed Potatoes
  - Bliss
  - Surprise
  - Cobblers
  - Katadins
  - Katadin Med
- ★ Field Seeds
  - Clovers
  - Alfalfa
  - Alsike
  - Ladino
- ★ Garden Seeds
- ★ Tobacco Muslin
- ★ Tobacco Seed
- ★ Vigoro
- ★ Vertagreen
- ★ Spray Materials
- ★ Lime

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